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Cooper Annual Winter Carnival



The Cooper 26th annual Winter Carnival took place during the weekend of January 25/27. Pictured is Devon Dafoe, 8, who attended the event for the first time this year. Jeff McCullough, aged 9, attends every year and prefers the snow sculpting. Photo by Aubrey Johnson



Thirteen families of the Cooper Wild Kids are organizers for the event. Pictured in the kitchen are Karen McAlary, Denise Gray and Linda McCullough. Photo by Aubrey Johnson

Madoc The Review

Food banks across Canada brace for impact

Food banks across Canada are bracing for an increase in the number of people on fixed incomes looking for help as a result of the soaring price of heating fuel. Seniors, the disabled and people living on social assistance are among those expected to feel the brunt of a doubling in home heating bills over the last two years.

"We have heard some anecdotal stories from food bank users who have expressed concern about the increase in fuel costs," said Chris Slosser of Toronto's Daily Bread Food Bank.

"The general increase in prices has been on people's minds and certainly has affected their pocketbooks."

It's still too early to say just how many more people are being forced to turn to food banks as a result of the increased cost of heating their homes, Slosser said.

"Anything that is increasing the cost of housing is going to cut into the money that's allocated for food."

It's much the same story in Winnipeg, where an anticipated increase has yet to manifest itself, said Susan Swatek, the local food bank's assistant executive director.

"We know there will be an impact; there can't possibly not be one," Swatek said.

"We're talking seniors, we're talking people on social assistance, and everybody who's currently using a food bank would also be experiencing those sorts of problems."

The concerns are especially troubling for senior citizens, who can be more susceptible to the ill effects of a poor diet, said Shirley Dmytryuk, president of the United Senior Citizens of Ontario.

Older people also have additional expenses such as regular medication which can also become too expensive when the cost of heat increases, Dmytryuk said.

"It's impacting on me right now," said Dmytryuk, who's currently paying 62 cents a litre for heating oil, up from 51 cents last year, an increase that translates into \$100 more per month on her bill. "It's just gone wild; it's gone beyond belief."

In Ontario, natural gas rates have increased 58 per cent since Sept. 1999, according to Enbridge Consumers Gas, the province's largest natural gas supplier.

The increase is primarily the result of higher demand

for natural gas across North America as burgeoning industries use the clean-burning fuel for manufacturing and the generation of electrical power, which is also in short supply.

The recent opening of the Alliance export pipeline has also depleted the Western Canadian supply of gas by shipping it to the U.S., removing a bottleneck that has historically kept the bulk of Canada's supply north of the border.

Happily, there are early indications that natural gas prices will be back to more reasonable levels by next year's heating season, said Tom Adams of Energy Probe, a Toronto-based energy watchdog.

"The futures market is throwing up an expectation that prices will drop by about 50 per cent in the next 15 months," Adams said.

"That is not a guarantee that prices are in for a big plunge, but it certainly is a good indication."

It stands to reason, then, that now is not the time for homeowners to lock into a fixed-rate contract, Adams added. Instead, stopping drafts, installing a programmable thermostat and donning a sweater are probably the most sensible tactics.

In general, the high cost of fuels of all kinds, including gasoline, have made life difficult for retired people who have moved out of the big cities, said Dmytryuk, who lives north of Toronto, near Orillia.

"I moved up to the country because it's not as expensive to live here," she said.

"But then comes the \$100 increase on my heating bill, which I thought I was going to be able to get by on by living up here."

Governments are offering some relief. Ontario, for example, is offering its low-income residents \$200 in energy subsidies, all Alberta taxpayers are getting \$300 and the federal government has promised \$200 to cover heating costs for people who now get the GST rebate.

Those kinds of breaks, while small, can make a major difference to the seniors living in cramped apartments who can't afford such ba-

sic amenities as telephone service, Dmytryuk said.

"A five-dollar bill for a senior is a lot of money sometimes."

Many welfare recipients in Canada, most notably Ontario, have seen the benefits cut in recent years without subsequent increases to offset the cost of living, said Bass, executive director of the Canadian Association of Food Banks.

"In a large number of provinces, social assistance recipients in particular had not had a cost of living increase in a number of years."

Some tips on how to make a home more efficient, from Energy Probe:

Upgrade your furnace more than once if it is old and is likely only 55 per cent efficient, which means it is wasting nearly half the heating dollar you spend.

Add a humidifier. Air is better at retaining moisture than dry air.

Regular maintenance. Clean or replace the filter at least once every two months throughout the heating season.

Lower the thermostat. Turning down the temperature by three degrees C at night and before the house becomes empty all day can cut fuel use by as much as seven per cent. Programmable thermostats can make these adjustments automatically.

Clean house. Seal leaks and drafts, improve circulation by ensuring

see Food continued

OPP investigates break in

Centre Hastings OPP are investigating a break and enter that occurred sometime between January 25 and 28 at Crystal Beach, east of Madoc.

Persons unknown entered a residence there and stole a video camera and computer.

The owner of the residence was away at the time.

Anyone with information on this incident or any suspicious activity in the Crystal Beach area is asked to contact Centre Hastings OPP or Crime Stoppers.

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(in Selected Areas)

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Fish & Game Competition Awards

Dave Lucas, Teresa McFarland, David McFarland, Stacy Ash, Glen Hales, Bill Boyle, Brian Lucas. Absent from the photo are Dick Landon, Herman & Virginia Baughman. Submitted photo

Lucas, Hales and H. Baughman took two of 12 categories in the Belleville and District Fish & Game Club's big fish & game competition in the adult division, while D. McFarland took honours in the junior division which helps to promote outdoor sports with the young.

The Lucas family continued to win in several categories with Brian winning in the respective category. The McFarland family came away winners as well. Herman & Virginia Baughman won in three fishing categories but were not on hand to receive their awards.

Meanwhile, Bill Boyle continued to dominate the turkey category for the sixth straight year. When time came to announce the winner in the turkey category, President Larry Cross appeared not surprised when he announced the winner. Bill harvested a 20 pound 10 ounce bird in the Wooler area to take top spot.

Last year for the first time, a bear entry was submitted and was won by Glen Hales. The bear was taken in the Roslin area. A Muskie entry taken in Stoco Lake was entered by Stacy

Ash.

Fish entries were judged again this year by weight and girth, thus encouraging catch and release.

There will be a regular general meeting of the Belleville & District Fish & Game Club on February 19, with a guest speaker to be

announced. A dance follows on March 24, 2001 with Freddie Vette & The Cadillacs. A fishing equipment sale takes place on April 8, and a gun show on April 22. For more information on any event at the club, call 966-6731.



Pictured at the recent Hunters Ball awards ceremony held at the Belleville Fish & Game Club are President Larry Cross and Doug Howell, Ontario Regional Director for the Rocky Mountain Elk Project. Larry is seen presenting a cheque in the amount of \$500.00 which will be used towards relocating more elk to the region. Photo by Aubrey Johnson

Food

continued from page 1

are not blocked by furniture or curtains, and clean heat register and cold air grills. Also close the chimney damper when not using the fireplace.

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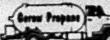
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Top podium finishes send Aaron Sadlier to Canadian finals

Will meet some of the best skaters in the world in Regina

Asphodel-Norwood - Local short track speed skater, Aaron Sadlier, has discovered that it is just as fun and rewarding to skate on a large outdoor track. And the best thing about it is that he can go faster.

Short track takes place in an arena on an 111 metre oval. This is a relatively new sport which was derived out of the traditional sport of long track where skaters compete in various events on a 400 metre outdoor oval of natural ice.

In order to accommodate those skaters who want to participate in long track the short trackers hang-up their skates and take a break from the first weekend in December of each year to the second weekend in February. For some, this is just too long to go without competition. So those who can afford it, change skates, moving to a traditionally lighter skate, which sports a blade that is much longer.

The blade also has a spring-hinge mechanism



Aaron Sadlier skates his way to the nationals.

which makes a clapping sound as the on the hinge, and springs on the ice producing power and speed.

These clap blades are very expensive costing skates as much as \$2400.

Then there are skaters like Aaron who say "this looks like fun. I can't afford, much less justify buying a new pair of skates to skate only four meets and then grow out of them before next season. So I'll just go compete on my short track blades.

"We'll see how fast I can go, and whatever my results

it will be fun."

This need is now leading the Asphodel-Norwood skater to the Canadian prairies where in Regina he will compete at the Canadian Long Track Speed Skating Championships Feb. 8-12.

Aaron was in Ottawa Jan. 13-14 competing at his first long track meet. Long track meets are skated on the 400 metre outdoor oval.

Despite exposure to cold weather, Aaron posted exceptional times in all events.

He competed Saturday on

Continued on Pg. 7-A

Amazing rally victory delights big Rebel crowd

But streak comes to end in Napanee

Campbellford - Needing to sweep the Empire League's front-running team to have a realistic chance of winning the battle for first place, the Campbellford Rebels were forced to settle for a split last weekend.

The results left the Rebels



No guts no glory: Some members of the Rebels squad showed off their aquatic skills during 1st weekend's polar plunge.
 Photo/Rolly Ether

trailing the Napanee Raiders by three points with only two games remaining in the regular schedule. Rebels, the league's hottest team with 11 victories in their past 12 starts, starting the weekend set, continued the streak by shading the Raiders 8-7 in a pulse-pounding opener on Campbellford ice Saturday night.

But the heroics came to a crushing conclusion Sunday

in Napanee where the Rebels suddenly ran out of gas as the Raiders administered a 7-1 drubbing. It means the Rebels will likely finish in second place but the results also offer promise of a highly-charged, exciting round of playoffs to determine this year's league championship. Rebels will be defending the crown they've won three of the past four years.

Continued on Pg. 11-A

ORCA welcomes 2001 appointees

Peterborough Cty. - Paul Crough, representing the City of Peterborough, has been elected Chair of the Otonabee Region Conservation Authority (ORCA) for 2001.

The Board of Directors unanimously supported Mr. Crough for his first term of office during ORCA's annual

meeting held last Thursday evening.

George Pappas, Deputy Reeve of Douro-Dummer, was elected Vice Chair.

Both Mr. Crough and Mr. Pappas have served on the Conservation Board for the past three years.

Joining Mr. Crough on the Board of Directors are: Ron

Scott (citizen appointee) Asphodel-Norwood; Jim Orr (Councillor) Campbellford-Seymour-Percy-Hastings; Neal Catheart (Councillor) Cavan-Millbrook-North Monaghan; George Pappas (Deputy-Reeve) Douro-Dummer; Dave Nelson (Reeve) Otonabee-South Monaghan; Bob Hall and Glenn Pagett (Councillors) City of Peterborough and Ron Millen (Deputy-Reeve) and Dale Cavanagh (Councillor) Smith-Ennismore-

Continued on Pg. 5-A

Young Canadians with an Important Perspective

As the first youth expedition to Antarctica, we fell fortunate to have visited and experienced this special part of our planet. We are passionate, young ambassadors who came without a specific scientific or political objective.

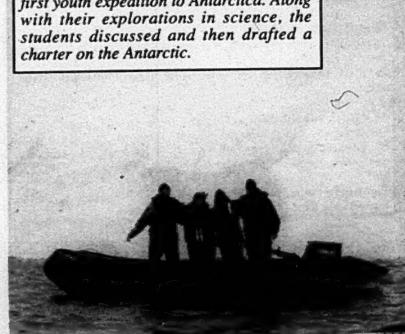
Visiting Antarctica has impacted us emotionally, artistically and intellectually. As future leaders with a new global perspective, we now feel a responsibility to express our insights, feelings and concerns about this continent. We hope our interest, motivation and open minds may provide others with new perspectives.

General Steps to Protect Antarctica

All countries must work together to uphold and strengthen the Antarctic Treaty System. Countries must accept full responsibility for any adverse environmental impact and a strong means of enforcing existing treaties

Four students from the Kawartha Pine Ridge District School Board, including Justin Tighe of Norwood, joined the historic first youth expedition to Antarctica. Along with their explorations in science, the students discussed and then drafted a charter on the Antarctic.

Continued on Pg. 10-A



Canadian Youth Charter on Antarctica

General Statement

Antarctica is the most pristine continent, largely unaltered by human activity. The contrast of this region's environment to the rest of the world should encourage us to learn from our past mistakes.

Surrounded by the Southern Ocean, it is a powerful, sensitive ecosystem playing a critical role in maintaining the stability of our planet's climate. Antarctica holds 70 per cent of the earth's fresh-water supply and is the summer home to one of the greatest concentrations of wildlife on the planet. Ice, hundreds of thousands of years old, has provided an important archive of many aspects of our planet's history.

Research that has helped humanity understand climate change and ozone depletion illustrates the crucial importance of supporting science in this region. Co-operation and good will amongst countries working here is an example for how the world should collaborate in other international affairs.

This approach must be strengthened.



Dorean Tanner and Ted Forde topped the High-Low Doubles field.

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* Please note that the application deadline for the Northwest Territories and Nunavut is April 6, 2001.

Tourney stars light up the leader's board

By Eileen Young
(Special to The Star)

Hastings - On Jan. 7, the Canadian 5 Pin Bowlers Association High-Low Tournament House Round was held and after three games the winners were announced. Coming in first with 94 pins over their combined averages was a team from the Friday Night Mixed League: **Ted Forde and Dorean Tanner**. It was nice to see Dorean enjoying herself so much ending up with 102 pins over her average.

Ted and Dorean will go on the next step in Hamilton. Good luck to you both!

In second place was a team from the Wednesday Afternoon ladies: **Margo Masson** and **Celine Beaudoin** with 68 pins over their average and in third place was an entry from the Wednesday Night Mens' League, **Don McCall and Lee Messacar**, with 41 pins over their average.

And on Jan. 14, the House Round of the Score Gold Points Holiday Classic was held and it took two shifts to accommodate the teams. A team from Tuesday Night Mixed League -- **Debbie Wynne, Colleen Hindman, Steve Chamberlain, Dee Cooms and Al McKellar** -- took home all the bacon, with 261 pins over their combined average.

Congratulations and good luck on the next round.
With 159 pins over their

average the team of **Cheryl Wilkins, Lorraine Irvine, Wanda Greacen, Jacky West, and Brian Irvine** from the Friday Night Mixed League came in second.

And in third place was

another Friday Night League team composed of **Jason MacKenzie, Camille Edwards, Linda Scott, Margo Masson and Jack Sedore**.

Of special note, there

were a couple of 300 games bowled: **Jason MacKenzie** had a 312 and **Terry Chapman** bowled a great 366. Those two will have their names added to the "300 Club" roster.

Havelock hurlers stare down the pins

By Eileen Young

Hastings - On Jan. 22, after a week off, we had to get the old bones back in shape. As we get older it seems to take longer.

Kathy Petey had a good game of 236, Joan West 140 and Sandy Toms 199. Glenda Glenn, who is in this year's **AIL (American Income Life) Canada's Association Executives Championship**, had a good day with games of 186 and 182 and a triple of 536. Marie Kirby bowled a 148 and Debra Jacobs had a fabulous 252.

Judy Ellidge continues to amaze us with her footwork bowling 210, 178 and a triple of 540. Donna Finney had 172 twice and a triple of 489. Peggy Smith came through with 213, 193 and a triple of 520. Blanch Gordon bowled a 121 and Kim Messacar, who was in last year's Open sponsored by **Sidney L. Morris and the Ministry of Citizenship, Culture and Recreation**, had a game of 172.

Doreen Payne had good games of 196 and 191 (forget the other one!), Virginia Marshall had a 171, Margo Masson had an extremely good day with her games of 269, 192 and 264 for a grand triple of 725. JoAnne McParlan had a game of 214 and Gerri Greenwood came up with a game of 183.

Nothing "spare" about these Monday Nighters

By Art Sels

Hastings - The Monday Night Mixed Bowling League and the pins had an exciting evening Jan. 29. The pleasure of bowling is that some nights the bowlers have a

hard time knocking the pins down and the following week they are stars. The fun is that we all share the good and the bad evenings.

It is that time again when I would like to thank the

spares who help us make it a very good evening. Many thanks to Diana Bicknell, Katie Wilson, Doug Dodd, Murray Beamish and David Cardwell.

continued on page 10-A

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Off to Regina...

Aaron Sadlier's skating dreams continue to shine

Continued from Pg. 4A

Olympic style pursuits clocking final times of 48.95 seconds in the 500 m and 1:42.68 min. in the 1000 metres.

On Sunday's pursuits he finished with times of 48.84 and 1:43.4. In the Mass Start race he finished third overall capturing a bronze medal with times of 1:16 in the 800 metres, 46:10 in the 500, 28.65 in the 300 and 1:43.68 in the 1000.

In order for a skater to compete at the Canadian Nationals he must skate qualifying times in two separate events that are fractionally lower than the current Canadian records. Aaron's four times in Ottawa met this criteria. He now needed to place in the top four at the Ontario Long Track Championships.

He travelled to Sault Ste. Marie with coach Jamie McCooey to compete at the Ontario finals Jan. 27-28. Aaron competed in Olympic Style pursuits and finished second overall with times of 48:12 in the 500 and 1:38.72 in the 1000.

Deciding factor

The weekend's Mass Start competitions were the deciding factor in whether or not he would earn a spot on Team Ontario -- and his times pulled him through.

Aaron finished third overall qualifying for the provincial team with times of 48.38 in the 500, 1:19.88 in the 800, 28.82 in the 300 and 1:41.78 in the 1000.

Returning from the Ontario finals with a silver and bronze, Aaron is now looking forward to the great opportunity of travelling to Regina where he will represent Ontario at the national long track championships.

Aaron will fly out on Feb. 8 and will be in Regina for a light warm-up the next day preparing for extensive competition on Feb. 10-11. At this meet he will compete along with the best in Canada and rubbing shoulders with former and current Canadian and World record holders.

In Regina he will compete with the best long track skaters his age in Canada.

Aaron would like to thank all those who have actively participated in his pursuit of

speed skating excellence. A special thank you to his Norwood sponsors: Centennial Pharmacy, E. Carter Concrete Inc., Darryl Drain, Doug Pearcey, Conergate Foodland and Tom Deen.

He would also like to thank his Peterborough sponsors: Fersina Windows and Elite Performance Wear.

Without their assistance the trip to Regina would not be possible.

As well, Aaron would like to thank so many people in the community who have encouraged and supported his endeavours in so many ways.

Good luck, Aaron!

Board makes plans to build new school in Bowmanville area

Peterborough--Responding to the needs of continuous growth in the Bowmanville and Courtice areas, trustees of the Kawartha Pine Ridge District School Board have recommended the purchase of an appropriate site for a new secondary school in Bowmanville.

"The existing schools in the area, Bowmanville High School, Courtice Secondary School and Clarke High School, are presenting feeling the pinch of an exploding population and a new school," said Board Chair Bob Willscher. "A new school is needed to ease their burden and preserve a high quality education for these and future students of this area."

The Board has submitted to the Ministry of Education a five-year capital renewal plan which includes a new secondary school opening in Bowmanville in the year 2003.

At present the Board has the option of purchasing land in Bowmanville on Concession 2 (east side of Green Road) and in Courtice on Concession 2 (west side of Prestonvale Road).

Trustees also recommended the Board continue to pursue the support of the Ministry of Education to assist in correcting over-crowding conditions in Clarington secondary school and "fast track" the creation of a new secondary school in this area.

Funding Bylaws

The Board recently passed educational development charges bylaws to fund the acquisition of property for new schools in these areas.

Trustees received a report from Joe Hubbard, Superintendent of Administrative Services, detailing average class sizes throughout the Board.

It was reported that the average size of the Board's elementary school classes in the primary division (JK-3) in the aggregate is 23.09. The average size of the elementary school classes (JK-8) in the aggregate is 24.74. The average size of the secondary school classes of the Board in the aggregate is

20.74.

The provincial Education Act limits board-wide average class sizes to 24 in primary school classes, 24.74 in the elementary classes overall and 21 in the secondary schools.

Members Approved

The Board also approved trustee membership of Chairpersons Committee 2000/2001 as follows: Lorraine Willsher, Chair; Angie Lloyd, Vice-Chair; Nancy Coffin, Chair of Program Review Committee; Ed Wilfong, chair of the Resource Committee; Diane Lloyd, Trustee.

Responsibilities of committee include review of

Continued on page 4A

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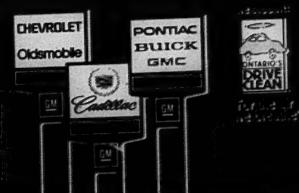
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Terrific tourney effort by Havelock Intermediates

Girls squad matches skills with tough opponents

Havelock - The Havelock Home Hardware Intermediate girls hockey team started off the second half of their season by participating in a tournament in Coborne Jan. 6.

In their first match, the girls faced off against Picton and skated away with a 3-0 win. Leading the way with the hat trick was Keri Lyn Keating with assists going to Athanee Wrightly, Christy Toms, April Dodd and Emily Kerr.

Turning in the shutout was goalie Candace Toms.

In their second game, Havelock faced stiffer competition against the Cold Creek Comets. The two teams played to a 1-1 draw with Havelock outplaying their foes but not able to break the knot. Keri Lyn scored the lone Havelock goal with an assist by Emily.

The third game started off quickly with the host team scoring early in the first period.

In the second period, Keri Lyn tied the game with assists to Athanee and Emily.

In the final frame, Coborne added two goals to seal the victory.

Havelock put in a great effort in all three contests but with only nine skaters ran out of gas in the second half of the third match. The winner of the **Hustler Award** for the tournament was goalie Candace Toms who kept the team in a lot of games with her saves.

In regular season action, the girls opened the second half of their schedule with a home date against Coborne losing a close fourth game 2-

1.

This was an exciting game with both goalies making great stops to keep the match close. Scoring Havelock's goal was Keri Lyn assisted by Ashley Toms and Athanee.

On Jan. 11, the girls travelled to Coborne against and played another good game but came home on the wrong side of another 3-1 score. Coborne fired in two goals late in the game to clinch the win.

Once again the lone Havelock goal was scored by Keri Lyn with Julie Condon earning an assist.

The tough Lindsay Lynx visited Jan. 16 and Havelock took a tough 7-1 beating. Lindsay is a very good team and can put on a display of passing and skating that is hard to match. The visitors scored one in the first and four in the second before Havelock responded.

Lindsay added two more in the third to run away with the game.

Scoring for the home side was Athanee with assists to Keri Lyn and Emily.

The following night, Picton was in town and Havelock seemed to have their skating legs back powering their way to a 3-1 win.

Firing goals were Keri Lyn, Athanee and Nicole Gibon, whose booming shot from the point scares many netminders. Picking up two assists was Jen Kloosterman with single helpers to April and Andrea Cox.

On Jan. 18, the girls travelled to Hastings to play the Cold Creek Comets. This was a chippy affair with the Comets scoring two in the first period. But Havelock repelled with one in the second frame off the stick of Jen and assisted by Athanee.

For the rest of the game, the girls kept the pressure on Cold Creek but couldn't get

a break around the net leaving Hastings with a tough 2-1 loss.

The Comets visited Havelock Jan. 21 and left with a 6-2 win. This was a closer game than the score indicates because Cold Creek scored three goals in the last two minutes of the game to put the contest out of reach.

Scoring goals for the home team were Leanne Pollock, with her first of the year, assisted by Athanee and Jen. Then it was Athanee directing the puck into the Comets' goal. Leanne and Nicole assisted on the marker.

The team was on the road to Picton the next day and turned in their best game of the year drumming the home team 5-0. In this game the players were hitting their passes perfectly and used the big ice surface to their advantage using the extra space to turn on the jets.

Keri Lyn was on fire slapping in four goals with April rounding out the scoring. Helping in the play-making department were Andrea, Jen and Athanee. Candice recorded her third shutout of the season.

Rapidly Improving

The team is rapidly improving and with players ranging in ages from 13 to 18 there is not a lot of experience. With the addition of Leanne Pollock, the superb play of Jen and Emily on defence, and the strong goalkeeping of Candice, these girls are capable of winning close games because of the speed of Keri Lyn, Athanee and April who score timely goals.

Also, with the hard-checking of Christy, Andrea, Julie, Ashley and Nicole, it is hard for other teams to score.

The team is gearing up for a Feb. 5 match against Coborne in Havelock.



Winning Chili Recipes - The Legion chili cook-off once again produced some delicious recipes for people to sample at the Polar Bear Festival. Some of the winners, front row, from left: Diana Hills and Maria Cunningham. Back row: Lindsay Hills, Leona Sawitsky, Diane Csern of Capers, Vern Apars and David White. The chili competition was held at the Legion Hall along with the Chocolate and Cheese Festival. photo/Rolly Ether.

Monday Nighters

continued from page 6-A

Results from action between the gutters at Dodd's Lanes in Hastings Jan. 29 include high single performances by Murray Beamish 269; Hart Gazzel 262, 225, 208; Doug Dodd 254, 212, 201; Paul Cardwell 250, 249, 181; Don Henry 226, 198 (congratulations, Don); Dale McColl 223, 197, 177; John Glenn 210, 205; Fran Heffernan 207, 187, 182; Dave Harper 206, 184, 164; Muriel Stewart 185, 180, 170; David Cardwell 180, 168; Art Sels 172, 171; Bernie Heffernan 171; Katie Wilson 170, 156; Frigo 149; Helen Ward 165, 161, 160; Zapletal 168, 157; Helen Ward 165, 161, 160;

Marjorie Wilson 159; Patricia Pridham 155; Isabella Sels 152, 141; Jane Henry and Fred Sauder tied with 147; Ellwood Sweeting 142, 146 and Helen Wilford with 142.

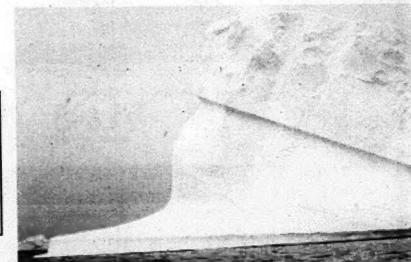
High triple performances included Hart with 695; Paul with 680; Doug with 667; Dale with 597; John 583; Fran with 576; Murray with 564; Don and Dave Harper with 554; Muriel Stewart with 535; Art with 495; Helen Ward with 486; David Cardwell with 469; Katie with 455; Frigo with 438; Isabella with 425; Marjorie with 421; Bernie with 415 and Jane with 410.

Board will build new school

Continued from page 7

reports and recommendations from the Director of Education, the recruitment and selection of supervisory officers and establishing contracts, terms and conditions. They also review renewals for personal services and conduct the performance review of the Director of Education.

As part of the Special Education Advisory Committee Report, the Board has also appointed Pat Dean as alternate representative to the Special Advisory Committee for the Learning Disabilities Association. Judy Nemis has been named representative of the Special Advisory Committee for VOICE for the hearing impaired children.



Charter articulates student concerns

Continued from Pg. 4-A

must be established, such as establishing an international body with real judicial power.

Specific attention must be paid to ensure that scientific work, tourism, fishing, whaling and other human activities do not compromise the integrity of Antarctica and the Southern Ocean. Strong efforts are needed to educate both the general public and the private sector about current threats to the environment, including climate change, over-fishing and ozone depletion. These efforts should also identify solutions.

Education and Student Related Initiatives

In order to strengthen the environmental integrity of both polar regions, higher public awareness is essential. These efforts are particularly important for youth so that they understand early in life the consequences of damaging these regions. These initiatives can be carried out in a number of ways:

- Make it a priority to put multi-disciplinary polar curriculum in elementary and secondary schools.
- Support experiential programs like education tours and co-op programs that provide real hands-on opportunities to learn.
- Deliver educational programs through the internet, TV, books and movies.
- Scientists and interest students should seek opportunities to give presentations in schools and the broader com-

"As future leaders with a new global perspective, we now feel a responsibility to express our insights, feelings and concerns about this continent."

munity.

* Support opportunities for students to participate in the activities of CCAR, CPC and other Canadian polar committees.

* Youth should be actively involved in helping develop polar education initiatives through direct participation in committees and other programs.

Canada's Role in the Antarctica

Canadians have a long history of involvement in Antarctica through exploration, scientific research and commercial activity. Canada is an important polar nation and involvement in Antarctica can improve our understanding of our Arctic region. Canada, therefore, should strengthen its role in protecting and supporting activities in Antarctica.

There are a number of actions Canada could take:

- Investigate the establishment of a Canadian research base that encourages strong international co-operation and

minimizes environmental impact.

- * Become a full member of the Antarctic Treaty.
- * Take stronger leadership in protecting the ozone layer and preventing climate change such as supporting alternative energy and other appropriate technologies, such as using the tax system to encourage ethically and environmentally sound business.

- * Set an example to all countries by implementing and enforcing all parts of the Antarctica Treaty System.

- * Ratify the Antarctica Treaty System's Environmental Protocol.

"We are passionate, young ambassadors who came without a specific scientific or political objective."

Board endorses plan reducing debt



I'm Outta Here! Brian Murphy, a member of the Campbellford District High School Jazz Band, makes a hasty retreat out of the frigid water at the Lions Park Beach in Campbellford. He was one of 18 fearless volunteers to take part in the annual Polar Plunge, a highlight of the annual Polar Weekend Festival. photo/Rolly Ether

Colts sweep Blues out of playoffs

Campbellford's atom A Colts gave the Stirling Blues reason to feel blue recently with a three-game playoff sweep.

In game one, Jesse Newton and Matt Foster each scored twice and Kirk Newton added a single as the Colts registered a 5-2 vic-

tory.

It was a different story in game two as the Blues jumped into a 5-1 lead by the time the team faced off in the third period. But the Colts showed great recuperative powers as Mike Barnum scored and Matt Foster added two more to complete

the hat-trick.

Then with just 13 seconds left in the game, Sam McKeown came through with the equalizer, setting the stage for overtime where Craig completed the amazing comeback for a 6-5 victory.

Game three also saw the

Contributing factors to the deficit include retirement gratuities, expenditures exceeding provincial funding, secondary preparation time and technology lease costs.

As part of the Resource Committee Report, trustees of the Kawartha Pine Ridge District School Board have recommended the administration continue planning efforts to reduce the amount of the Board's accumulated deficit.

At the Board's Dec. 21, 2000 regular meeting the Board received the draft audited financial statements for the 1999/2000 school year, showing a deficit of \$3.47 million was incurred during that time. Combined with the deficit from the previous year, the Board's total accumulated deficit became \$10.296 million.

The Board has working fund reserves of \$2,353 million which it can use to offset part of the deficit.

Outline Strategy

As part of the deficit planning the Board has further recommended:

* to prepare a report for the February, 2001 Resource

Committee Meeting detailing potential deferrals and reductions in expenditures that would reduce the amount of the accumulated deficit.

* to prepare a report to be presented to the first Budget Committee meeting, detailing potential one-time reduction in expenditures for 2001/2002 to eliminate the accumulated deficit.

* that the Board communicate to the Minister of Education the impact of rising utility costs and request one-time financial assistance.

* to prepare an impact analysis for the April 2001 Resource Committee meeting with respect to aggressively adhering to the current

Board of Transportation Policy.

As part of the Program Review Committee report trustees approved amendments to the Board's Safe Schools policy and established a committee of trustees to hear and make decisions on recommended expulsions.

Both the amendments to the Safe Schools policy and the creation of a student expulsion committee reflect changes to provincial legislation to be implemented over the next school year, four major areas. This includes Code of Conduct, Access to Schools, Expression and Suspension.

Seizure of drugs at Brighton home

Brighton--Northumberland OPP and the Drug Unit executed a search warrant at a Brighton home Jan. 25, locating an indoor marijuana growing operation.

Police seized approximately 50 marijuana plants, a quantity of dried marijuana, magic mushrooms as well as lights and equipment. Also seized were two firearms which were allegedly stored.

Police are seeking the two male occupants who were not at home at the time the raid took place. The estimated street value of the drugs and equipment is approximately \$60,000.

Lots of tables at Hastings Seniors euchre

By Alice Hall

Hastings - We had 14 tables plus two extra people week at euchre.

A very happy birthday to Loretta Bowering and Gorges. Hoping you both have a great day.

It is nice to see people hitting their 50th wedding anniversary. We would like to wish Bernadette and Robert V a very Happy One. And hope they have many more.

Welcome back to Connie Fry. We missed you and are glad to see you back.

Mary Gibson and Lloyd Howard came to visit and hope they had a good time and will come back again soon.

The lucky tables were 7, 1 and 6: Stan Bond, Don Butler, Connie Fry, Alice Hall, Lloyd Howard, Joe Reeves, Ingard Buck, Blanchie Burkitt, Gladys Kirby, Toni Vollering, Coc and Muriel Sanderson.

The lady's high went to Tressa Glenn with 77 followed by Ingard Buck with 74. The men's high went to Carl He with 77 and pat Coe with 74.

We are having a progressive euchre on Feb. 24. Lunch is provided. The cost is \$6. Lunch starts at 11 am and ends at 1 pm. Everyone is welcome.

Well, that's all now. Have a great week.

ASPHODEL-NORWOOD FIRE/RESCUE SERVICE FIRE FIGHTERS REQUIRE

The Asphodel-Norwood Fire/Rescue Service is now accepting applications for new fire fighters for both the Norwood and Westwood Stations. This is a challenging and rewarding opportunity to contribute to the provision of an essential service in your community. Job description, information pack and the required application forms may be picked up at the Municipal Office in Norwood, or the Norwood Fire Station starting January 22, 2001 during normal office hours. Applicants for these positions must be willing to make a serious long term commitment to the Department. Preference may be given to candidates who live closest to the fire station.

Completed applications, accompanied by a resume, must be returned to the Municipal Office before 4 p.m. on Wednesday, January 31, 2001. For more information contact Fire Chief Paul Bitten at 639-5412.

Traffic Act charge follows minor accident

Hastings - Northumberland OPP laid a Highway Traffic Act charge following a minor collision on Front Street in Hastings Jan. 25.

Police say that around 9:35 pm that night Gary Quinn, 49, of Hastings was attempting to drive his 2000 Saturn out of his driveway and struck the rear bumper of a 1997 Chevrolet Venture being driven west on Front Street by 39-year-old Albert Crowley of Asphodel Township.

There were no injuries and police report only moderate damage to the vehicles.

Mr. Quinn was charged with failing to yield to traffic from a private driveway contrary to the Highway Traffic Act.

We haven't seen these people for sometime and we are happy to see them: Joan and Jim Forde, Barb McMillan, Jesse Dobney and Harold Richardson.

The lady's high went to Helen Pickens with 80 and Alice Hall with 75. The men's high went to Harry Chamberlain with an 81 followed by Bob Andrews with 70.

The most lone heads went to Vi Gorringe with four and Harry Chamberlain with six. Low went to Elsie Grills with a 43.

See you next week!

These Rebels have earned the support of hockey fans," says GM Peeling. "Let's hope the fans turn out the rest of the way because the hockey is excellent value for the entertainment dollar. And we need all the vocal support we can get."

At the Board's Dec. 21, 2000 regular meeting the Board received the draft audited financial statements for the 1999/2000 school year, showing a deficit of \$3.47 million was incurred during that time. Combined with the deficit from the previous year, the Board's total accumulated deficit became \$10.296 million.

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Our Classified Advertisements appear in all eight of our newspapers: distribution of approximately 26,775

CRAZIFIEDS**EVERY BODY MARKETPLACE****TENDERS TENDERS****Request for Tender****Open Concept Redevelopment Murray Centennial P.S.**

Prequalification submissions have been received and invitations to tender have been issued to the following companies (whose fax numbers are noted):

Pre-Qualified General Contractors:

Dominus Development	905-790-7634
Gerr Construction	905-436-5198
Jeffrey G. Wallans	613-475-0278
Mirren Contractors	613-392-7712
McBride Group	416-751-5608
Mortlock Construction	705-745-2042
Pegdon Construction	519-940-3142
Wallans Contracting	613-392-8895
Wieger De Jong Construction	613-395-0124

Pre-Qualified Mechanical Sub-contractors:

Adamson & Dobbin Ltd.	705-742-4524
Collingwood Plumbing	613-968-5658
Nekison Engineering & Contractors	416-255-7610

Pre-Qualified Electrical Sub-contractors:

Carlo's Electric	905-728-5817
Jan-Bar Electric	613-392-8296
Ken Leighton Limited	613-392-5366
MacGregor Electric	905-372-1178
Raceway Electric	705-876-7869

Sealed Stipulated Sum Tenders will be received only from pre-qualified General Contractors on tender forms supplied by the Architect. The tender envelope shall be clearly marked as to contents: "TENDER for MURRAY CENTENNIAL P.S., PROJECT #0026", shall be addressed to Kawartha Pine Ridge District School Board, 1994 Fisher Drive, P.O. Box 719, Peterborough, ON K9J 1A1, and will be received at the Kawartha Pine Ridge District School Board, Reception Desk.

until 2:00:00 p.m., THURSDAY 1 MARCH 2001

Tender documents will be available to pre-qualified companies, on or about 5 February 2001, at the office of Dennis Trotter, Architect, 168 Centre St. S., Oshawa, Ontario, upon receipt of a certified cheque in the amount of \$200.00 made payable to the Kawartha Pine Ridge District School Board. Deposit will be returned upon receipt by the Architect of the Tender Documents in good condition within 30 days of Tender closing date.

Documents will also be on display at the Durham, Peterborough and Quinte Construction Associations.

Separate sealed tenders will be accepted from individuals who are not registered with the Durham Bid Depository, 2001 Thickson Road South, Unit 1-3, Whitby, Ontario.

until 2:00:00 p.m., TUESDAY 27 FEBRUARY 2001

General Contractor tender submissions shall be accompanied by a \$30,000.00 Bid Bond & by an Agreement to Bond (for 50% Performance Bond & 50% Labour & Material Payment Bond).

There will be a mandatory site meeting at 3:30 p.m. on 15 February 2001.

The Owner is not obliged to accept part of, any of, or lowest tender. The Owner reserves the right to disqualify any Tender not submitted as required.

The advertisement may also be accessed on the Internet at www.vaxine.com/opba

R.L. Willsher
Chairperson of the Board

R. (Dick) T. Malowney
Director of Education

Kawartha Pine Ridge District School Board

COMING EVENTS**COMING EVENTS**

NON Denominational Gospel Meetings are being held each Wednesday 8-9 p.m. at the Westwood Public Library, 312 Centre Line. All welcome. 705-652-8448.

50th ANNIVERSARY Open House: Gilbert & Evelyn Inwood (married Feb. 2/51). Denbigh Community Hall, Feb. 10, 2001. 2-5 pm. All welcome. Best wishes only. Info: 613-332-4417.

Send your Sweetheart a Special Valentine Message

~ cute, funny or loving ~

Just \$5.00 (20 words)

Call Lynda

COMING EVENTS**MEMORIAMS****BINGO** Every Tuesday

at the Kaladar Community Centre, 7:15 p.m. Weekly Jackpot: \$1,000. in 54 numbers or less. Canteen & Air-conditioned. Linc. #124139

Cap Centre Fri. Mon. 6-9 p.m.; Sat. 10-3 p.m.

BINGO

Madoc Twp. Rec. Centre Eldorado Every Thurs. Evening. 7:30 p.m.

Weekly Jackpot \$1,000.

in 54 numbers Consolation Prize: \$200.

- Air Conditioned Hall - Smokeaters - Clean Washroom

Madoc Twp. Rec. Centre Linc. #M21443

Valentine's Special February 8th**BINGO**

STIRLING & DISTRICT LIONS CLUB

Every Monday Night. 7:10 p.m.

At Stirling Rec. Hall and Community Hall, 100 Main Street, Village of Stirling Linc. #M169536

CARD OF THANKS

MILLER - My sincere thanks to everyone who called, sent cards and flowers, donated to Pine Meadow Nursing Home and attended the memorial service for my father, Joe Miller. Thanks to Cloyne United Church Women's Institute, Northbrook Legion, Land O Lakes Lions, Golden Sun set Club and Barbara Wise for their contribution to the service. A special thank you to Dr. Tobia and the caring staff at Pine Meadow. Everything was greatly appreciated. He will be missed. Wayne Miller & family.

Call 1-888-725-3503
to place your ad

AUCTIONS

SAT. FEB. 10 - 11:00 A.M.
Public Auto Auction at Peterborough Auction Center on Hwy #7 - 2 miles east of Peterborough

Selling Repos. Public Consignment, etc
Now accepting cars, trucks, vans, boats, RVs, trailers. We are expecting over 40 vehicles. Bring to barn Thur. Fri. Some units selling with ALL VEHICLES

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MILTON & Jennies Edwards are pleased to announce the birth of their 4th child, Danielle Hope, 7 lbs., born Jan. 12, 2001 at their George St. home. Chantelle, Joshua & Jewelle are thrilled with their new sister. Many thanks to the Kawartha Midwives.



Mirror, mirror on the wall
Who's the fairest babe of them all?
They're all sweet, We know that
But the decision will be up to

Look in next week's Midweek section of the
for your ballot to choose the winners
Babies of 2000.

Advertising deadline is Monday, February
at 4:00 p.m.

**Protecting our natural heritage**

Jean Fau is a chief park warden for Parks Canada. He and his colleagues protect the plant and animal life in our national parks. They also help Canadians explore and enjoy these special places. This is just one of the hundreds of services provided by the Government of Canada.

For more information on government services:

- Visit the Service Canada Access Centre nearest you
- Visit www.canada.gc.ca
- Call 1 800 O-Canada (1 800 622-6232)

TTY/TDD: 1 800 465-7735

Canada

How rude!

Your manners mean business

Most business people can readily accept that soft skills like business etiquette behaviors are increasingly important in creating a culture of respect and service for clients. These same business people, however, hesitate in believing that these same "touchy-feely" issues ultimately affect the bottom line.

Is there a cost to rude behavior? Most definitely! Surveys conducted by North American etiquette companies indicate that 80% of people polled reported an increase in rudeness in business and that when they encounter rudeness, 58% of them will immediately take their business elsewhere regardless of cost or inconvenience. (Columbia, SC, 1999) This study also concluded that most people in business situations have no idea that their behavior is considered rude, or how negative the impact is to their productivity. Some of the most rude behaviors reported by respondents to the survey were:

1. Telephone rudeness, not returning calls, poor telephone skills

2. Disrespect for people's time

3. Abrupt tone of voice and rude language

4. Too personal conversations in business situations

5. Lack of preparation

6. Interruptions; cutting off conversations or dismissing discussions

Rudeness costs business a great deal of time and money. Accordingly, to compete and maintain profitability in modern business arenas, professionals need to understand and implement current guidelines for communicating in the workplace. The Columbia, SC study cited above also that a sales oriented business spent an average of 29% of their time resolving problems, conflict, and miscommunication with employees or clients. Multiply 29% by the amount of payroll and the effect on the bottom line is staggering. It's vital that regardless of what your business is, you can answer and then act on commonly asked questions like:

1. How do I get past the "gatekeeper" to see key clients? And, how do we maintain our repeat client list?

2. How do we ensure that our clients feel like people and not "numbers?"

3. How can we utilize seemingly negative "wait times" to our advantage, i.e., generate revenues?

4. How can we better manage our telephone time?

5. How can we encourage employees to treat each other with the same respect we want them to show clients?

6. What are the guidelines for technological communications? What are the rules for telephone, e-mail, cell phone and voicemail eti-

quette?

7. How do I ensure I'm leaving a positive first impression? What is my body language saying? How are my listening skills? What if I forget someone's name?

8. What's the secret to "professional polish?"

9. What are the modern guidelines for "presentation skills" and "podium protocol?"

10. Do people really notice how I conduct myself over a business lunch or at a networking reception?

Common sense, maybe. Unfortunately common sense does not always prevail and it's very easy to fall into bad habits. Too casual Friday's, too many cocktails on the company expense card at lunch, too lazy to come out from behind the desk to shake hands with a client, too quick to let the machine get it... These things matter! There is always someone watching. Watching and waiting to find a weakness, an upper hand. When all else is equal between competitors, chances are the better communicator will prevail. The applicant who knowingly or otherwise communicates confidence, sincerity, and a respectful attitude through their posture, eye contact or helpful gestures will come out ahead.

We're all selling something right. Maybe it's our

maybe someone else's services. In any case, successful "sales" in modern business correspond directly to effective communication skills. Communication skills, which are often described as "soft skills" are increasingly important in our competitive, technological age. Understanding the rules, or manners, for social behavior gives professionals an edge over the competition. Every behavior, from first impressions to telephone and e-mail communications, can significantly affect the bottom line. Taking the time to think before we act will help us develop stronger relationships, understand how we are expected to behave in social situations and give us the confidence to handle ourselves properly when dealing with clients and associates. In business, good manners translate to improved communication skill, exceptional customer service and a better bottom line.

There are simple "mannerful" behaviors that business people can regularly employ to ensure that others perceive them as thoughtful, courteous professionals:

1. Remember, "attitude" is that something you usually can't put your finger on when you're making judgments during first impressions. People see right through smiles and words that are not reinforced by sincerity in body language and posture.

2. It is far more harmful to dress too casually and give an impression of unprofessionalism, disrespect or laziness than it is to give an impression of formality, preparedness and self-respect. Always dress up if there is even the slightest chance of doing business or seeing clients.

3. Walk with purpose. Moving with vigor and energy conveys interest and productivity. Whether you're going to the staff room or the boardroom, loitering or casual sauntering shows disrespect for company time and exhibits an informal attitude.

4. Always get up and move toward someone when they approach you. Don't make the mistake of not getting up when someone says, "Don't get up."

5. Make eye contact. Give the person with whom you are speaking your full attention. Don't let your eyes or imagination wander. Think about how you feel when associates or clients act distracted or disinterested.

6. Leave the sloppy language at home. Well-rounded professionals use good grammar, avoid slang and pronounce words properly. Try not to say "yeah" or "nah". Avoid nicknames and shortcuts. Words like "Gals", "y'all" and "hey ness". Make sure you don't drop your g's either. For example, make a point of saying "going" instead of "goin'" or doing instead of "doin'". Practice speaking and writing properly at all times.

Isn't it interesting that businesses spend a great deal of time and money learning how to get clients and that the majority of this expense could be offset by simple mannerly behaviors which would have the added financial benefit of businesses keeping clients, not to mention the additional and reciprocal social and personal benefits gained through the confidence gathered in knowing how to behave respectfully in business.

What's rudeness costing your business?

As Valentine's Day approaches, don't forget to do something nice for your loved ones.

News to report?

Photo opportunity?

Why not give us a call?

Eat your vegetables!

The meatless family needs only a little imagination

Your teenage daughter pushes away her hamburger and makes her announcement.

It's cruel to eat animals so she's giving up meat and becoming a vegetarian.

What's a meat-eating parent to do?

"You have to help them learn that if they want to become a vegetarian they have to do it properly," says Susan Klaver, a registered dietitian.

"What you can't do as a teen is decide that you want to stay away from meat products and then sit down at the table with your meat-eating family and just eat the potatoes and vegetables."

If you omit meat you must eat alternative sources of body-building nutrients, especially iron, zinc and protein says Klaver.

Baked beans, macaroni and cheese, meatless chili, veggie-loaded pizza, omelettes and tacos made with refried beans instead of meat are all quick and easy vegetarian versions of popular teen meals.

It's fairly easy to dish up healthy meals for lacto-ovo vegetarians who eat milk, cheese, yogurt and eggs, says Klaver. But vegans, who consume no animal products are more challenging.

Vegans have to find alternative sources of calcium, vitamins B12 and D in addition.

For the Parker family, being vegans means eating lots of whole-grain breads,

nuts, nut butters, hummus made from chickpeas, lentils and soybean products like tofu as well as lots of fruit and vegetables.

"We make things like stir-fry with tofu, pasta with tomato sauce, bean soups, and we have salad with every meal," says Dave Parker, director of the 200-member Vegetarians of Alberta Association.

He and his wife, Margaret Mareau, have raised their daughters, Courtney, 16, and Kaela, 15, in a meat-free home.

Meal-planning requires imagination but isn't difficult, says Parker.

Many grocery stores sell a wide range of fake meat products that work well for lunches and quick suppers. Generally made from soybeans, they include sandwich fillings and imitation burgers and hotdogs.

Parker believes vegetarianism is growing, especially among teenage girls and baby boomers.

"Vegetarians used to be regarded as a bit wacky. But lots of girls are very receptive on compassionate grounds. They don't want to hurt the animals," says Parker, who gave up meat 18 years ago. "You should encourage them for that."

Many older people switch to vegetarianism for health benefits such as a reduced risk of heart disease.

Still, teenagers seeking a meat-free diet may face dis-

approval from their steak-loving parents.

"A lot of my friends wanted to do it but their parents wouldn't let them, they said they wouldn't grow properly," said Courtney, who occasionally breaks her family's no-dairy-food rules and eats a slice of cheese pizza when she's at a friend's house.

Since she is six-foot-one and an energetic, competitive swimmer, Courtney considers herself living proof that a teen can be healthy without meat.

Teens are misguided if they think they'll lose weight by becoming vegetarian, says Klaver.

"Any eating pattern can help you lose, gain or maintain weight. But vegetarianism isn't a guarantee you'll lose weight. You can have lots of bread with lots of butter on it and there you are - lots of calories."

Nutritional consultant Wanda Parks-Bialowas will present a continuing education workshop, Vegetarianism for Teens, on March 10.

During the four-hour session, teens will learn about snacks and high-energy meals. They'll also get a chance to prepare and taste recipes including breakfast, lunch and dinner foods.

"When I was trying to find info years ago I couldn't find much," says Parks-Bialowas. "Now there's lots out there."

Unique Art Exhibit

"Vision of our Future"

A unique exhibit reflecting a working partnership between professional artists and students will be on display to the public February 20 at the Education Centre on Ann Street in Belleville.

It is a culmination of a project called "Vision of our Future" which sought to explore the students' ideas of the future. Open house hours are 8:30am to 4:30pm.

The Quinte Arts Council (QAC) initiated this groundbreaking project in its ongoing efforts to develop regional arts-in-education activities with funds raised through the Festival of Trees. The Hastings and Prince Edward District School Board in partnership with the QAC, supported the projects as a sample format for delivering the arts curriculum written in 1998. Additional funding came from the Millennium Bureau of Canada in recognition of the role youth plays in forming Canadian future culture.

Program co-ordinator, artist Leah Jacob, created the structure and philosophy for the three day art workshops, which ran in four Grade 8 classes.

Four local professional artists worked with classes, guiding the students in the use of the materials and techniques of their art. Teachers and artists worked together to handle the practical issues around completing the projects.

A cross section of rural and urban schools participated in this arts-in-education pilot project.

At Sir Mackenzie Bowell School in Belleville, Sculptor Paul Portelli taught mask making. The class produced life-size portraits of themselves as adults with their careers, strengths and interests.

At Tyendinaga Public School, artist Nell Casson taught graffiti design and pop culture. The class discussed the effect of art on culture, developed personal styles and symbols and completed a large mural using spray painting techniques.

At Breadner Public School in Quinte West, artist Paul Belli taught acrylic painting and design motifs used in making canvas floor cloths. This medium historically was used in home decoration and provided a lively format for projecting what life would be like in the future.

At Stirling Senior School, graphic artist Dolly Bolen taught poster techniques. Students focused on hand lettering words that emphasized their personal visions, then used coloured pencils to illustrate their activities, careers, dreams and goals.

What you can do with Bamboo

Bamboo is a wonderful architectural plant.

The upright stalks can create a living fence or a verdant backdrop for other plants. With each season, the appearance of a grove changes. In winter, the canes, mostly hidden through summer by the foliage, stare out whenever cold nips the leaves enough to cause them to roll up. A load of snow dumped from the sky brings the canes bowing to the ground in temporary submission.

Bamboo is grass, with more than 1,200 species ranging in height from those that hug the ground to those that reach for sky. Although commonly associated with either the Orient or the tropics, bamboo is native to every continent except for Europe.

Native "canebrakes" once covered large areas of southeastern

United States from Virginia to Texas.

A number of species are cold-hardy in the north. Even where winter cold kills the tops of the plants, the roots survive to fuel growth each spring of new canes, which reach their full height in one season. Cold winters might burn the foliage, but still the khaki-colored leaves twittering on the shiny canes present a pretty sight in late winter.

Bamboo canes grow with astonishing vitality. Growth of six inches a day is not unusual, and some tropical bamboos grow more than a couple of feet a day. Canes thicken after their first year of growth.

Most cold-hardy bamboos have "running" roots that spread fast and far. You can contain root spread with barriers of concrete, galvanized metal, or heavy plastic

that protrudes a couple of inches above ground and three feet below ground. Tropical bamboos generally stay in more well-behaved clumps.

Periodically, oldest canes must be cut away, but these canes are useful. At the beginning of the 20th century, a German visitor to Japan recorded more than a thousand uses there for bamboo. Aside from its obvious use in bean poles, baskets, matting, and fences, bamboo has also been used for scaffolding, bridges, beer, and food. A charred piece of bamboo was the filament for Edison's first light bulb.

Practical uses aside, age imbues a grove of bamboo with a magical quality. Stand among the lustrous, tall canes, leafless on their lower portions, and listen as each breeze called forth a musical rustling of the leaves.

Centre Hastings Minor

Hockey News

by Sherri Carman

Hockey fans following the Juvenile team as they battle the P.E.C. Kings for a chance to move closer to the All-Ontario Championship round, watched three exciting, fast paced games over last weekend. The action got underway Friday night on Madoc ice. Before the end of the second period the Grizzlies had a 3-0 lead over the Kings. C.H. goals came from Isaac Muise (2) and Brian Harrison (1). Assists were earned by Ken Forbes, Evan Hailstone, Ryan Terrian and Jesse Chapman. Saturday night's game was played at the Wellington Arena and saw the Juveniles going down in a 9-5 decision.

On Sunday at 3pm in Marmora, the Grizzlies got it back and skated to a 4-1 victory. The series now stands at 3-2 for our side. Game six will be hosted by the Kings and hopefully will be the end of this one.

In Hastings Cup action the Bantam DD are in a round robin with Frankford and Deseronto. Game one of the series was played on Madoc ice last Friday night.

The Grizzlies dominated the play from the very first and the frustrated Deseronto team were not given one scoring opportunity. The final tally was 9-0 and earned

goalie Brandon Tapper the shutout. Monday, January 29, it was time to take on Frankford in Marmora. Going off for the flood, the board read 2-2, but the third period belonged to the Grizzlies and they beat the Huskies 4-2. Mike Stein, Andrew Adams, Greg Smith and Brad Morton posted the goals. Caleb Anderson, Josh Leaver, Brad Morton, Dillon Carman and Mike Stein earned assists.

The PeeWee DD Grizzlies are also playing for the Hastings Cup, in a round robin series with Deseronto and Havelock. January 26 things got started in Marmora against Deseronto and our guys were up for the challenge.

They put the visitors away in a 6-1 decision. Jon McConnell, Brennan Vezina, Travis Gordon, Justin Black, Matt Holland and Byron Chamberlain all scored for the home team. Justin Black, Matt Holland and Brennan Vezina chalked up the assists.

Havelock didn't fare much better on Monday night in Madoc, when the PeeWees ended this one in a 6-1 win. C.H. goals came from Matt Holland, Justin Black, Jon McConnell, Chad McLean (2) and Jason Lutka. Assists were earned

by Tyson Terrian, Anthony Halliday, Chad McLean, Justin Black, Jason Lutka, Jon McConnell and Brennan Vezina.

This weekend, starting Friday February 2, the Bantam AE Grizzlies continue their O.M.H.A. play down battle with Ennismore Madoc at 7:30pm. In Marmora that same night, the PeeWee AE team go against Brighton at 8pm (a O.M.H.A. play down). Saturday, all day in Marmora, the Novice DD Grizzlies will host their home tournament.

Take a break from School Fest, and grab a hockey game!



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CJBQ's morning man, Matt Mitchell, poses with Belleville & District Fish & Game Club President Larry Cross and awards recipients Steve Miller, Mike Delaney and Brian Jones. The awards were allocated during the 11th annual Hunters Ball ceremony recognizing the proficiency of member hunters.

Steve Miller of Belleville won the distinction of having bagged the largest buck in the archery competition, weighing in at 239.4 pounds. Mike Delaney netted the award for his trophy buck weighing in at 264 pounds. Mike who lives in Shannondale, competed in the rifle/shotgun category. Brian Jones, a resident of Napanee, won his award in the controlled hunt category with a weight of 204 pounds. Photo by Aubrey Johnson



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The annual Hunters Ball culminates the increasingly popular hunting season for members of the Belleville & District Fish & Game Club. Pictured above, members of the club read the list of names of awards winners in the various categories and reflect on the past hunting season.

The Belleville Fish & Game Club which is located in a building constructed in and opened in 1982, currently boasts a membership in excess of 90 families.

The executive of the Belleville Fish & Game

Club provide educational and conservation issues for the membership.

Further topics of interest to the members at large include gun safety, wild animal husbandry, safety seminars and issues related to boating, fishing and hunting. As well, the Belleville Fish & Game Club are actively involved in the educational process and supply 78 bursaries to local area school students who have expressed and shown a desire to study conservation and biology courses.

Photo by Aubrey Johnson

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Decision on regulating small waterworks

After several months of public consultation, the Ontario government has been left to grapple with a wide diversity of opinion on whether it should regulate the province's small waterworks. In the aftermath of the Walkerton E. coli tragedy, the province implemented tougher new regulations for large drinking-water systems in August, but those rules don't apply to thousands of smaller waterworks.

That means they aren't subject to the stringent and expensive testing and treatment demanded of larger waterworks.

"Nobody wants to see overkill," says Doug Harper, the Environment Ministry director in charge of the public consultations.

"It's got to be something that does the job without making people jump hurdles that aren't reasonable."

The ministry has received more than 100 submissions

and held four well-attended workshops across the province in recent months.

Opinions range from "regulate the hell out of them" to doing absolutely nothing "and every flavour in between," says Harper.

"Do nothing, I don't see as an option."

Among other things, waterworks are considered "small" if they supply fewer than 50,000 litres a day and serve fewer than six residences.

No one knows exactly how many of them supply drinking water to the public, but they number in the thousands.

Generally found in rural areas, they supply drinking water to the public in boarding houses, restaurants, tourist lodgings, assembly halls, churches, outdoor recreation facilities, gas stations and shopping centres.

But there are also schools, hospitals, long-term care facilities and day nurseries that

have their own water supplies, typically a well or lake.

"That's why it's such a difficult task," says Environment Minister Dan Newman, who is awaiting senior policy developers within his ministry to come up with some concrete proposals.

"There are so many variables."

But in the wake of Walkerton, most people recognize the need for some kind of rules, says Harper.

"If we did this a year ago, people would say, 'What the devil are you up to?' People (now) understand what's at stake, he says.

"The whole Walkerton thing has sensitized (people)."

But Shelley Petrie of the Toronto Environmental Alliance says she found it "a little discouraging" after attending one of the consultations.

The province should instead be looking at laws to protect drinking-water sources, she says, because

any attempt at forcing small waterworks into expensive testing and treatment of their water could kill the businesses they supply.

Newman says he's keeping an open mind as to how the government might proceed, but notes it's an issue that "affects everyone in the province."

That's one reason he wants a strong "public education" component involved.

Whether they live in a rural area or simply stop to gas up and have a drink of water somewhere, people have to understand what's at stake, he says.

That might mean something as simple as requiring signs to be posted that the water hasn't been tested or treated.

"At the end of the day, you have to be able to look at what facilities are able to do," he says.

"But at the same time, how do we protect the public?"

Fashion Victim

by Carol M.

One of my mottos is "fashion before comfort."

Chalk it up to four years spent in a Catholic high school, where I was forced to wear the same drab kilt and itchy sweater day in and day out.

Now free of those bonds, I like to dress up and shop for clothes. Being in style is great, but I'm not so much a slave to what's in that I would put myself in any real pain to achieve it.

When I say fashion before comfort, I mean I'm willing to spend an evening in uncomfortable heels if they complete my outfit perfectly. But I'll bet you haven't heard the latest fad that is sweeping the east coast of North America.

Wearing sandals in the snow.

The latest fashion craze is apparently big with both elementary and high-school kids. To answer the most often asked question, no, the kids do not wear socks. Bare feet are exposed to the cruel elements with only a thin piece of plastic, leather or whatever to protect your soles from the ground.

This is a clear example of suffering for fashion gone horribly awry. And I will do my part to calm the now-jangled nerves of parental readers to say that, to the best of my knowledge, this fad has not yet caught on north of the border.

Maybe it's because we Canuck kids just take cold weather a little more seriously (you do not taunt Mother Nature with bare toes in January). Or perhaps we just have a little more good sense than our neighbours to the south. But whatever the reason, none of my friends, nor any of the folks I questioned on my campus at U of T, had even heard of the fad, let alone adopted it.

But the whole idea of something so odd becoming a fashion norm got me thinking about fads in general. This past summer I began to wear those darling kerchiefs in my hair. (God bless 'em. Nothing else saves you on a bad hair day.) I felt like the first person on the planet to start wearing the things and I was stared at long and hard by some folks. Sometimes I felt like I had a dead animal on my head or something. Until, of course, everyone started wearing them and I just became another kerchiefed noggan in the crowd.

With that experience in mind, yours truly decided to launch a mini social experiment. I donned a pair of Birkenstock sandals along with my hat, winter coat and gloves as I walked around St. George campus.

I looked like an idiot and felt like an even bigger one. A group of friends walked with me, giggling as I garnered many a look from schoolmates who said, "Uh, you know it's January, right?"

Too bad I didn't have the forethought to decorate my toenails with blue nail polish -- it might have disguised the hypothermia hues that quickly set in.

But as stupid as I felt and as uncomfortable as I was, you just know that I would have felt heaps better if just a handful of other people on campus were also walking around in sandals -- because that's the way fads work.

The only thing that transforms a fashion victim into a fashion plate is a general consensus.

HARRISON FORD

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Pictured are Certified Novell Engineer, Microsoft Certified Professional and Network Enterprise Specialist Robert Coolahan; Operator Reg Toyota and first time computer user Elaine Gordon (who is also the Queensborough Recreational Centre representative to the CAP Centre) with her granddaughter Tessa.

The Queensborough CAP Centre, situated in the new annex of the Recreation Centre is open Monday/Wednesday and Friday from 10am to 5pm; Tuesday and Thursday from 10am to 8pm and Saturday from 10am to 3pm. Anyone interested in volunteering time at the centre can call Reg at 473-0251 for further information or CAP Centre Coordinator Aubrey Johnson at 967-3155 for the other centres. Photo by Aubrey Johnson

New Computer Access Centre

by Aubrey Johnson

Congratulations! You've just taken the first step in acquiring the skills you need to develop a new career, enhance your present one or acquire computer skills. You are paying a visit to the newly opened Community Access Program site situated in Queensborough.

Whether you are a beginner with no computer experience, or you are currently a computer user looking to update your skills, no one else brings learning experience to you better than the CAP Centre.

On site operator Reg Toyota will ensure that top quality computer-based training is available to you without the limitations of a traditional school environment. Regardless of where you live in the surrounding area, including Cooper and Eldorado, or what your employment schedule or family obligations are, if you have the ability, desire and ambition to improve your skills, the CAP Centre has the answers.

Funded through Industry Canada, the Ontario Library Association, Ontario Works and the Municipality of Tweed, the current Queensborough site com-

plements the ones currently operating in Thomaston and Tweed. Here's what we do to help ensure your success with computer technology. You'll learn improved job skills in your chosen career. You'll learn new job skills to take you in a new career direction. You'll learn how to develop personal and professional skills and to be self-motivated by accepting responsibility for your career. You'll improve your written communication skills. You'll develop self-discipline through learning how to use time efficiently to achieve your goals. The CAP Centres are a starting point for tomorrow's leaders and we believe that years from now, will be recognized as the place that launched the careers of business and community leaders who continue to contribute to a vibrant society.

Our partnerships with business and organizations enable innovative and quality programming that responds to the needs of our clients and contributes to the economic and social health of our communities. We are committed to excellence in all of our activities and we pride ourselves on the reputation that we have attained in the academic, business and employment communities. A

further reflection of that excellence is that our trainers and staff are recognized for their skills and abilities.

We hold that people have a right to make their own decisions about what meets their needs. At the same time we believe that with that right comes responsibility. We encourage people to attain self-reliance by allowing them to experience the challenges and responsibilities for personal growth.

The Community Access Program Centre is a community-based resource dedicated to helping people improve their computer skills through quality training and knowledge as defined by our clients. Each CAP facility in Queensborough, Tweed and Thomaston also offers a number of short courses that allow persons or employees to upgrade their skills in a number of areas (i.e. Word 97, Simply Accounting).

If you have ideas for courses that interest you please call us at 473-0251 (Queensborough), 478-1901 (Thomaston) or 478-1671 (Tweed) or you can contact the CAP Centre Coordinator at 967-3155 or by e-mail at tweedcapcentre@yahoo.ca

by Alma Fox

A trip to the Madoc Post Office is something that we all have to make on almost a daily basis. Henny and the other girls always help to make it a pleasant outing and something to look forward to. It's frequently a treat to run into a friend or neighbour and catch up on the latest happenings, but when all is said and done, most of us come away from the Post Office with little news and a big handful of junk mail and bills, bills, bills.

Yesterday, however, was different. I received a big white envelope, rather ordinary looking except for its curious red ink.

There was my name and address written in bold, very masculine printing, not at all familiar to me. Hmm, I thought, this is odd; it has no return address. I could hardly wait to rip it open and satisfy my curiosity. Immediately I could see that it was a valentine. A beautiful red

and pink card expressing rather "sweet" feelings. Naturally, I read it with great pleasure; let's be honest, we all like to have our feathers stroked. I came to the bottom of the page and couldn't

other? They were a into a big shoe bo tributed that after teacher. I was shy and somehow I ne many cards. Do you happen to be from a certain someone? Well happened to me ended up with a valentines from friends. No one, ever had any secret for me.

Now here I years later, sitting tery. I have ask and acquaintance avail. I even wet to ask Henny a Office to che postal code for m find it was from

I don't know Ottawa. (Although cently move from to Madoc. Could Jean Chréti misses my Quebec?)

This is truly o nicest things to ha in many years, an the while I felt like

As it stands, that I will not ha swer to my mystic time; and perhaps the best.

I think that the it all has been the icing part!!!!

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Debbie at 613-473-4414 (9:30 a.m. to 6:00 p.m. to Friday) or Aubrey at 613-473-0251 (8:00 p.m., Saturday).

Beware of Scam

Quinte area businesses are being targeted in a telemarketing scam. The caller is seeking financial support for children in local hospitals through sponsorship of a "Healing Hands" activity book.

Quinte Healthcare Corporation is not involved in the "Healing Hands" book project, nor do we have any knowledge of the book.

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proached by these telemarketers, you are advised to call "Phonebusters", an Ontario Provincial Police initiative aimed at preventing telemarketing fraud. The phone number is 1-888-495-8888.

Further information can be obtained by calling Jennifer Shea, Director of Public Relations and Marketing at QHC at 969-7400 ext. 2331.

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Ashes to Ashes...Dust to Dust

by Aubrey Johnson

Countrywide attention is beginning to focus on how to preserve cemeteries for their cultural, historic and even tourist value. But if it weren't for good Samaritans like cemetery board members, in countless small towns across Canada, there might not be much left to preserve.

One subject which always seems to surface

seem incomprehensible to someone who hasn't lived in a very small community.

For that reason, I suppose I've not been persuaded by those who seek to separate the concept of community and place, arguing that community is wherever it happens, not tied to place. I think that those who have raised the issue of commitment and boundedness are touching on something important -- in this culture, we

done no matter what, winter or no winter. Yet winter is long enough here for us to find its own beauty each year "the soft darkness of December as the solar year winds down, the sunny biting cold of January, the rare (and welcome) February warmth, the bluster that hints of new growth in March" but its length and typical harshness also teach us, more than those in more moderate climates, to cherish spring and summer and fall.

But there is also the space that makes us what we are, the very vastness of

continued on page 3

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Ashes....

ued from page 2

ince we call home. People've always had a lot to like, don't like to hurry, like to be pushed, don't like standing too close.

ose who came here not long ago and did not leave, did not starve to death, did not run away, but had to make homes, to livelihoods, however.

feel we cannot fail intrepid folk whose lie buried in our small cemeteries and the corners of plowed fields, but the spirits walk the land in form of stories we have to tell in awe and wonder. The hardships those former generations endured to place for themselves future generations here, now we could never done it ourselves, although a tiny part of us would like to have had the chance to try.

we are tough; we are always nice, but we'll pull you out if you're down, or you're lost. We have had nothing to eat for hours; we'll pull you out if you'd known. Highway 62 is like; even organize a search and risk our lives to you in a blizzard. We don't say much, we don't expect you to see the thing, brilliant beauty in

which we live, but if you look closely you can read the effects of space and distance in our eyes, and you can feel how silence has settled into our bones and our blood, and you can sense the quiet reverence we share for living here in such beauty. You'll come to marvel at the enduring strength living in Eldorado has taught us.

A cemetery is like a small town, the complexity of which is easily taken for granted. The boundary wall or fence, roads, drainage system, services, prayer halls, mortuary, lodges, office, staff buildings and yard, and entrance gate make a substantial infrastructure which we need to maintain and protect. When cemeteries are closed to new burials they become expensive to maintain whilst at the same time direct income from them is decreasing. However, the responsibility to preserve them at their former splendour remains an integral responsibility of the cemetery board and indeed is part of its strength.

Pictured are the new members of the Eldorado Cemetery Board as voted in on February 6, 2001.

(Seated) Dennis Thompson, Eric Sanford (Chair), Dorothy Blackburn, (Standing) Percy Blakely, Carl Blakely and Doug McCann. Absent from the photo is Isabella Shaw.

by Sherri Carman

On a recent road trip, the Novice Grizzlies travelled to Havelock to take part in a one day tournament. In their first game they took on Beaverton. At the end of regulation time, the scoreboard read 1-1 (Scott Robinson got the goal, off the sticks of Harrison Shin and William Meehan) and this match headed for overtime. Midway through the 5 minute OT, Harrison Shin came out of nowhere and banged home the game winner, unassisted. Game two saw our Grizzlies go up against Immaculate Conception (Peterborough). The Novices dominated this one from the start and skated to a 10-4 victory! C.H. goals came from Brandon Danford (1), Jake Ascott (1), Jarret Moore (1), Scott Robinson (1), Harrison Shin (2), James Denny (1), William Meehan (2) and Mark Thompson (1). Assists were earned by Jeff McCullough, William Meehan, McKenzie Smith, Brandon Danford, Harrison Shin, Stephanie Halliday and Scott Robinson. At the end of the day, the Novices brought home the A Runner-Up Trophy. Congratulations Team!

On Saturday February 3, this Novice team hosted their home tournament on Marmona ice. Our Grizzlies ended up this time in the D Championship game vs Beaverton. The complete statistics were not available, but I heard through the grapevine it was quite a match. At the end of regulation time the game was tied at 4 apiece. It took four overtime periods to decide the winner. Both teams were down to one shooter and goalie, when Scott Robinson found the back of the net and finally ended this one 5-4! Hats off to goaltenders Hayden McInroy and Jeff Nickle for their stellar performances between the pipes.

In O.M.H.A. Play-down

action, the Midget Grizzlies continue their winning streak against Tweed and are up two games in this best 3 of 5 series. Game one was played last Wednesday night on Madoc ice and ended in a 8-6 victory for the Grizzlies. Ryan Morton (1), T.J. Tomlinson (2), Justin Cassidy (1), Tyler Gordon (2), Jason Wilson (1) and Scott Acorn (1) scored for the home team and T.J. Tomlinson, Adam McDonald, Scott Acorn, Rob Reynolds, Mike McCann, Jason Wilson, Tyler Gordon, Duke Cassidy and Ryan Morton were in those goals. Game two was played in Tweed Monday night. In the first five minutes of this match Tweed came on strong and were up by 3 goals! The Grizzlies fought hard for the comeback and by the end of regulation time the board read 4-4. With 37 seconds left in O.T., T.J. Tomlinson scored the game winner and earned himself a hat-trick!

The Atom DDs continue their play-down with Percy Township. In the first game of that best 3 of 5 series, the Grizzlies fell to Percy 6-1. In Game two, C.H. was better prepared and this time out got within one goal of the opponent (5-4). C.H. goals came from Tyler Tenbult, Travis Hughes and Anthony Tapper (2). Assists were earned by Steve Ferguson, Travis Hughes and Anthony

Tapper. In game three, as coach Doug Bennett put it, "we had them figured out" and this time edged Percy out in a 6-5 victory. Steve Ferguson (1), Jeff Robinson (2), Tyler Tenbult (1), Anthony Tapper (1) and Travis Hughes (1) found the net. Ian McNabb, Jeff Robinson, Tyler Tenbult, Travis Hughes, Anthony Tapper and Ben Anger passed up the goals.

In other O.M.H.A. play-down news, the Juveniles took out the P.E.C. Kings Sunday night in the county. This team is now waiting to hear from their next opponent.

In dreams and in love there are no impossibilities. Janos Arany

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Stirling RONA Cashway

by Bernadette McInroy

After a good showing at the Pembroke Silver Stick tournament where the Blues won all 3 preliminary games and losing 3-1 in the semi-finals, it was time to get back to league play.

December 15, the Blues hosted Bancroft with an end to end game and the Blues coming out on top 1-0. The lone goal was scored by Mike Lessard. unassisted Brighton was the next visitor to Stirling with another win 3-1. Scorers for the Blues were Garet Robinson, Brandon Robinson and Kyle McDowell, with assist going to Mike Lessard (2), Jesse

McInroy, Andrew Hamilton, Cody Thompson and Eric Hannah.

Next trip away was to Campbellford, where the team once again came out on top 4-2. Scorers were Eric Hannah (2), Damien Empey and Brandon Robinson with assists going to Garry Buxton, Sean Murphy, Brandon Robinson, Kyle McDowell and Mike Duhig. On another trip away to Bancroft, through a snow storm, the Blues couldn't get going and dropped a 6-2 decision. Goals scorers were Garry Buxton and Kyle McDowell with assists going to Kyle, Garet Robinson and Cody Thompson.

On January 5, the team

started a five games in five nights run. First at Campbellford, the Blues won 8-2. Scorers were Garet Robinson (2), Garry Buxton (3), Andrew Hamilton, Lee Ferrill & Craig Fleming with assists going to Lee Ferrill (2), Kyle McDowell, Mike Lessard, Craig Fleming and Brandon Robinson. On the 6th, Brighton came to town with the Blues winning 5-0. Scorers were Eric Hannah (2), Garet Robinson (2) and Craig Fleming with assists going to Mike Lessard (2), Andrew Hamilton, Sean Murphy and Lee Ferrill. January 7, it was back to Bancroft where the Blues couldn't find the goal net and lost 7-0. Game four wasn't

much better for the Blues as they dropped a 5-2 decision to Lakefield and game 5 was very exciting in Brighton with a 4-3 loss with a goal being called back in the dying minutes.

Goal scorers in the games were Eric Hannah, Mike Lessard, Craig Fleming, Chris McKeown and Cody Thompson. Game two in Stirling, the wheels kept turning with a 6-0 win.

Scorers were Eric Hannah (2), Garry Buxton (2), Brandon Robinson and Mike Lessard with assists going to Jesse McInroy (2), Chris McKeown (2), Mike

Lessard, Garet Robinson and Colin Gill.

In the third game of the series, Campbellford did not lay down and hand the game to Stirling.

The Blues kept the pressure on and came out on top 2-0 to eliminate Campbellford in the series. Goal scorers were Garry Buxton and Kyle McDowell short handed. Assists on the Buxton goal were Craig Fleming and Mike Duhig. The Midgets are now waiting for the winners of the Ennismore-Haliburton series to be completed.

Women's Institute

By Leta Cull

A recent meeting of the Hastings North District Women's Institute was held at Ivanhoe Hall. President Marion Foster welcomed members from Cooper-Remington, Harts-Riggs, Ivanhoe, Queensborough, Rylestone, Springfield and Wellman's Corners.

A report was given regarding Hastings County Agricultural Museum in Stirling. Much headway is being made to have the buildings all ready for the opening in May. Women's Institutes will have three rooms depicting the era from the 30s and 40s, plus information on what the Women's Institute is all about and their success in the last 100 years. Donna Russett is the chairperson heading this committee.

The District annual meeting is being held at Rylestone on May 24, 2001. Area conventions are scheduled for October 17, 2001 at the Seahorse, Trent River, with Peterborough as the host club.

Cecilia Maines was congratulated on her new appointment as Provincial Advisory Council (PAC) person. The PAC person is a liaison between Provincial board members and branches at district level.

This year, Hastings North, West and East Districts are all celebrating their 100th anniversary. Applications were available for 4H Club scholarships for their essays on "4H Future Role in the Environment."

The book "From This Place" is now available for \$15.00, plus tax. This book is a recollection of the lives of Women's Institute members in the 20th century.

Next District meeting is scheduled for March 19, 2001 at 1:30. The location will be determined at a later date.

On Line Help

Sick Kids and Their Families Find Comrade in Online Discussion Groups

SICKKIDS, **CARINGPARENTS**, and **CARINGKIDS** are three open, unmoderated online discussion lists for kids and their families who are ill, or know someone who is ill. The lists deal with chronic or potentially fatal illnesses. They can talk about their (or another's) illness, their feelings and frustrations, their families and friends, share poems, tell jokes, and so on - anything to make themselves and others feel better. There is also a team of adult, professionally trained counselors that provide guidance in difficult situations.

To subscribe to SICKKIDS, CARINGPARENTS, or CARINGKIDS send an e-mail to LISTSERV@SJUVM.STJOHNS.EDU

Special Meeting

The Hastings and Prince Edward District School Board will be hosting a special education community forum at various locations over the next few weeks.

On Wednesday February 21, from 6:30 to 8:30 pm, the meeting will take place at CHSS.

A variety of topics, including identification and placement processes, individual education plan standards and a question and answer period will be addressed.

News to report?

Photo opportunity?

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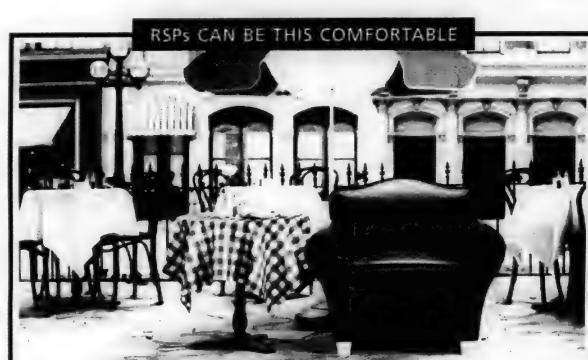
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Midweek

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Davies, Cork share scoring title

It's Rebels, Pirates in semi-final playoff

With both teams looking like they were saving their best for the playoffs, the Campbellford Rebels staged an impressive comeback but dropped a 6-3 decision to the Picton Pirates on home ice last Saturday night.

Then, the Rebs closed out the Empire League junior C regular schedule on a winning note, dumping the Jets 3-1 in Amherstview Sunday afternoon.

When the dust had settled, Rebels placed second with 3 points, seven better than the third-place Pirates. It means the teams meet in a best-of-seven semifinal showdown starting on Campbellford ice next Tuesday night (Feb. 13th) with the teams squaring off again in Picton Thursday night, Feb. 15th.

Other dates are as follows: Game three, Campbellford, Feb. 20th; game four, Picton, Feb. 22nd; game five, Campbellford, Feb. 24th (if necessary); game six, Picton, Feb. 26th (if necessary); and game seven, Campbellford, Feb. 28th (if necessary).

Rebels' General Manager Jim Peeling expressed dissatisfaction with the failure of league officials to open the series Saturday, Feb. 10th on Campbellford ice.

At the league meeting, the other teams objected to the Picton/Campbellford series starting four full days ahead of the other semifinal series. Peeling, forced to settle for two Tuesday night playoff dates, apologized to the regular Tuesday night tenants for any inconvenience caused by the scheduling.

Tailing by four goals to Picton Saturday night, Rebels got two goals from Anthony Davies while Kevin Cork added a single as those two snipers eventually tied for the league scoring title. Each finished with 57 points. Cork had 21 goals and 36 assists compared to the 24 goals and 33 assists produced by Davies.

McComb Places 3rd

Another Rebel sharpshooter, Jamie McComb, gave the Rebs a sweep of the top three positions in the scoring race with a total of 25 goals and 26 assists for 51 points.

Tied for the scoring lead going into Sunday's final game in Amherstview, Cork and Davies each added two more points as the Rebels clipped the Jets 5-3.

The league awards were announced at the league's season-ending meeting Monday, Feb. 5th. Peeling was somewhat baffled by some of the winners, noting his

disappointment that Rebel players (other than Cork and Davies sharing scoring honours) failed to take home any individual awards.

Most Valuable Player honours went to Jet forward Pat Dee while Picton's Mike Empey was named outstanding defenceman. Selected top goalie was Picton's Nick Vangemeren and Sean Turner of the Napanee Raiders won in the best rookie category. Rebel players nominated were Justin Pollock (rookie); Ryan Binkley (top defenceman) and Cork (MVP).

PSE Novice Hornets never stop buzzin'

Asphodel-Norwood - The P. Steel Erectors Novice "B" Hornets were on the road to the Omerene Shark tank Jan. 14 and the hometown team started off the scoring.

But the trio of Adam Terry, Britney Barnett and Kyle Anderson Carter teamed up to even the score with Adam poking the puck into the net. Then it was Steven Book, with some help from Justin McWhinnie, putting the Hornets on top.

Talk about a player being hot, Britney came out of the match with a hat trick with helpers to Adam and a pair to Dalton Charlebois in the Hornets' 5-2 win.

The great-rivalry with the Millbrook Stars continues with Norwood buzzin' to Millbrook Jan. 21 to face a Stars squad that was bound and determined to defeat the Hornets.

But Norwood held them off again winning 3-2.

Dalton Charlebois started off the scoring with winger Adam Terry and Kyle Anderson Carter assisting. But the Stars took the lead with two goals until Britney, Adam and Dalton pushed the puck up the ice to tie the net. Andrew Kingston assisted.

Millbrook rallied to break the tie at the end of the second.

The loss was just the third of the year for the Hornets.

PSE Hornet notes: Players and coaches were thrilled by the help they got from tykester Casey Fleming who skated hard for the team the past few games.



Burning the net: All around the region, local minor hockey teams are treating their fans to excellent playoff hockey. There are the OMHA playdowns and equally thrilling League round robins to keep dedicated hockey watchers excited. In the photo above, a member of the Norwood Atom Hornets wills the puck into the net during a crucial OMHA contest against the St. Alphonsus Sharks. Norwood won the game 3-1 and went on to sweep the series. They now advance to the OMHA quarterfinals. See inside for more on the series.

Photo/Bill Freeman

Two amends fee for service fire by-law

Repeat false alarms at same location force amendments

not be sent."

The Fire and Rescue Service will answer up to three false alarm calls a year from the same location at no cost.

In a memo to Council,

Fire and Rescue Chief Paul Bitten says "the idea of this is obviously not a total cost recovery situation."

"It is more of a means to try and get the problem fire protection systems the proper service they need by making it cost effective for owners to fix the system rather than pay for the alarm," he explained.

He says the rates may be adjusted in the future.

Continued on Pg. 12-A



Team Hannon

Kitchen crew: The hard-skating Gramma Flo's oldtimers hockey team traded their sticks for kitchen gear last Sunday helping out the Royal Canadian Legion Branch 300 during their monthly brunch. The Branch applauds the efforts of the kitchen crew who served up a penalty-free meal.

Photo/Bill Freeman

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HATS OFF

TO THE BABIES OF 2000!

Mirror, mirror on the wall,
Who's the fairest babe of them all?

They're all sweet, We know that's true,
But the decision will be up to you!

Fill in the Official Ballot located at the bottom of this page and send it in

- No reproductions of this ballot will be accepted.
- Ballots must be in by Friday, February 23rd, 2001 at 5:00 p.m.
- The winning babies will be published in our Midweek section on March 3, 2001.
- All pictures can be picked up after March 3, 2001.

Good luck and thank you for entering.

OFFICIAL BALLOT

Cutest Boy **Cutest Girl**

Baby Most Likely To Become Prime Minister

Most Serious **Most Humorous**

#	#
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#	#
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Send or bring in your ballot to: Cemba Publications, 3 McGill Street, P.O. Box 250, Marmora, Ontario K0K 2M0, or any of our other offices.

HATS OFF TO THE BABIES OF 2000!



#1 REBECCA (girl)



#2 EMILY (girl)



#3 HANNAH (girl)



#4 EMMA (girl)



#5 MOLLY (girl)



#6 TYANNA (girl)



#7 CYRUS (boy)



#8 BRITNEY (girl)



#9 BROOK (girl)



#10 BENJAMIN (boy)



#11 CALVIN (boy)



#12 TYSON (boy)



#13 SARAH (girl)



#14 JAYDEN (boy)



#15 JOHN (boy)



#16 MATTHEW (boy)



#17 BRYCE (boy)



#18 OWEN (boy)



#19 KATIE (girl)



#20 KAITLYN (girl)



#21 DOMINIC (boy)



#22 DYLAN (boy)



#23 LIAM (boy)



#24 WHITNEY (girl)



#25 TYLER (boy)



#26 VICTORIA (girl)



#27 ANGUS (boy)



#28 BRETT (boy)



#29 KEISHA (girl)



#30 LIAM (boy)



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HATS OFF TO THE BABIES OF 2000!



#52 DUSTIN (boy)



#53 CARTER (boy)



#54 COLIN (boy)



#55 SHAYLEIGH (girl)



#56 BRADY (boy)



#57 PIPER (girl)



#58 BRODIE (boy)



#59 ROURKE (boy)



#60 TRYSTAN (boy)



#61 SOPHIA (girl)



#62 JACLYN (girl)



#63 DAWSON (boy)



#64 ANDREW (boy)



#65 PATRICK (boy)



#66 HUNTER (boy)



#67 SHELDON (boy)



#68 GRACE (girl)



#69 KRISTEN (girl)



#70 MEGAN (girl)



#71 JOHN (boy)



#72 MEGAN (girl)

*Congratulations to all the
proud parents of 2000 from
Cembal Publications.*

Don't forget to vote for your favourite babies!

HATS OFF TO THE BABIES OF 2000!



#73 MIKAYLA-ROSE (girl)



#74 STEVEN (boy)



#75 ZACHARY (boy)



#76 DAVID (boy)



#77 NOAH (boy)



#78 GAVYN (boy)



#79 NICHOLAS (boy)



#80 MARY-CATHARINE (girl)



#81 CAMERON (boy)



#82 KAMRYN (girl)



#83 BENJAMIN (boy)



#84 ROBYN (girl)



#85 MACIE (girl)



#86 JARED (boy)



#87 MAXAMILLION (boy)



#88 GIDEON (boy)



#89 EMMA (girl)



#90 SIERRA (girl)



#91 KATIE (girl)



#92 HANNAH (girl)



#93 MORGAN (girl)

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Have you claimed all the tax deductions you're entitled to? Have you sorted out all your bookkeeping and accounting?

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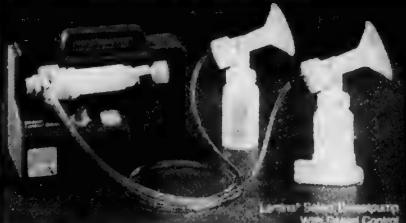
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In the world of ATVs & Side-by-Sides, Yamaha's Grizzly 600XV is the best. It has the largest class (600cc), the highest top rating, largest load capacity, and the most ultramatic automatic transmission. It's built to pull, tow, and just plain have fun.

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**WE'LL PAY YOUR FIRST MONTH
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 - $\langle \Sigma, \delta, \lambda, \sigma, q_0, F \rangle$
 - $\delta: Q \times \Sigma \rightarrow K \cup \{q\}$, $\lambda: Q \rightarrow V$
 - $\sigma: Q \rightarrow P(\Sigma^*)$, $F \subseteq Q$

48 Month SmartLine
\$215 OR **\$254** **OR 1.9%***

Lease Rate Purchase Financing
 with \$1,500 Down
 *Subject to approval
 See dealer for details.



CHEVROLET MALIBU

- 3.1 Litre V6 170 HP Engine
 - 4 Speed Automatic Transmission
 - Air Conditioning
 - 60/40 Split-Folding Rear Seats

48 Month SmartLease
\$278
\$100 minimum payment, \$250 freight
 & \$120 security deposit required

**48 Month SmartLease
 with \$0 Down**
OR \$332
\$75 freight & \$400
 security deposit required

Purchase Financing
2.9%
Up to 36 months



CHRYSLER VENTURE VALUE VAN

- 2.4 Litre V6 INHPI Engine
 - 4 Wheel Anti-Lock Braking System
 - Sequential Integral Gearbox
 - Dual Sliding Doors

48 Month SmartPlan
\$238⁹⁹ OR **1.9%**
 Purchase Financing
 Up to \$C amount
 (Excludes Freight) **\$22,998⁹⁹**
 Cash Purchase Price
 Excludes Freight **\$24,998⁹⁹**



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- 4-Speed Automatic Transmission with Enhanced Traction System • 4-Wheel Disc Brakes with Anti-Lock Braking System • 4-Wheel Independent Suspension
 - 2.4 Litre I4 Twin Cam 150 HP Engine

48 Month Smart Lease
\$268^A OR **2.9%*** Purchase Financing
OR \$19,498^V Cash Purchase Price
Excludes freight of \$1795.

**OR DON'T PAY FOR 90 DAYS AND NO DOWN PAYMENT REQUIRED.
GENERAL MOTORS PAYS YOUR INTEREST FOR 90 DAYS ON PURCHASE FINANCING.**

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The GM Canada logo consists of a stylized 'G' and 'M' inside a square frame, with a small maple leaf icon above it.



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ON LEASE OR PURCHASE FINANCING.***



2001 Pontiac Sunfire Sedan SLX

48 MONTH Smart Lease	48 MONTH Smart Lease
\$218	OR \$262
\$1,999 down payment, \$730 freight and \$300 security deposit required	\$0 down payment, \$730 freight and \$300 security deposit required
LEASE RATE 1.9% up to 48 months*	PURCHASE FINANCING 1.9% up to 60 months*
OR	

- **5-Year 100,000 km Powertrain Warranty**
 - **4-Speed Automatic Transmission with Traction Assist**
 - **Air Conditioning**
 - **Remote Keyless Entry**
 - **Power Door Locks**
 - **6-Speaker CD Stereo**



2001 Pontiac Grand Am SE Sedan

48 MONTH SMARTLEASE	48 MONTH SMARTLEASE
\$268 ¹	OR \$326 ¹
\$2,250 down payment	\$0 down payment,
\$795 freight and \$325	\$795 freight and \$375
security deposit required	security deposit required
PURCHASE FINANCING	CASH PURCHASE
OR 2.9% ¹	OR \$19,998 ¹
up to 36 months ¹	excludes freight of \$750

- 2.4 Litre Twin Cam 150 HP Engine
 - 4-Speed Automatic Transmission with Enhanced Traction System
 - 4-Wheel Anti-Lock Braking System
 - 4-Wheel Independent Suspension
 - Air Conditioning
 - Power Door Locks



2001 Buick Century Custom

48 MONTH SMART LEASE
\$298* OR **\$377***

\$3,400 down payment,
\$895 freight and \$350
security deposit required

PURCHASE FINANCING
OR 3.9%
up to 48 months¹

48 MONTH SMART LEASE
\$377*

\$0 down payment,
\$895 freight and \$450
security deposit required

PURCHASE PRICE
\$25,498**
excludes freight of \$895

- 3.1 Litre V6 175 HP Engine
 - 4-Speed Automatic Transmission with Enhanced Traction System
 - 6-Passenger Seating with Quiet Interior
 - 6-Way Power Driver's seat
 - Air Conditioning
 - Power Door Locks/Windows
 - Cruise Control



2001 Pontiac Montana

48 MONTH SHAMPOO LEASE

\$258*	OR \$365*
\$4,800 down payment. \$340 freight and \$300 - security deposit required	

PURCHASE FINANCING

OR 1.9%	CASH PURCHASE
up to 60 months! \$25,428* <small>excludes freight of \$340</small>	

- A graphic showing five solid black stars arranged horizontally, representing a perfect safety rating.



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**PONTIAC
BUICK
GMC**



Series sweep sweet for Atom Hornets

Asphodel-Norwood - The Archer Trucking Atom Hornets moved up another rung in the OMHA playoff ladder after knocking off a good St. Alphonsus Sharks squad in three straight games.

The series' victory puts Norwood in the quarterfinals against either the Percy Township Bulldogs or Centre Hastings Grizzlies.

Norwood took game one

3-1 on home ice in a fast-paced and action-packed match. Norwood carried the bulk of the play but Sharks goalie Lucas Hayes was in fine form keeping his team in the game. At the other end, Norwood stopper Brian Ross came up with a number of key saves to boost his team in their offensive efforts.

Jordan Wrightly had one of his best games of the year scoring twice and assisting on a third. Baron McDonald added a goal and assist with Jeb Huggins, Brad Walsh, Billy Price and James Moore also assisting.

Game two was at the Kinsmen Centre with the teams trading chances to no avail in the first period. The Sharks struck early and it paid off in four unanswered goals. Wrightly knocked in the game winner with assists from Thomas Teasdale and Tyler McIlmoyle. Walsh burned the net with two with McDonald and Slack adding much-needed playmaking help. Huggins pulled the trigger on his second of the afternoon on a nice give-and-go with Hughes.

Brian Ross overcame the early barrage and registered another win in net.

It was "Hockey Night at the Hive" Tuesday and the Hornets did not disappoint their loyal fans coming up with a solid 4-2 win.

Kyle Bailey opened the scoring with a laser from the point with defence partner Ben Brackenridge adding the assist. Huggins then doubled the score after taking a lead

from Slack and firing from the face-off circle.

Then, in a span of less than two minutes, the Sharks held the game and the score held throughout the second.

In the third the Hornets iced the game with two

markers -- the game winner by McIlmoyle off the point with the set-up from McDonald. With 2:34 left McDonald topped the score up with an assist from Walsh.

The Hornets fended off

Pee Wee Hornets send St. James packing

Asphodel-Norwood - It's off to the OMHA quarterfinals for the Century Roofing Pee Hornets after the squad dispatched St. James

8-1 Sunday night behind a solid team effort from the entire team.

Kevin Gourley was the star of the game victimizing

the opposing goalie four times while assisting on a fifth goal. Ray Bradley added

Continued on Pg. 14-A



All stretched out: The Norwood Atom Hornets have an OMHA quarterfinals playoff date with either Percy Township or Centre Hastings after knocking off the St. Alphonsus Sharks 3-0.

Photo/Bill Freeman

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- never ride alone
- use the nationally approved hand signals to indicate your intentions

FAST FACT OF THE WEEK

Launched in '98, the 10,000 km. Train Canada Snowmobile Trail runs from St. Anthony, Nfld. to Squamish, B.C.

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A New Beginning . . .

ON March 5, 2001 the governance and management of non-acute mental health services for the 9 county area served by the Kingston Psychiatric Hospital will transfer from the Ministry of Health and Long Term Care to Providence Continuing Care Centre.

This will mark a new beginning for the delivery of these services, as for the first time a local Board will have responsibility for assuring the delivery of mental health services in our region.

Providence Continuing Care Centre, its board, management and staff look forward to welcoming the staff, patients, clients and families of KPH to our organization.

Should you have any questions or concerns regarding this change please call 1-866-286-1357 or email: barretta@pccc.kari.net

Our Mission

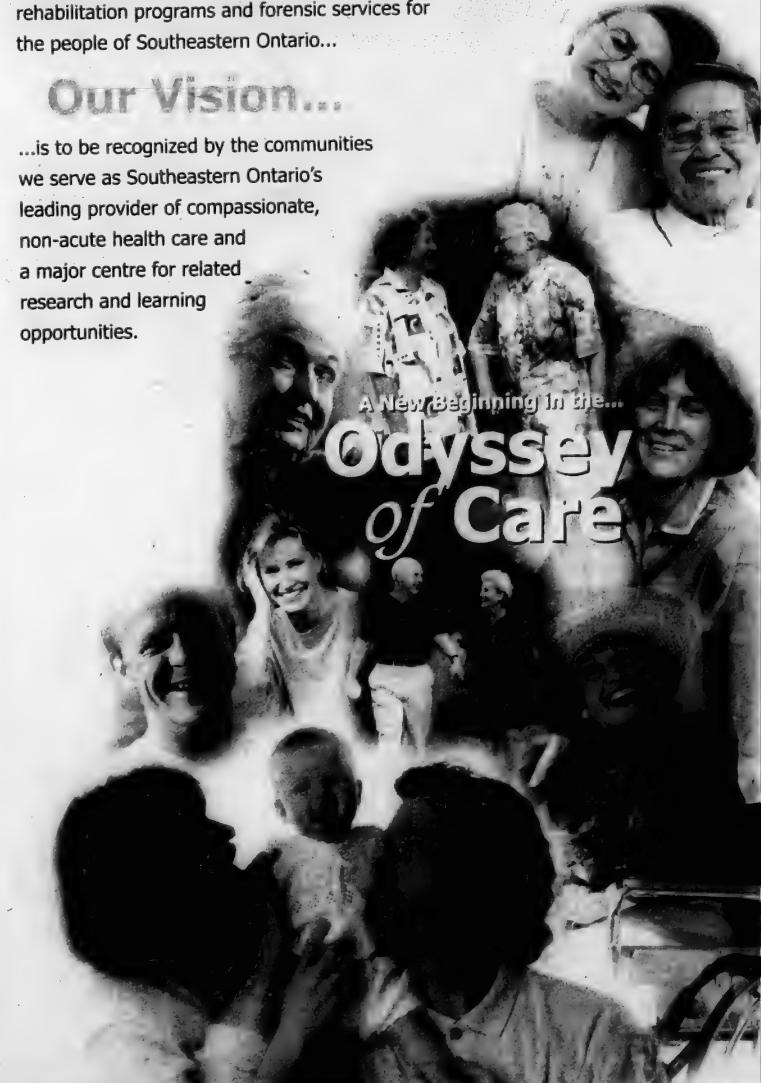
Providence Continuing Care Centre is committed to compassionate care and excellence in the provision of complex continuing care, longer term mental health care, long term care, palliative care, geriatric and rehabilitation programs and forensic services for the people of Southeastern Ontario...

Our Vision...

...is to be recognized by the communities we serve as Southeastern Ontario's leading provider of compassionate, non-acute health care and a major centre for related research and learning opportunities.

A New Beginning In the...

**Odyssey
of Care**



OPP Detachment Commander promoted to Inspector

Effective Feb. 5th S Sgt. Gerry Salisbury has been promoted to the rank of Inspector. He expects to remain in place as Detachment Commander for both the Lanark County and Sharbot Lake detachments. In that capacity he continues to oversee a complement of 64 officers and civilian staff.

The promotion, long a priority of the Police Services Boards throughout rural Lanark County, will now allow Inspector Salisbury to participate in upcoming Ontario Association of Chiefs

of Police gatherings. The 17-year veteran of the Ontario Provincial Police began his career in Downsview before serving in Kingston and Kirkland Lake. Following his promotion to Staff Sergeant he transferred to Lanark County Detachment in May 1998.

Inspector Salisbury and his wife and their two children have settled in the community and he remains determined to work diligently to address the policing needs of the municipalities served by the OPP on his watch.

MOIRA LAKE



CHALLENGE SATURDAY, FEB. 17

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Register @ Two Loons: 8:00 - 11:30 AM Saturday
Radar Runs 9:30 AM - 11:00 AM
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\$10.00 Entry ~ \$5.00 Each Additional Class

*Great Prizes awarded directly following races at the Two Loons
 All proceeds go to Madoc & Huntington Fire Department &
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 For information contact: Jim Bonter 473-0207*



Summer Jobs **IMPORTANT NOTICE** To Employers

Summer Career Placements is a wage subsidy program that enables employers to hire students during the summer. Private, public and not-for-profit employers are invited to submit their application by:

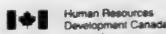
March 30, 2001*

As the objective of the program is to provide students with work experience related to their field of study, applications will be evaluated based on the quality of the experience offered and local priorities.

To apply or to find out more about this program, please contact your nearest Human Resources Development Canada office or call 1 800 935-5555.

Internet: www.hrdc-drhc.gc.ca

* Please note that the application deadline for the Northwest Territories and Nunavut is April 6, 2001.



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Where did the burning cigarette go?

Clayne Tango the Magician mesmerized children attending his magic show at the Barrie Township Hall during the Feb. 5 Winterfest held here. Tango is really Troy Newton of Northbrook and he had both parents and children trying to figure out how he did his tricks. -BD Photo

L&A Seniors Outreach receives Trillium grant

The Lennox & Addington Seniors Outreach Services Inc., recently received a \$59,300 grant from the Ontario Trillium Foundation. The grant spread over a two year period will be used to review and evaluate the volunteer program, expand the database, institute training programs and oversee a strategic plan to maximize the contribution of volunteers within the organization.

"Our organization has more than 250 volunteers

who have an incredible range of skills and talents to offer the community," says Executive Director Wendy McDonald in a news release. She adds, "the \$59,300 Trillium grant will enable us to develop a database that will help us match the skills of individual volunteers with

specific tasks. It will also make it possible for us to evaluate our volunteer training programs so that we may better serve the seniors in our area."

The Ontario Trillium Foundation is an agency of the Ministry of Citizenship, Culture and Recreation. With

\$100 million in annual funding from the province's charitable gaming initiative the Foundation provides grants to eligible charitable and not-for-profit organizations in the arts, culture, sports, recreation, environment and social service sectors.

Letter To the Editor

Dear Editor:

Special communities are only as strong as the people who live in them. This fact was proven once again when we here in the Land O Lakes area prepared and served a beautiful dinner on Xmas day. Once again the folks in the area were here

to help.

Jim and Pauline, Doug and Carol, Ross and Janet, Lyn, Sheila and Jen and Ron. These folks came on Saturday to set up and decorate tables and do up treat bags, on Sunday morning to prepare veggies, etc., and again on Xmas day to cook, greet people and in general to make

the day very special.

The donors again, which make this day possible, you all know who you are. Each and every one of you make this community a wonderful place to live in. We enjoyed approximately 45 folks.

I have enjoyed spearheading the first two Xmas dinners and now must pass this labour of Christian love on to others. I pray that the dinner will be held every year. Knowing this community as I do, I have utmost faith in the continuity of the "Yearly Community Xmas Dinner." Happy New Year to each and everyone.

Jean Taylor
 Clinton

By-law amended

Continued from Pg. 4-A

The other change to the by-law was a section that charged property owners in the Township a user fee after a fire if they had insurance to cover the Rescue Service's charge.

Chief Bitten said they have never been successful in collecting under this clause in the by-law.

Fees in the by-law include:

\$70 for each fire prevention inspection at institutional, industrial, provincial or federal occupancies; \$45 for each fire prevention inspection of commercial, assembly, government funded childcare centres, group homes and schools and \$30 for each fire prevention inspection of single family dwellings and apartments in houses.

Other charges for requested inspections include: \$30 for special occasion permits in locations not inspected annually; a liquor licence; wood stove/chimney (new or existing); installation of new wood stove/chimney; compliance letters and fire reports.

There is no charge for fire permits.

The by-law also outlines fees associated with incidents involving hazardous materials, uncontained open fires and vehicle accidents, extrications, fires, spills etc...

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We would like to take this opportunity to thank all applicants in advance and advise that only those selected for an interview will be contacted.

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FOR SALE
1987 Massey Ferguson Model
240 Tractor with Attachments**

SEALED BIDS clearly marked as to the contents, addressed to the Kawartha Pine Ridge District School Board, will be received from interested parties at the Education Centre, Reception Desk, 1994 Fisher Drive, Peterborough, Ontario, K9J 7A1, (705)742-9773 until

2:00:00 p.m. local time, Friday, 23 February 2001

for the sale of a 1987 Massey Ferguson Model 240 Tractor with attachments.

Bid documents will be available for pick up at the Education Centre reception at the above noted address from 8:30 a.m. to 4:30 p.m.

The Board reserves the right to reject any or all bids.

R.L. Willsher R. (Dick) T. Malowney
Chairperson of the Board Director of Education

Kawartha Pine Ridge District School Board

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VALENTINE MESSAGES

PENG! dear... thanks for...
the good year!
Love you always.
Your little chick-a-dee

(AKA M.T.M.) Danny - you
will always be my Valentine.
Love ya! Lyndy

Chad, Kirk, Jasmine
and Madison too.
Just a short message,
to say I love you!
From Gramma Wendy.

To My Love - Ian Halford -
Happy Valentine's Day.
You will always be the
apple of my eye! Pam

HAPPY Valentine's Day - Joe,
Dave, Tony, Rolly, Bill, Aubrey,
Brian & Billie
Lots of love, from the
Cembal girls, XXOO.

Roses are red, violets are blue.
Tammy and Jack, I love you!
From Mommy.

NOTICE

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CARD OF THANKS

THE Mackenzie family would like to thank the community for their kind support and the tributes of sympathy we have received during Margaret's illness and since her death on January 31st, 2001. Our special thanks to Dr. William Shannon and the inpatient and outpatient health care team. Jeff Weaver and the staff of Weaver Funeral Home, Rev. Morrison Campbell and the congregation of St. Andrew's Presbyterian Church. Sincerely, Alex and family.

MEMORIALS

DAYTON, Frank - Taken suddenly
from us after a short illness at 2
a.m. on Feb. 6, 2000.
God took you to Heaven,
As I held your hand & cried,
Now a year has passed,
I think of you every day.
I love you dad, and will never
forget you.
Sadly missed, your daughter,
Luelia.

Monday Nighters never give up on the bowling lanes

By Art Sels

Hastings - The Monday Night Mixed Bowling League shone again and looking at the pinfall you get the feeling that some bowlers are "falling in love" with the pins. The good thing is that the super bowlers are leaving enough room for more to join while bowling up a storm.

Results from action between the gutters at Dodd's Lanes in Hastings Feb. 5 included high single performances by John Glenn 319, 267, 252; Paul Cardwell 288, 191, 177; Terry Chapman 275, 217, 202; Doug Dodd 270, 230; Hart Gazell 253, 239, 234; Dave Harper 236, 182; Diana Bucknell 233, 189; Dale McColl 230, 202, 181; Glenda Glenn 221, 181; Ellwood Sweeting 213, 177; Art Sets 197, 152; Patricia Priddy 195, 158; Frigo Zapelet 194, 157; Marjorie Wilson 185, 157; Helen Wilford 184; Doug Henry 181, 179; Fran Heffernan 175, 163; Murray Beamish 167; Helen Ward 166, 156; Bernie Heffernan 162, 147; Lyn Miller 160, 153; Fred Sauder 159, 149; Jane Henry 159 and Isabella Sels 152.

High triples went to John 838; Doug 730; Hart 726; Terry 694; Paul 656; Dale 613; Dave 577; Diana 568; Glenda 544; Ellwood 530; Don 500; Art 499; Patricia 481; Helen Ward 478; Helen Wilford 477; Frigo 461; Marjorie, Fran and Lyn each with 454; Bernie 440; Fred 431; Murray 424 and Isabella 409.

Pee Wee Hornets in command of Division final

Asphodel-Norwood - The Century Roofing Pee Wee "A" Hornets jumped out to a commanding two game lead in their best of five West Division OMHA final with 12-1 and 3-1 wins over St. James.

The second round opener was a solid all-round effort by the squad with the team starting strong and pressing until the final buzzer. St. James, with a shorter bench, was worn out by the onslaught.

Leading the offensive parade for Norwood was Ray Bradley with four goals and two assists while Dave Andrew, firing in a hat trick and setting up two more, also had a stellar game.

Also chipping in goals were Iain Kennelly, Chris Ridge-way and Kyle Harding with assists to Stuart Graham, Ryan Noffke (2), Harding, Josiah Oliver (3), Kennelly, Kevin Gourley (2) and Greg Kavish.

The second match on the larger Evinrude Centre ice was a more difficult task for the Hornets who participated in their second penalty-free game of the 2000 playoffs. The team came up with a very strong period to ice the win. Scoring for Norwood were Kennelly, Mike Sawyer and Bradley with Noffke and Andrew earning assists.

Hornets move on

Continued from Pg. 10-A

a pair for the Hornets with Stuart Graham and Dave Andrew rounding out the scoring.

In the playmaking department, Josiah Oliver had two assists with single helpers to Ryan Noffke, Bradley, Kyle Harding, Mike Sawyer and Greg Kavish.

Norwood will play the winner of the Frankford-Tweed series.

Protecting our natural heritage

Jean Fau is a chief park warden for Parks Canada. He and his colleagues protect the plant and animal life in our national parks. They also help Canadians explore and enjoy these special places. This is just one of the hundreds of services provided by the Government of Canada.

For more information on government services:

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- Call 1 800 O-Canada (1 800 622-6232)
- TTY/TDD: 1 800 465-7735

Canada



Black History Month

Henry Martey Codjoe

Having lived in Canada for many years now, I have come to know the month of February as Black History Month. In fact, since 1926, February has been designated as Black History month in North America.

During one of the Black History Month celebrations, I engaged in a chat with a gentleman who had come to find out what it was all about. During our conversation he kept asking me why do Black people need a month to celebrate their history? He wanted to know what is Black history? And if there is any history of African people at all to talk or read about.

I must say I was not surprised at his queries. I cannot remember the number of times I have heard or read somewhere that, as Africans we have not contributed anything substantial to history. In fact, to many Westerners we have no history at all. This statement by a Columbia University professor is very typical: "Over the past 5,000 years," he noted, "the history of black Africa is blank."

The black African had no written language; no numerals; no calendar, or system of measurement. He did not devise a plough or wheel, nor did he domesticate an animal;

he built nothing more complex than a mud hut or thatched stockade. The African had no external trade except in slaves of his own race, in ivory, and (on the West Coast) in palm oil and mahogany.

And of course, there is the much quoted pronouncement by the eminent Oxford University historian, Professor Hugh Trevor-Roper who said that: "Perhaps in the future there will be some African history to teach. But at the present there is none; there is only the history of Europeans in Africa. The rest is darkness... and darkness is not the subject of history."

Or what about the view expressed by the British scholar of Africa, Margery Perham, who wrote that: "Until the very recent penetration of Europe the greater part of the [African] continent was without the wheel, the plough or the transport animal; without stone houses or clothes except skins; without writing and so without history."

In his book, *Progress and Evolution of Man in Africa*, Dr. L. S. B. Leakey wrote that: "In every country that one visits and where one is drawn into a conversation about Africa, the question is regularly asked by people who should know better: 'But what has Africa con-

tributed to world progress?'

What I have found troubling though is how many of us in the Black or African communities still believe some of these statements. I have encountered Blacks who are completely ignorant or have less knowledge about African history - despite the many fine books on African history and the rise of the Afrocentric movement in North America.

African-American historian John Hope Franklin was right when he told an interviewer that: "[Blacks] can never expect the public schools to teach us as much about our history as we want to know. We can urge them, we can press them to teach more, but I think that much of this lies with us."

As someone interested in Black education, I find it a tragedy that many Black and African children grow up today convinced of their own inferiority.

The educational process largely ignores the contributions of Blacks to world civilization and is full of negative perceptions of Blacks and their culture. The school system in North America has continually perpetuated the historical myths and stereotypes about the African past.

I was almost moved to tears to read in a recent Canadian newspaper report

about a Black student who until enrolling in a Black-oriented remedial school never knew or read a book by a Black author. There have been reports about how studies in Black history have been an "eye-opener" for [Black] students" in Canadian high schools.

One account noted that students are not taught any African or Black history in regular classes. As one student put it: "They have always taken Canadian history, prime ministers, kings, queens. Maybe some US history. But they've never taken anything African." Or as another student said at a local high school: "History, Canadian history, English or anything else, was always about white people."

In a Windsor high school where a history course in African history has just begun, teachers observed how Black students are "amazed and are absolutely intrigued about what they learn about the African past." Similarly, the introduction of Black history in a Toronto high school in 1993 is part of an initiative to engage more black students in academics, to hook in kids who come from educational jurisdictions outside Canada.

Their vital interest in the course would be the means to develop their learning skills+researching, communicating, reading. "Already, teachers in Canadian schools have noticed what one called +signs of a newly informed dissent." One teacher observed that: "A few weeks ago, one of my students, stood up in his Grade 11 English class and asked why there weren't any black writers on the reading list." And "through the influence of the black history course, a number of 'high-risk' students are taking on more academically demanding courses and faring well."

I have always believed what African American historian John Henrik Clarke said a long time ago that, to control a people you must first control what they think about themselves and how they regard their history and culture. And when your conqueror makes you ashamed of your culture and your history, he needs no prison walls and no chains to hold you.

The chains on your mind are more than enough. Over time, many of us Africans have been injected with inferiority complexes, humiliation and cultural degradation as a result of the lack of knowledge of ourselves and our past.

We have become caricatures and an inferior subset of the human race in the body of Western thought. Teacher, historian and educational psychologist, Asa Hilliard has said many times that no groups other than Native Americans and African Americans, in the history of the United States have undergone more defamation of character through distortion, omission, sup-

pression of information, and genocide.

African American historian Carter Woodson has written about how "the thought of the inferiority of the Negro is drilled into him in almost every class he enters and in almost every book he studies.... To handicap a student by teaching him that his black face is a curse and that his struggle to change his condition is hopeless is the worst form of lynching. It kills one's aspirations and dooms him to vagabondage and crime".

This degradation of African peoples goes on till this day. Just witness the recent publication of Richard Herrnstein and Charles Murray's "The Bell Curve: Intelligence and Class Structure in American Life", a book that assigns genetically inferior intelligence to African peoples everywhere.

It is enough of a tragedy for colonialists and white racists to degrade Africans in this manner, but this tragedy is compounded when as Africans we join in the mockery. Therefore, to me, there can be no freedom until there is freedom of the mind. I always remember the lyric by the late Bob Marley which says: "Emancipate yourself from mental slavery. None but ourselves can free our minds."

This brings me back to why there is a Black History Month in North America. Why is it important to know our history? Carter Woodson, who is credited with founding Black History Month was the premier Black historian to put forward the idea of African history as a form of Black cultural empowerment and emancipation.

In his view, the knowledge and dissemination of African history would, "besides building self-esteem among blacks, help eliminate prejudice among whites."

He aimed both "to inculcate in the mind of the youth of African blood an appreciation of what their race has thought and felt and done" and to publicize the facts of the Black among whites, so that "the Negro may enjoy a larger share of the privileges of democracy as a result of the recognition of his worth."

In a speech at Hampton Institute in 1921 Woodson addressed the issue head on: "We have a wonderful history behind us. ... If you are unable to demonstrate to the world that you have this record, the world will say to you, 'You are not worthy to enjoy the blessings of democracy or anything else.' They will say to you, Who are you, anyway?"

Your ancestors have never controlled empires or kingdoms and most of your race have contributed little or nothing to science and philosophy and mathematics."

So far as you know, they have not; but if you will read the history of Africa, the history of your ancestors' people of whom you should feel

proud+you will realize they have a history that is worth while. They traditions...of which you boast and upon which can base a claim for a to a share in the blessing democracy.

Let us, then, study history...with the understanding that we are not all, an inferior people. We are going back to beautiful history and going to inspire us to great achievements. It is no longer to be long before we sing the story to the world as to convince it of the value of our history...and are going to be recognized men.

In his 1933 classic *The Miseducation of the Negro*, Woodson has the fundamental problem concerning the education of the African person. He shows how Blacks have been cut off from their culture and traditions, how as African people have attached ourselves to European culture often detriment of our own age.

Who would believe for example that, the music department of Fisk University, a traditionally Black university, concentrated on classical European music to exclusion of the music that expressed the Black experience in America, and that history and socio courses were rare and exceptional until after World War II?

Or that French textbooks on African history taught African children on the African continent, even to this day, would treat French colonialism in Africa as a justly blessed and glorious African?

If education is ever to substance and meaning within the context of North American and world history, Woodson argued, it must first address the African historical experiences in Africa and the Diaspora. "No nation, no race," served Dr. Charles Fine, the Morehouse School of Medicine "can face the century unless it knows what it is capable of. This is the function of history."

Thus, as James W. notes in his book, *A History of Blacks in Canada*: "A study of black history give blacks a sense of positive achievement of their people, and promote self-confidence and pride which are essential to any program of assertiveness." Cornell University Professor Martin Bernal, author of *Black Athena*, acknowledged that "Eurocentric history taught in schools and universities has had a very little ego-boosting, if not therapeutic, purpose for white people.... It's in a way normal to have the idea that Blacks should have some confidence building in their pedagogy."

There is a Swahili ad which says: "You are what you make of yourself, not what others make of you."

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offer a variety of delicious healthy food choices

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Kelly's Restaurant - Tweed
The Old Lumber Mill - Stirling
The Village Platter - Stirling

For a complete list see our Web site
or call 966-5513 ext. 226



Bart Blackburn prepares a Mighty Vegetable Stew with Sarah Backus, Registered Dietitian at Gateway Community Health Centre in Tweed. Bart is a member of the Friends and Neighbours group which received recognition from Heart Health Hastings Prince Edward for their heart healthy community event. Try this tasty winter vegetable recipe to get the vitamins, minerals and fibre you need for a healthy heart.

Do you think that the Canada's Food Guide to Healthy Eating recommendation to eat 5 to 10 servings of vegetables and fruit each day is too much food? In a national survey, 43% of people who think that nutrition is important reported eating more vegetables and fruit as one of the two top things they are doing to eat well. Join them. Check out the description of a serving size below to see how easy it really is to meet the Food Guide over the course of a day.

WHAT DOES ONE SERVING LOOK LIKE?



One medium fruit or potato the size of a tennis ball = 1 serving



A hockey puck size = 1 serving of fresh, canned or frozen vegetables or fruit



A little bigger than a deck of cards = 1 serving of fresh, canned or frozen vegetables or fruit



4 fl. oz. or 1/2 cup or 125 mL of 100% vegetable or fruit juice = 1 serving



1 cup or 250 mL of tossed salad = 1 vegetable serving

For a change of pace, this fragrant, flavourful stew combines Ontario winter vegetables with Mid-Eastern spices to give a satisfying meatless meal. Serve with pita bread or rice.

Mighty Vegetable Stew

Ingredients

- | | |
|--------------------|---|
| 2 tbsp (25 mL) | vegetable oil |
| 3 cloves | garlic, minced |
| 1 | large onion, peeled and cut in wedges |
| 1 tbsp (15 mL) | gingerroot, minced |
| 1/2 tsp (7 mL) | ground cumin |
| 1 tsp (5mL) | ground coriander |
| 1/2 tsp (2mL) | black pepper or dried chili peppers |
| 1 (28 oz/796mL) | canned tomatoes, diced |
| 5.5 fl. oz (156mL) | tomato paste |
| 2 cups (500mL) | rutabaga, bite-size cubes |
| 2 cups (500mL) | carrots, thickly sliced |
| 1 1/2 cups (375mL) | button mushrooms whole or large mushrooms cut in half |
| 2 cups (500mL) | frozen peas |
| 1 (19 oz/540mL) | can of chick peas, rinsed well and drained, or canned kidney beans, navy beans or lentils |
| 1 cup (250mL) | raisins (optional) |

For garnish: (optional) sprinkle with chopped Italian parsley or cilantro, and chopped peanuts.

Preparation time: 15 minutes

Cooking time: 45-55 minutes

Serves: makes 7-8 servings

Directions:

- In a large saucepan, heat oil over medium heat.
- Cook garlic and onion, add ginger, cumin, coriander and pepper - stir for 2 to 3 minutes.
- Add tomatoes, tomato paste, rutabaga, carrots and bring to a boil. Cook for 35 to 45 minutes or just until tender. Stir occasionally.
- Add mushrooms, peas, chick peas and raisins. Cook for 8 to 10 minutes or until hot.
- Serve on rice or in a pita. Sprinkle with parsley or cilantro and chopped peanuts.

Adapted from materials produced by Foodland Ontario.

For more vegetable recipes visit <www.foodland.gov.on.ca> or call toll free 1-888-4BUYONE.

MAKE HEALTHY CHOICES FOR A HEALTHY HEART



BE ACTIVE

Two-thirds of all Canadians are risking their health and quality of life through dangerously inactive lifestyles.

The top three reasons adults give for not being physically active are:

"I DON'T HAVE ENOUGH TIME..."



- Make fitness a priority for you.
- Book in activity time and stick to it like it was an important meeting.
- Take a brisk walk before having your lunch.
- Have a stretch break at coffee time.
- Find blocks of at least 10 minutes throughout the day to do something active that you enjoy.

"I CAN'T SEEM TO GET STARTED..."



- List good reasons to be active and what you will gain.
- Choose activities you enjoy.
- Get the support you need - do things with a buddy or group.
- Write out your plan and reward yourself for accomplishments.

"I'M TOO TIRED..."



- Move a little more - the more you move, the better you feel.
- Get started - once you do, your energy level will increase.
- Enjoy deeper sleep as a result of being more active.
- Pick the time when you are most energetic and try it - you can do it!



Students Alex DeBruin, Grade 3, and Mike Smith, Grade 6, take part in Quality Daily Physical Education (QDPE) at Harry J. Clarke School. Marg Thompson (standing), Physical Education Specialist, co-ordinates QDPE activities at the school. She and Sharon Stickle (front), Public Health Nurse, are members of the Heart Healthy School Working Group, which supports QDPE for all elementary schools by providing materials, teacher workshops and a QDPE class award. The group provided curriculum support resources in May 2000 to address tobacco use prevention and will distribute healthy eating materials to teachers this spring.



This photo was the winner of the Favourite Places to Walk Contest. Anne Pond and her family enjoy walking through Riverside Park in Belleville. For ideas on adding physical activity to your day, contact the Healthy Life Line at 966-5513 ext. 610.

For further information:



The Heart Health Hastings Prince Edward Web site provides additional information to help you make healthy choices for a healthy heart

- > see the Heart Health quilt
- > discover a great place to go walking
- > choose an Eat Smart restaurant

You can find us at:

www.hearthealth-hpe.org
or call us at 966-5513 ext 212



Twenty-three area libraries received Heart Health resources recently. Here Joan Black (right), a member of the Heart Health Media Working Group, presents Picton's package to librarian Barbara Sweet. Find some new recipes in one of the heart healthy cookbooks in your local library.



The Heart Health quilt and accompanying display bring important message about women's heart health. Some members of North Hastings Quilt Club pose the quilt which was displayed at September show in Bancroft. To the quilt for your community event, 966-5513 ext. 301.



BE SMOKE FREE

Smoking causes 30% of deaths due to heart disease. Smoking is not an easy habit to break. Few people are able to quit the first time they try. Many try several times before they finally succeed. It can be done. When trying to quit smoking, a combination of methods gives you a better chance of success.

SOME SUPPORTS AVAILABLE ARE:

- Assistance from your family doctor or local pharmacist.
- Zyban - a nicotine-free pill which may reduce withdrawal symptoms and the urge to smoke. Available by prescription only.
- Nicotine Replacement Therapy - nicotine patches and gum partly replace nicotine from smoking and cut down cravings to smoke. Talk to your doctor or pharmacist about this method.
- Free self-help quit smoking programs available through the Health Unit:

One Step At A Time for Adults

One Step At A Time for Teens

Stopping When You're Ready for pregnant women who smoke

Program booklets contain facts, activities and tips to build self-confidence and skills to assist you in quitting. To obtain the free self-help program that's right for you, call the Health Unit's "Tobacco Talk" Line, at 966-5513 ext. 600. A few questions will determine which booklet should be mailed to you.

The One Step At A Time for Adults booklets may be viewed at the Canadian Cancer Society's Web site <www.cancer.ca/tobacco>. For information, advice and support when quitting call their Smokers' Helpline at 1-877-513-5333.

CHOOSE THE SUPPORTS THAT ARE RIGHT FOR YOU. YOU'LL BE GLAD YOU DID.



Wanda Dodds, Occupational Health Nurse at Invar Manufacturing in Quinte West, discusses the One Step At A Time smoking cessation program with employee George Haines. Wanda is a member of the Heart Health Workplace Working Group which distributes the Ticker Talk newsletter to 260 workplaces, three times a year.

HEART HEALTH HASTINGS & PRINCE EDWARD IS A COMMUNITY PARTNERSHIP SUPPORTING HEART HEALTHY LIFESTYLES. WITH FUNDS FROM THE ONTARIO MINISTRY OF HEALTH AND LONG-TERM CARE, WE WORK TO PROMOTE CHANGES IN SCHOOLS, WORKPLACES AND

COMMUNITY TO MAKE IT EASIER FOR PEOPLE TO MAKE HEART HEALTHY CHOICES. STEERING COMMITTEE MEMBERS:

Algonquin & Lakeshore Catholic District School Board

Council for a Tobacco Free Hastings and Prince Edward

Gateway Community Health Centre

Hastings & Prince Edward Counties Health Unit

Hastings & Prince Edward District School Board

Heart and Stroke Foundation of Ontario

Quinte Healthcare Corporation

Learn about Local Health Services online

The Access Centre for Hastings & Prince Edward Counties can now be accessed through the Internet.

"We are pleased to provide the public with another tool to access information about community health care", said Bob Kitcher.

The site offers information about the services offered at the Access Centre as well as

links to other relevant health care sites.

As we are seriously under services and resources in this region in terms of health and other community services, then Internet is becoming an increasingly vital part of the health care mix.

People can use the Internet to learn about health services available to them in Hastings and Prince Edward Counties so they can make

The Access Centre web address is

The Access Centre coordinates community nursing, homemaking/personal support, physiotherapy, occupational therapy, dietetic counselling, speech language pa-

The Access Centre for Hastings and Prince Edward Counties provides services to roughly 2,800 people daily at a cost of \$20 million annually.

Demand for services is expected to grow by another 6% this year.

The Access Centre coordinates community nursing, homemaking/personal support, physiotherapy, occupational therapy, dietic counselling, speech language pathology, social work, mental health, provision of equipment for some health, supplies and some drugs.

In addition, the Access Centre coordinates all admissions to Long-Term Care Facilities for the residents of Hastings and Prince Edward Counties.

Farmer's Displeasure

Ontario agriculture minister echoes farmers' disappointment over industry crisis being ignored

Ontario's Minister of Agriculture has echoed the disappointment of the province's farmers.

- very clear. I think it is a problem that needs to be addressed."

In a press release from his office, Hardeman noted that three federal cabinet ministers had made campaign promises that money would be coming forward in farm relief.

"Coming from the school of thought that says a promise made is a promise kept, I am concerned with this lack of action," he said.

"I think we do need to have a meeting of all provin-

"I hope our federal and provincial ministers on this," he said. "Hopefully, in the very near future we can have a meeting with our federal counterpart to discuss the issues."

Canada to Disaster-Proof Critical Infrastructure

Canada created a new organization recently to protect key elements of the country's communications, transportation, safety and utilities networks from civil emergencies, natural disasters or deliberate attacks. Prime Minister Jean Chretien said the new Office of Critical Infrastructure Protection and Emergency was needed to ensure the country's crucial information technology networks could survive any kind of calamity, including cyber-crime. The new office, to be headed by Margaret Purdy, the associate deputy defense minister, will also take over the work of Canada's emergency preparedness department. Chretien said the new office would focus on protecting key components of the energy, utilities, communications, services, transportation, safety and government sectors -- all of which are heavily dependent on information technology. "The protection of Canada's critical infrastructure from the risks of failure or disruption is essential to assuring the health, safety, security and economic well-being of Can-

"Strong and safe communities will benefit from assured emergency and government services and from the ability of law enforcement to deal with serious crime, including cyber-crime," it said.

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Madoc The Review

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Beatlemania....Again

by Alma Fox

The long and winding road of the baby boomers has brought us full circle, it seems, as we see bell-bottomed pants, platform shoes and long straight hair in style once again. Who would have thought it? We "protested" our way through the Beatles, "hustled" our way through the disco 70s, almost gave up on the "non-happening" music of the 80s, and the 90s brought us so many new young groups that we just couldn't keep up. (Was it our advancing age???)

My generation remembers exactly where they were when they first heard the Beatles singing "She Loves You". It was the beginning of a metamorphosis in music, culture and society. It was the era before we had kids and mortgages and definitely before we had any serious relationships.

Undoubtedly, my mother was right. "Simply fantastic!!!", she would say about the Beatles. I was writing for the old *Toronto Telegram* at that time, in the early 60s, and had the great fortune to interview them backstage at the concerts.

I had to pry my mother

from my back as she was quite furious she couldn't come with me. My daughter was trained on Beatle music right in her high chair and knew the Beatle songs long before she knew addition and subtraction.

This past Christmas night after an orgy of turkey and trimmings, and several very fattening desserts, the whole family collapsed in the living room in front of the fire. Exhausted, and finished with our day, we were to find that Ashley, our four (going on 12) year old granddaughter, was not finished with hers. Amid the heaps of exciting new Christmas toys and expensive games, Ashley had "nothing to do". Her Grandpa, not to be outwitted, suggested she listen to music on his walkman. Well, he put on the Beatles 1 CD....and it was history re-lived! Love at first note. When I heard those first few notes of Beatle music, all those many years ago I certainly never imagined I would be playing it for my granddaughter. (How did I ever get to this age anyway???) She actually sat still, in one place, for more than a minute and after hear-

ing the songs only twice, she began to memorize the words. That makes four generations of Beatle maniacs in our family.

How does their music transcend the generations? What is the magic? How could they have the top selling CD of the year 2000, when it was only released on November 14 of that same year?

I don't have all the answers, but what I do know is that if I'm a little down and sick and tired of shovelling snow, and can't afford a vacation in a sunny place, I can put on some Beatles music and I feel a little brighter, a little better. A bit more optimistic. Beatles 1 is probably the best antidote right now for the winter weariness. As my mother would say, they're simply fantastic!

Oh, one last comment before I close; my daughter and son-in-law get many a chuckle when Ashley rides in the car with them, listening to a walkman, and in the midst of their perfectly quiet companionship they hear that little voice from the back seat singing "yeah, yeah, yeah".



Pictured with Jim Roulston, Manager of the Madoc Toronto Dominion Bank are Library Board members Dave Shulz and Gayle Ketcheson. Mr. Roulston is presenting a cheque in the amount of \$2500.00 for the new library construction project. Photo by Aubrey Johnson

Community Giving Program

Our Focus is...
Contributing to our communities...

Contributing to the growth and vitality of our communities is a core value at TD. Through the TD Community Giving Program, we provide support to hundreds of charities and non-profit organizations across Canada.

Our donations are focused primarily on children's health, welfare, safety and education.

On children and youth...

Children and youth are the focus of TD's giving pro-

gram and while donations are made in all areas, we allocate a major share of our overall giving to fund organizations that benefit young people.

The reason is simple - we care about the future of our children. Student financial assistance is an area of particular focus.

For this reason, a substantial portion of our giving has been designated to establish the TD Bank Financial Group Bursary at universities across the country.

We strongly believe that if we really want to make a difference over the long

term, we must look to the needs of children. And so, we hope to continue to build a bright future for Canada's communities and operate.

Contributing to the communities that support us and youth is part of our strategy for a brighter future. Direct donations, sponsorships, gifts and employee volunteerism TD supports a host of regional and national children's programs designed to help health, safety and education.



Currently at 70% of its required funding, the new library will replace this one. Residents have become used to seeing as they go about their business in Madoc. Extensive renovation plans call for the newer facility to be more in line with environment and community needs. As such, the vision of the new facility will be an all encompassing cultural centre, housing the library's eclectic collection of state-of-the-art computers and culture showcase. Photo by Aubrey Johnson

Hydroponic Marijuana

Crime Stoppers and area police services are seeking the public's assistance in locating and porting marijuana growing indoors.

The term "hydroponics" is used for all indoor growing of marijuana and it takes specific equipment and conditions to grow these plants to produce the chemical content desired.

Sodium or metal halide lighting, which produces a simulated sunlight and heat are needed as well as electrical transformers, which are required to enhance the electrical output.

Walls are lined with reflective material such as aluminum foil to again produce the sunlight effect.

If you notice the high in-

tensity lights, the shiny wall coverings, the buzzing of electrical transformers and the smell of growing marijuana, then you probably have found a hydroponic growing system.

The cultivation of marijuana is a crime. Crime stop-

Upcoming

Forum

The Hastings and Prince Edward District School Board will be hosting a special education community forum at various locations over the next few weeks.

On Wednesday February 21, from 6:30 to 8:30 pm, the meeting will take place at CHSS.

A variety of topics, including identification and placement processes, individual education plan standards and a question and answer period will be addressed.

persons will pay up to \$1000 for information leading to the arrest of persons, the seizure of drugs or recovery of stolen property. You never have to give your name or testify in court. Crime Stoppers does not subscribe to call display nor any other form of caller identification. Call Crime Stoppers toll free at 1-800-222-8477.

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Madoc The Review

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Tudor & Cashel Townships

Minutes of Council for February 6, 2001. The meeting was chaired by the Reeve.
Stead Covert was absent.

All motions were carried.

Wanda Donaldson-Dennis Foster: To adopt the minutes of the previous meeting as circulated.

Raymond Henley-Dennis Foster: To receive correspondence arising from the previous minutes.

Raymond Henley-Dennis Foster: To employ Douglas Ramsey of RR#1 Eldorado to fill the position of Dump Site Super to commence April 1, 2001.

Dennis Foster-Wanda Donaldson: To approve payment of Vouchers #1 for roads and general expense.

Wanda Donaldson-Dennis Foster: To reappoint the Clerk to represent Council on the Centre Hastings Medical Centre Board for term of Council.

Raymond Henley-Wanda Donaldson: To set new rates for equipment and operator as follows: Loader \$57.00/p/h; Grader \$72/p/h; Steamer 55p/h; Tandem truck \$47.50/p/h (\$80/p/h with plow and sander). Time to be charged from leaving shop to return to shop.

Raymond Henley-Dennis Foster: To forgive the penalty on Roll#01521325 due to extenuating circumstances beyond owner control.

Raymond Henley-Dennis Foster: To adjourn to meet on Tuesday March 6, 2001 at 7:00pm or at the call of the Reeve.

"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great."

-Mark Twain

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E-Books Barely a Blip on Publishing Radar

They are hefty and pricey. If you do not want to drop the bath, making e-books a tough sell after several heavy-duty technology companies have jumped into the tested market.

Reading an e-book is just reading a book... but it's less fun, more expensive and heavier." Robert Hertzberg, an analyst with Jupiter Research, said. "It's not much of a marketing motto."

So far few readers have weaned from traditional hand-paper books. E-sales barely show up in the \$96 billion U.S. consumer electronics or publishing markets.

Consumers are turned off by the price, since the cost as much as regular books; the gadgets start at \$100 retail and weigh as much as a cover volume.

Other complaints include shortage of books in the digital format and some lens that are small and hard-to-read. There is also problem of incompatible software formats.

"It's kind of like the Tower of Babel out there. There are a lot of different formats," said Greg Winsky, executive vice president at Franklin Electronic Publishers Inc., maker of the

eBookMan reading device.

Electronic books are basically gadgets aimed at replacing printed pages with digital versions. Instead of taking books off a shelf, bibliophiles can download volume after volume into their electronic readers and erase them when they finish.

But downloading can be cumbersome. For example, digital books in Microsoft's Reader format have to be shunted to a personal computer or laptop before they can be switched to a handheld device.

Experts predict e-books are more likely for now to be used for textbooks or reference works, rather than for entertainment, because they can be searched by keywords and it is easy to update materials.

In a significant textbook deal, startup software company Rovin Inc. last week inked a deal with textbook publisher Houghton Mifflin Co. to deliver material online.

E-BOOK USE SEEN JUMPING BY 2005

Current e-book usage is tiny, considering the potential market. A survey by Jupiter Research put the number in use in the United States at only 100,000, but Jupiter forecast 1.9 million users by 2005 as prices drop and quality improves.

Electronic books "cost

too much, and they don't look good enough at the moment," said Malcolm MacLachlan, an analyst with IDC, a research firm.

"The prices are way too high, so we think there will be a relatively slow customer adoption," said Jupiter's Hertzberg.

A report from Forrester Research estimated revenues from digitized book publishing at \$7.8 billion in 2005, up from \$838 million this year. The high-speed printing of books from computers on demand makes up about half the market.

Sales of books designed to be downloaded and read on special devices are expected to rise to \$251 million from just \$12 million this year, according to Forrester.

Richard Doherty, director of research at technology assessment company Envisioneering Group in Seaford, New York, said copyright restrictions and accords limiting distribution of material would limit wider use of e-books. But he said a sleeker display screen from Japan's Sony Corp. could attract readers.

Sony unveiled an organic electroluminescent display screen last week that is just a little thicker than a credit card and is aimed at replacing the ubiquitous liquid crystal display screen. It

hopes to start mass-producing them by 2003.

"These devices are still being adopted faster than CD players and VCRs (video cassette recorders) were when they came out," Doherty said.

Devices now on the market include Franklin's handheld eBookMan, which can also store appointments and play digitized music, and the REB 1100 and 1200 eBooks from RCA.

These gadgets have competition. Readers also can download material to read on

personal computers or on pocket computers, such as the Palm series.

At the start of 2000, the technology side of the business was wide open. Upstarts like Glassbook and Softbook Press were elbowing for leadership.

But by the start of this year, Microsoft, publishing software maker Adobe Systems and media and software company Gemstar-TV Guide International controlled the most popular software and hardware for reading e-books.

They have staked out big chunks of the market by buying up competitors or marketing new technology. For example, Microsoft, the world's biggest software company, has come out with both handheld and personal computer versions of its Reader software.

According to Microsoft, more than 750,000 copies of Microsoft Reader software have been sold since it was launched last August. Microsoft rival Adobe launched its Acrobat eBook Reader program on Jan 29.

School Uniforms

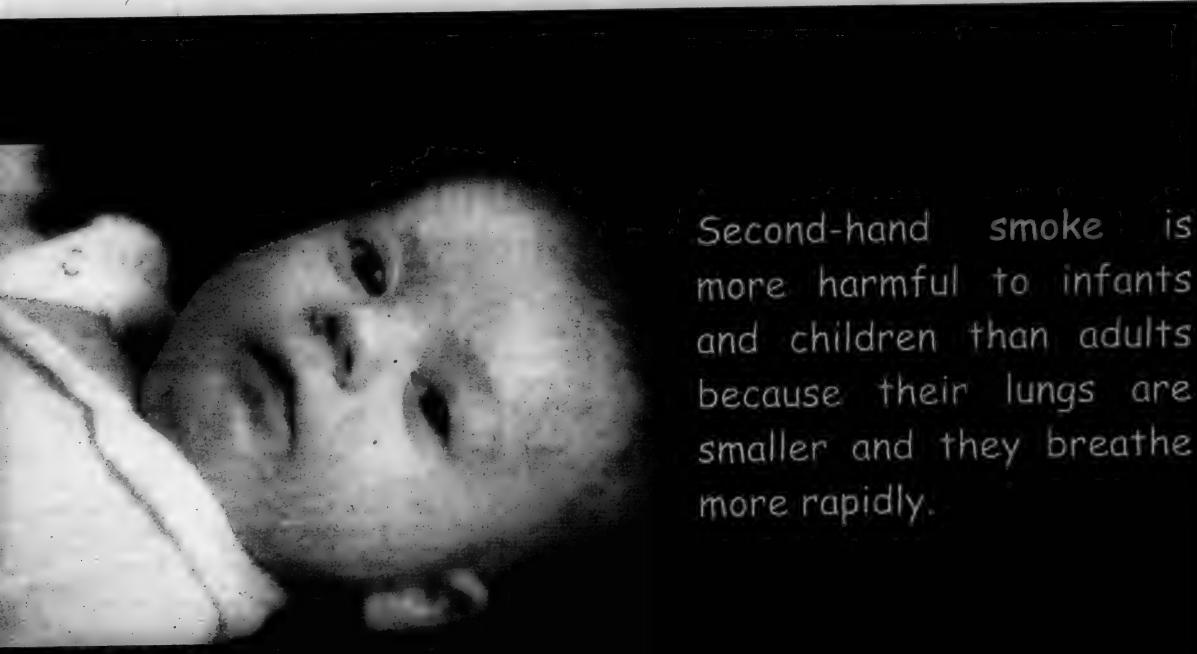
Where They Are and Why They Work

A safe and disciplined learning environment is the first requirement of a good school. Young people who are safe and secure, who learn basic values and the essentials of good citizenship, are better students. In response to growing levels of violence in our schools, many parents, teachers, and school officials have come to see school uniforms as one positive and creative way to reduce discipline problems and increase school safety.

They observed that the adoption of school uniform policies can promote school safety, improve discipline, and enhance the learning environment. The potential benefits of school uniforms include:

- decreasing violence and theft -- even life-threatening situations -- among students over designer clothing or expensive sneakers;
- helping prevent gang members from wearing gang colors and insignia at school;
- instilling students with discipline;
- helping parents and students resist peer pressure;
- helping students concentrate on their school work; and
- helping school officials recognize intruders who come to the school.

Many private and parochial schools have required uniforms for a number of years. Still other schools have implemented dress codes to encourage a safe environment by, for example, prohibiting clothes with certain language or gang colors.



Second-hand smoke is more harmful to infants and children than adults because their lungs are smaller and they breathe more rapidly.

Photo courtesy of Health Canada

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McComb, Broek shine as Rebels grab playoff lead

By Rolly Ethier

Campbellford--With Jamie McComb providing much of the offensive thrust, the Campbellford Rebels stormed from behind a 4-1 deficit to take over the driver's seat in the Empire League junior C semi-finals.

Rebels emerged 7-5 winners over the Picton Pirates in the opener of the best-of-seven series. The teams meet again Thursday night in Picton and then return to Campbellford Tuesday night for game three in a 7:30 p.m. faceoff.

Trailing by a three-goal margin after the Pirates popped in two goals, both by Wayne Brown in the early minutes of the second period, Rebels launched their comeback after a goaltending switch. Coaches Tom Tanner and Ed Stapley gave Ed Stevens the hook in favour of Jordan Ashley.

Then McComb worked



Ryan Broek

with Ryan Broek, on the scoring play that appeared to give the Rebels' juices flowing. Then, in rapid succession, Kevin Cork, Adam Hagerman and Cork again all connected and suddenly the Rebels were in front 5-4. Broek was a playmaking dynamo as he assisted on three of the goals. Overall, his productive performance included being involved in five of the seven Campbellford goals.

Picton took a 2-1 first

period lead as Darren Raycroft and Tim Pope connected to offset an opening goal by defenceman Ryan Binkley on a pass from McComb.

Pirates Outshot

Although Rebels outshot the visitors 30-17, goalie Nick Vangemeren kept the Pirates in the game with some outstanding stops. But the Rebels didn't ease off and kept coming at the Pirates in the final period.

Broek, working with McComb, scored a key goal at the 16:38 mark, only to have the Bucs come battling back about 90 seconds later when Mark Allen scored to cut the Campbellford margin to 6-5.

It stayed that way until McComb put the verdict beyond doubt on a three-cornered play with Binkley and Broek with only four minutes and 36 seconds remaining.

Agricorp will process registration of farms

Port Hope--Northumberland Federation of Agriculture is working with the Ontario Federation of Agriculture and Agricorp to ensure the successful transfer of Farm Business Registration from OMAFRA to Agricorp.

Agricorp has agreed to a contract with OFA and OMAFRA to process Farm Business Registrations in the next three years. Registration of all farmers grossing over \$7,000 in Ontario began Jan. 1, 2001 and continues until March.

Registration forms will arrive according to the fifth digit of the farm postal code. As an example, A-J will arrive in January and so on through the rest of the names

in order. Farms pay \$150 to OFA through the registration process to fund OFA's work on behalf of farmers in Ontario.

"The Farm Tax Assessment Rate and Retail Sales Tax exemptions on farm inputs, including building materials are just a couple of examples of OFA working for farmers," says John Boughey, NFA President.

"It's also important to remember that \$25 of the member fee for each farm comes back to fund county activities in Northumberland. The NFA newsletter keeps local farm news circulating. NFA sponsors workshops and provides information on farm vehicles--Rules of the Road, Farm Safety Nets,

Hydro restructuring and Rural Water Quality issues."

In addition, NFA provides assistance for the "Field to Food" Agricultural Awareness Event to educate school children about food production and helps sponsor the Rural Ramble Farm Tours. It also supports other farm groups in the county.

Northumberland Federation of Agriculture is also part of a major study presently under way on the economic impact of agriculture in Hastings, Prince Edward and Northumberland counties.

"This study will emphasize to local and provincial officials the economic im-

continued on page 6-A

Local group offers refurbished computers for charities, non profits

They are also looking for donations of useable equipment

"This is a great initiative for people constantly upgrading their computer equipment," Mrs. Turner said.

And while it can serve as an important conduit for charitable organizations looking for affordable computer technology, it is also a unique way of diverting this sort of hardware from the waste stream, something Susan Sauve, Waste Management Co-ordinator for Peterborough City, applauds.

reBOOT north, a joint venture between reBOOT Canada and the Community Opportunity and Innovation Network (COIN), is dedicated to making affordable computer technology available to organizations throughout eastern and northern Ontario servicing communities in the entire 705 and 613 area code region.

The organization's start-up was tabled at Asphodel-Norwood Council Monday night and received a strong endorsement from Deputy Reeve Cathy Turner.

Anyone interested in donating equipment is invited to

call the organization at 705-749-5815. The will receive a tax receipt for the market value of computer equipment donated that is considered saleable -- market value is determined by edeal.com, an on-line evaluation system. Donations of five or more systems can be picked up by reBOOT north.

Charities or not for profit organizations (they must have a registration number) interested in purchasing a system can contact the office for details. The packages include a CPU, a colour monitor, keyboard and mouse. Customers are responsible for the pick up or shipping arrangements as well as setting them up. The packages come with a 30-day warranty.

reBOOT north also says it will offer service on the systems it sells and can upgrade systems to customer specifications. Inventory changes daily.

Staff and volunteers provide service and support to

Yellow ribbon campaign targets aggressive drivers

By Bill Freeman

Asphodel-Norwood - Area residents will be encouraged to attach a yellow ribbon to their vehicle as part of a new campaign led by the Safe on Seven (SOS) Committee that kicks off Feb. 22 and targets aggressive driving.

With special funding provided by the Auto Insurers Bureau of Ontario, the SOS Committee and a number of key partners, including the Kawartha OPP, the Ministry of Transportation, the City-County Health Unit, Peterborough County and the Road Safety Values Program (RSVP), will officially launch the campaign during a special launch at the Asphodel-Norwood Council

Chamber Thursday (11 a.m.).

The Yellow Ribbon campaign will focus on educating the public about the perils of aggressive driving during late winter and early spring ushering in another concentrated enforcement initiative during the peak summer traffic periods if funding is secured, as it was last year.

"It is similar to the Mothers Against Drunk Driving campaign," says Jill Ritchie of the Health Unit.

The Committee will produce 5,000 "Aggressive Driving Kills" flyers which will have yellow ribbons attached to them.

Continued on Pg. 6-A

"Help us remind everyone to drive safely by tying this ribbon to your vehicle. Together we can stop aggressive driving. It takes everyone."
Yellow Ribbon Campaign flyer

Continued on Pg. 6-A

Continued on Pg. II-A

Time to review catalogues for seeding

By Madeline Simpson
On Monday night, Feb. 12, the Campbellford and District Horticultural Society held their first meeting of the New Year at Jenkin's Hall with a good attendance.

Before the meeting, members lined up to renew their membership—a busy time for Dorothy Thomson, membership convenor.

Glenn Bennett, president, welcomed members and some newcomers, and named the new executive and directors for the Year 2001. He explained that the year book would be ready for the March 5th meeting. He and Mary Weiland have arranged or speakers for future programmes.

Marina Botsford explained how to borrow books from our library and showed a new book to be added entitled "Growing Seeds."

Plants and baskets on the Sale Table quickly disappeared before the meeting began. Glenn listed some of the garden shows as follows: March 15-18—International Home and Garden Show at the International Centre, Toronto; March 14-18—Canada Blooms at the Metro Convention Centre, Toronto; March 30, 31, April 1-2—Spring Time in Quinte, Belleville; April 13-14—Garden Show, Peterborough at the Evinrude Centre.

Blooms Show

Mary Weiland announced that plans to have a bus leave from Warkworth to Canada Blooms Show is in progress. A group of 45 at a cost of \$30 per person is needed.

Lois Bennett judged and reported on the mini-show which featured evergreen designs, Valentine swags, a pencil sketch of something new for the 2001 garden, a container of a variety of house plants and show-offs.

Robert Lisle showed birdfeeders made from large plastic juice bottles with panels cut out, and a wider tray (an aluminum pie plate or cut-off bottom of plastic pail). It is fastened by a screw nail to the base of the bottle and a hanging hook or wire attached to the top.

Glenn Bennett conducted the usual February programme. Stokes Seed Catalogues were handed out, members went into small groups and looked up information on specified flowers or vegetables that would grow best in Zone 5B. These are some of the choices:

Asters—Mostly fall blooming (120 days from seeding) such as Dwarf Pot Asters, Mini Lady, Spider Asters, Massagno Mix; Tiger Paws; Pom-pom Mix; Matsumoto Blooms 90 days after seeding, an early variety, if interested in showing at the fair.

Geraniums—If grown from seed they need to be

planted now. A good bloomer with large flower heads is the Maverick series. Star is particularly beautiful.

Marigolds—Janie series (deep orange); Bonanza, and African Hybrid; Diamond Jubilee (large).

Petunias—Celebrity or Storm series stand up to wet weather. Fantasy—early blooming; Daddy Mix—dark veined; Grandiflora (double); Purple Wave—try starting new plants from cutting.

Snapdragons—La Belle Mix—azalea flowers, base-branching which is important; Rocket Blend—tall and may need staking. Plant in clumps for support.

Zinnias—Try to choose a series that is resistant to

powdery mildew, such as Giant Dahlia Flowered—early blooming; Dwarf Button Mix, Lilliput or pom-pom—all small and double, spray growing plants for mildew.

Cosmos—Ladybird mix, small, double, yellow, orange, red. Large flowered tall—Picotee and Sonata Mix self-seeding.

Peas—Sugar; Lincoln; Green Arrow, Wondo—seed in mid-summer for a fall crop.

Cucumber—For slicing: Straight 8; for dill—Pioneer; for pickling—Bush Baby, prolific.

Tomatoes—Heinz; small fruited—Sweet Million; Capri—for sauces, has a deep red colour.



Magical goaltending: Curtis King of the Legion Branch 300 juvies has been sensational in net for the Hornets during their excellent OMHA playoff tussle with the Percy Bulldogs. Despite King's heroics, the smooth-skating Bulldogs have jumped to a 2-0 series lead after winning two, 2-1 games in overtime. Photo/Bill Freeman

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They're all sweet, We know that's true,
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REMINDER

All ballots for the Baby Contest
MUST be at the Head Office
LATER THAN 5:00 p.m. on
Friday, February 23rd

The winning babies will be published in the Midweek section on March 3rd, 2001

Thank you.

intrepid
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RESPONSIBLE RIDING TIPS

Craig Nicholson

TRIP PLANNING

To ensure everyone has fun, answer these questions when planning a day trip:

- How long is the ride?
- Is this intended as a family trip or a more aggressive ride?
- Is everyone suitably equipped and fuelled?
- Where will gas be available?
- When/where are rest and lunch stops?
- How long between stops?
- What kind of riding should we expect (eg. lake crossings, abandoned rail lines, open fields, forest, etc.)?
- Does everyone have a map of the proposed route?
- Does anyone have to be back by a specific time?

FAST FACT OF THE WEEK

85% of riders enjoy Ontario snowmobiling very much.

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Senior Hornets, Wolves tangle in exciting match

Asphodel-Norwood - The Norwood Senior Tyke Hornets faced off against the Otonabee Wolves Sunday in a fast-paced and exciting match with the Hornets earning a hard-fought 7-4 win.



Everyone had their stick on the puck at one point or another during the contest. The Tykesters have developed into a great little "team" and showed off their shot-blocking, passing and rushing skills during the game against Otonabee.

Zack Aker made some great saves keeping the score where it was.

Adding their name to the score sheet with goals/assists were Angela Crowley, Blake Anderson, Joshua Bucholtz, Brandon Kingston, Dylan Brightman, Casey Fleming and Kevan McDougall.

The defence of Chase Baptie, Nicole Terry, Mitchell Klompmaker, Blake Redden, Clinton Coppaway and Evan Calder had a terrific game holding the Wolves out of the Hornets' end for most of the game and pushing the puck forward for all those scoring opportunities.

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Continued from Pg. 4-A

These flyers will be distributed to residents living in the highway 7 corridor through local post offices. Posters will also used to get the message across.

The flyer, borrowing ideas suggested by the National Highway Safety Network, addresses "aggressive driving behaviour or habits that endangers other road users."

"There are no accidents. Driver error is the number one cause of injury," the flyer states.

"Help us remind everyone to drive safely by tying this ribbon to your vehicle. Together we can stop aggressive driving. It takes everyone."

Information sign boards will also play an important role in the campaign, says

Senior OPP Constable Deb Belisle.

Senior Const. Belisle says she hopes to be able to secure between five and seven boards that would be introduced in the area during the month of March.

"Real asset"

"They can be a real asset," Senior Const. Belisle said during an SOS meeting last week at the Asphodel-Norwood Community Policing office. Representatives from both the Asphodel-Norwood and Havelock-Belmont-Methuen Police Committees and the Health Unit were also at the meeting.

Senior Const. Belisle says the information boards will be especially important during the construction along the highway which officials hope will start sometime this

spring.

"I think the boards really work," she says. "If you put something on it people start thinking about it."

Build on successes

That has certainly been the case with the sign now located at the Kawartha Detachment, she noted.

"It does make the average citizen think. It does give it (the campaign) a certain level of credibility," says Mary Anne Storey, Chair of the HBM Police Committee and co-chair of the SOS Committee.

"We want to build on what previous committees have started," says Dieter Widauer, a member of the Asphodel-Norwood Police Committee.

Senior Constable Belisle, who helped acquire grant money for last summer's RSVIP initiative along highway 7, says she will be applying for funding again this summer but it will be for the entire county.

"All the money will not be spent here," she says.

But if they are successful there will certainly be an enforcement component along Highway 7.

For this winter educational initiative the Asphodel-Norwood and Havelock-Belmont-Methuen Police Committees have received \$3750 and \$3900 respectively. The money must be spent on educational activities.

Havelock humanoids hurl headers...twice

By Eileen Young

Hastings - On Jan. 29, the Havelock Monday Afternoon Ladies League did the best they could in spite of the head-pins and cursed corner pins that refused to go down.

Marg Greenly did well with her games of 185 and 217 and triple of 572; Wanda Greacen, one of our dedicated spares, did extremely well bowling 169 and 180 and a triple of 459; Joan West came on strong with her great games of 144, 154 and 130 for a triple of 428; Camille Edwards bowled a game of 161; Marie Kirby had a good game of 133; Eileen Young came out of her slump long enough to bowl 222 and a triple of 582 (she was in last year's AIL, American Income Life Canada, Association Executives Championship) and Blanch Gordon had two games of 124 and 121.

Julie Norbury came through with a game of 203; "Twinkle Toes" Judy Ellidge had a good day with her 189 and 200 and triple of 540; Donna Finney had a game of 167; Peggy Smith bowled a 172 and triple of 463, Margo Masson reached the tip of the gang with her great games of 239 and 222 and a triple of 611; Gerri Greenwood had a game of 190 and Heather Pflanzer, who was in last year's Ontario 5 Pin Bowlers Association Team Tournament, Bowling Proprietors Association National Classic and Score Gold Points Holiday Classic, bowled a good game of 233.

And on Feb. 5 we had Wanda Greacen with a game of 133; Joan West with 134 and 133; Sandy Toms with 184; Glenda Glenn had a 185 and 172; Marie Kirby with 131 and 129; Vera Gibson with a game of 120; Alma Hennigar with games of 135 and 138 and a triple of 393; Ann Hutton with 213; Judy Ellidge with 174; Peggy Smith with 173; Carole Trumble with a great game of 174; Margo Masson was our heroine with her 210 and 220 and a triple of 596; JoAnne McParlan with a super 240 and 204 and a triple of 625; Sheila Lyon had a great game of 171 and Cathy McMillan is on the comeback trail with her game of 194.



Young Conservationists: members of the Asphodel-Norwood Young Conservation Club were hard at work Saturday building bluebird houses. Twenty-two young people turned out for the Town Hall "workshop" where they were helped along by members of the Norwood Lions Club. The material for the birdhouses were pre-cut by Lions members Ron Scott and Earl Oliver.

Photos/Bill Freeman

Aggressive driving target of yellow ribbon campaign

Oh, that sweet pinfall sound

By Art Sels

Hastings - The Monday Night Mixed Bowling League had another evening where some bowlers shone and hit it big. It looks like the Valentine's bowlers were right on target.

Just to let you know, Isabella and I are going to Varadero, Cuba for the next two weeks. With the winter we're having I'm counting the days until we are in a place where it is only between 32 and 35 degrees Celsius. I'll think about you when I'm wearing shorts. After we come back there will be a four-for-one report in the paper.

Remember, have fun and relax.

Results from action between the gutters at Dodd's Lanes in Hastings Feb. 12 included high single performances by Murray Beamish 284; John Glenn 281, 201, 198; Marjorie Wilson 278; Dale McColl 237, 197, 175; Dave Harper 228, 201, 197; Lori Zapletal 224; Fran Heffernan 216, 184; Glenda Glenn 212, 209; Malcolm Pace 212, Art Sels 208, 207; Paul Cardwell 208, 193; Hart Gazell 199, 194, 174; Frigo Zapletal 193, 172; John Gilmour 180; Don Henry 179, 163; Bernie Heffernan and Ellwood Sweeting tied with 171; Helen Ward 169, 154; Fred Sauer 166; Katie Wilson 158, 154 and Isabella Sels with 157.

High triples went to John with 680; Dave with 662; Dale with 609; Murray with 599; Glenda with 587; Art with 581; Marjorie with 578; Hart with 567; Fran with 552; Paul with 551; Malcolm with 545; Lori with 501; Don Henry with 478; Frigo with 462; Helen Ward with 460; Ellwood with 456; Katie with 452; John with 448; Fred with 434; Bernie with 418 and Isabella with 416.

Agricorp will process forms

Continued from page 4

pact of farms and agribusiness in our area. We need the continued support of farmers and the FBR process to make projects like this possible," Boughey commented.

Any farmer who has questions about the FBR process of would like to register for the first time can contact the office at 1-888-327-3678 or fbr@agricorp.com. You may also contact OFA member service representative Jim Hair at (613) 962-9270.

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Asphodel-Norwood...**On the police beat**

Asphodel-Norwood - Kawartha OPP officers attended 60 calls for service in the Township during January -- 47 in Norwood Ward and 13 in Asphodel.

Incidents reported include:

- Police assistance - 5, Norwood; 3, Asphodel
- Police information - 2, Norwood
- Breach of peace - 1, Norwood
- False alarms - 2, Norwood
- Snowmobile theft - 1, Norwood
- Motor vehicle accidents - 5, Norwood; 3, Asphodel
- Mischief under - 5, Norwood; 1, Asphodel
- False 9-1-1 calls - 3, Norwood; 1, Asphodel
- Disturbing the peace - 1, Norwood
- Traffic complaints - 6, Norwood; 1 Asphodel
- Assault - 4, Norwood
- Threatening - 1, Norwood
- Theft under - 3, Norwood; 1, Asphodel
- Liquor Licence Act violation - 1, Asphodel
- Missing person - 1, Norwood
- Break and enter - 1, Norwood
- Auto theft - 1, Norwood
- Unwanted persons - 2, Norwood
- Property found - 2, Norwood
- Suspicious person - 1, Norwood

Kawartha OPP Constable Chris Foster told Community Policing Committee members that he is impressed with the relatively low number of motor vehicle accidents in this area compared to other parts of the County.

"People (seem) to drive better on this side of the County," Const. Foster declared.

Those OPP officers who signed the sign-in book at the Community Police office posted 24.5 hours during the month.

"Officers are becoming more aware of signing in," Const. Foster said.

Dieter Widauer, who chaired Monday's meeting, was hopeful that more officers would use the sign-in sheet to help make an accurate accounting of the number of hours the office was used by police.

Mr. Widauer was also hopeful that they would take advantage of the second phone line which makes it easier for officers to conduct police business from the Norwood office.

"I still have the hope that the office means something to the community," Mr. Widauer said, adding that having a visible police presence via the office is something the community should support.

Committee member Terry Low also pointed out that he has seen a dramatic and positive improvement in driving habits along Highway 7 attributing this to the aggressive traffic blitzes that have targeted the Peterborough-Havelock corridor.

"The guys on the highway are doing a good job," Mr. Low said of the traffic units. "I have noticed the difference in traffic."

Const. Foster said that when he has been involved in radar use along the highway he has also seen an overall drop in vehicle speeds.

Domestic Assault

A domestic argument Jan. 27th in Hope Township culminated in an assault. Police said the assault involved a 20-year-old woman and her 38-year-old stepfather. A charge of assault is pending against the female.



A Snowy Media Day — One of the worst snowstorms of the year greeted those attending the Media Day preceding the annual Warkworth Maple Syrup Festival at the Sandy Flat Sugar Bush. But the slippery roads and poor visibility failed to keep away two members of the new Campbellford/Seymour, Percy and Hastings' municipal council. Mayor George McCleary gets help from Councillor Carol Hamilton in this race through the thick snow.

Percy B's are in fine playoff form

Warkworth - The Percy Bulldogs Novice B's continue their stunning play-off performance with a solid 7-1 win over Colborne in front of a cheering hometown crowd. Chad Sadler opened the scoring for the Bulldogs with assist to Philip McLaren. Other goals on the night went Lochlín Bicknell, Heather Orr and Jake Thompson. Assists were awarded to Brandon West, Jennifer Greenly, Siobhan Allen and Thomas Zapletal. Strong on defence were Jordan Roddy, Brendan McDonald and Holly Dodge. Brandon Brett stood tall in net for the Bulldogs when they travelled to Colborne for the rematch backstopping the team to a 3-0 win.

Brandon West opened the scoring with Tom Zapletal and Heather Orr rounding out the scoring. Dana Doherty chipped in with an assist. Pushing hard on offence were Leno (Oscar) Mercieca, Philip McLaren and Chad Sadler. Continuing their winning ways the team was in Newcastle and came home with another 3-0 win behind goals from Jake Thompson and Lochlín Bicknell.

Bulldog notes: Special thanks to Kevin Doherty, Jake Thompson, Scott Sadler, Shawn Dale and timekeepers Tim Zapletal and Ty Zapletal...With a play-off record so far 5-1-0, this team is certainly a success story...Well done Percy!!

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Showing they care: The St. Paul's School community, led by a energetic group of grade one students in Jodi Rigley's class with lots of help from school secretary Ann Manley, have collected some much-needed items for the Asphodel-Norwood Foodbank. Students at the school encourage others in the community to make a contribution to the foodbank.

Photo/Bill Freeman

Quit Smoking 2001...

Provincial contest one more reason to quit smoking

Caribbean cruise for two one of the prizes

Port Hope - If you're thinking of quitting smoking, the benefits of kicking the habit have just increased.

Not only will smokers gain better health by quitting, but now they have the opportunity to win a variety of prizes through the "Quit Smoking 2001" contest being offered throughout the province.

The contest, which was launched during National Non-Smoking Week (Jan. 14-20), provides encouragement and support to smokers to help them kick the habit for one month. Smokers interested in participating must register by the end of February and remain smoke-free for the month of March to qualify for contest prizes.

The prizes include a Caribbean cruise for two, DVD players and a set of his and her watches.

"The idea is that if people can stay smoke-free for an entire month, they will feel encouraged to remain

smoke-free," says Cheryl Baker, a public health nurse with the Haliburton, Kawartha, Pine Ridge District Health Unit.

"This contest provides a supportive and encouraging way in which people can make the change to a healthier, smoke-free lifestyle," Ms. Baker adds.

"It may take people more than one try before they succeed at quitting smoking," she notes, "but each time they try they are one step closer to success."

"Everyone who enters this contest and quits -- even if it is just for that one month -- will come out a winner whether or not their name is selected in the draw."

Quit Smoking 2001 is funded in part by the Ontario Ministry of Health and Long-Term Care and is supported by 57 local councils on smoking and health and public health units across the province.

The Industrial Accident Prevention Association and the Ontario Tobacco-Free Network are also working in partnership on the contest.

This year's sponsors also

include CTV Television and GlaxoSmithKline.

Smokers participating in the contest are not expected to quit alone. As part of the contest, they must register with a "buddy" who can offer support throughout this month. As well, many of the organizations involved with the contest offer numerous educational materials and support resources designed to assist people to try to quit smoking.

Smoking is the most significant cause of preventable illnesses, disability and premature death in Canada. Tobacco-related disease kills 33 people a day in Ontario -- 12,000 a year in the province and 48,000 across Canada.

Cigarette smoking is the leading cause of cancer for both men and women and women who smoke during pregnancy have an increased risk of delivering a low birthweight baby. As well, more than one-third of all deaths from Sudden Infant Death Syndrome is due to maternal tobacco use.

Continued on page 13

Thursday Golden Age (Feb. 8th)

Team Standings--As We Are: 96; Screwballs, 82; Pick-Me-Ups, 79; Tigers, 76; Bonkers, 70; Spoilers, 66; Scramblers, 57; Golden Oldies, 54.

High Averages--Thelma Lockhart, 196; Bonnie Kennedy, 195; Jeanitta Campbell, 179; John Kopral, 219; Harold Goodelt, 191; Ray Scarborough, 186.

High Singles Flat--Bonnie Kennedy, 263; Thelma Lockhart, 244; Bonnie Kennedy, 241; John Kopral, 324, 240; Don Cassan, Tom Smith, 226.

High Singles With Handicap--Bonnie Kennedy, 289; Thelma Lockhart, 268; Bonnie Kennedy, 267; John Kopral, 330; Tom Smith, 272; Charlie Beamish, 269.

High Triples Flat--Bonnie Kennedy, 708; Thelma Lockhart, 682; Jean Leahy, 538; John Kopral, 764; Don Cassan, 641; Charlie Beamish, 561.

High Triples With Handicap--Bonnie Kennedy, 786; Laura Scarborough, 720; Thelma Lockhart, 704; John Kopral, 785; Armin Hartwig, 757; Don Cassan, 744.

(Feb. 1st)

High Singles Flat--Tressa Glenn, 234; Leona Baker, 222; Doreen Holmen, 212; John Kopral, 297, 276; Len Kennedy, 240.

High Singles With Handicap--Tressa Glenn, 786; Leona Baker, 281; Marg Cubitt, 215; John Kopral, 305, 284; Len Kennedy, 277.

High Triples Flat--Tressa Glenn, 520; Lil Piercy, 515; Doreen Holmen, 513; John Kopral, 788; Tom Smith, 559; Charlie Banks, 554.

High Triples With Handicap--Tressa Glenn, 706; Lil Piercy, 689; Marg Cubitt, 684; John Kopral, 812; Tom Smith, 706; Charlie Banks, 659.

Tuesday Golden Age

(Feb. 6th)

Series Three

Standings--Silly Willys, 33;

C-U.S.-Go, 26; Canes and Crutches, 26.

High Averages--Men: Carl Dorge, 193; Duncan Ulley, 185; Don Cassan, 181; Ladies: Marlene Harris, 190; Marie Bullen, 168; Shirley Brown, Shirley MacEwan, 163.

High Singles Flat--Men: Carl Dorge, 245; Jack Gummer, 226; Don Cassan, 225; Ladies: Marlene Harris, 321; Joan Turner, 265; Jean Collard, 207.

High Singles With Handicap--Men: Jack Gummer, 277; Carl Dorge, 226.

Crime Stoppers need

Peterborough Northumberland Crime Stop public's assistance in solving three residential and enters in Brighton.

During the overnight hours of Dec. 14th/15th on Iroquois and Ontario Street in Brighton where in all three cases, thieves first unscrewed light sensor lights and then forced open the garage doors.

No items were stolen from the two garage doors. A 10-horsepower 28-inch snow blower compressor was stolen from the Iroquois Street.

If you have any information on these incidents or other serious crimes, call Crime Stoppers.

reBOOT North offers refurbish computers

Continued from Pg. 4-A

all clients. reBOOT north says it is always looking for volunteers with experience with computers who would like to share some of their time and expertise.

"Volunteers who contribute sufficient hours will receive a letter of reference noting on experience that was gained by the experience," says Devon MacDowell, Executive Director of reBOOT Canada.

Peterborough MP Peter Adams says the program will be an "important vehicle for supporting economic development in our region."

"Bridging the digital divide is an important in making our communities more competitive and north is helping make that happen," Mr. Adams said.

For more information on reBOOT north contact office co-ordinator Linda Burford at 705-747-2222 or e-mail at reboot@on.aibn.com

The reBOOT north office is located at 16 St. East in Peterborough on the south side of

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2010 Address Book of Business Names, Page 78

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PINE: T&G, v-joint, wainscoting, all kiln dried. 1"x6"=.35¢ per linear foot (.85¢ a square foot). 1"x8"=.45¢ per linear foot. Delivered anywhere in Ontario 7 days a week. 613-623-6414.

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VON is currently accepting applications for *Activationists*. Two positions available in each of the new centres.

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A most sincere thank you to so many kind people who sent cards, flowers, food, telephone calls and donations since Jim's death. Special heartfelt thanks to the superb gifts from V.O.N. and Red Cross Homemakers who allowed Jim to be at home for a better quality of life this past year. We could not have managed without you! We thank Dr. Harvey Williams and the hospital for their care, the Access Centre for co-ordinating all our home help, the Weaver funeral home, Rev. Jim Cullen for Jim's memorial service, St. John's U.C.W. for refreshments and our St. John's choir family for the lively music Jim loved. Nancy Sperling, Karen and Greg Hayes, Heather and Michael Comrie

OSBORNE - We would like to thank our friends and relatives and our church family for their many acts of kindness. Also our Minister, Rev. Douglas Mitchell for his kind words at the loss of our daughter, Donna. George & Patsy Osborne.

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At Stirling Recreation Centre

Regulars \$4.00, Guests \$6.00

JACKPOT \$2,000. In 52 numbers

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Every Thurs. Evening 7:30 p.m.

Weekly Jackpot \$1,000.

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Consolation Prize: \$200.

Air Conditioned Hall

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Youthful guest speaker from Ottawa

is from the inter-city church

Guest: "The Point Band"

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Free admission with a can of non-perishable food.

Everyone welcome!

Also, second-hand smoke

contains more than 40

chemicals known to cause

cancer and is one of the leading

causes of preventable death in Ontario which

spends more than \$1 billion each year treating diseases

related to tobacco.

One year after becoming

a non-smoker a person's risk

of heart disease will have

decreased by 50 per cent.

Tobacco use prevention,

cessation, education and en-

forcement programs reduce

tobacco-related deaths and

could help to save \$1.1 bil-

lion a year in health care

questioned in a Canada-wide

survey indicated they

want to quit smoking and

nearly 40 per cent of smok-

ers in the survey said they

have tried to quit in the past

year.

Participants must sub-

mit their entry form by mid-

Feb. 28 to qualify. En-

try forms are available thru

local health units. Regis-

tration can also be done on

at www.simocohe.com



Galloping gourmets: Executive members of the Royal Canadian Legion Branch swapped their suits for chef's garb last week when they hosted a special appreciation night for members of the Ladies Auxiliary of Branch 300. With a salsa chicken recipe stealing the show, and Erin Webb adding some after dinner music, the event was considered a tremendous success.

Photo/Bill Free

Provincial contest reason to quit smoking

Continued from page 11

A National Population

Health Survey (1996-97) indi-

cates that 25 per cent of smok-

ers in the survey said they

had tried to quit in the past

year.

Also, second-hand smoke

contains more than 40

chemicals known to cause

cancer and is one of the leading

causes of preventable death in Ontario which

spends more than \$1 billion each year treating diseases

related to tobacco.

One year after becoming

a non-smoker a person's risk

of heart disease will have

decreased by 50 per cent.

Tobacco use prevention,

cessation, education and en-

forcement programs reduce

tobacco-related deaths and

could help to save \$1.1 bil-

lion a year in health care

questioned in a Canada-wide

survey indicated they

want to quit smoking and

nearly 40 per cent of smok-

ers in the survey said they

had tried to quit in the past

year.

Participants must sub-

mit their entry form by mid-

Feb. 28 to qualify. En-

try forms are available thru

local health units. Regis-

tration can also be done on

at www.simocohe.com

costs and \$2.6 billion in

productivity.

The contest is open to

Ontario residents who are 19 years of age or older.

It is illegal to sell or give tobacco to anyone under 19 years of age.

Participants must submit

their entry form by mid-

Feb. 28 to qualify. Entry

forms are available thru

local health units. Registration can also be done on

at www.simocohe.com

Library's first movie night a star-studded success

Asphodel-Norwood - The Asphodel-Norwood Public Library would like to thank children and volunteers who came out to the first of its many movie nights.

Organizers were extremely pleased with the turnout and they look forward to good turnouts at future events.

For those who missed the notice of the first free movie night, the event is open to children eight to 15 years of age. Popcorn and a pop are \$2. This week's movie is Chicken Run.

Staff at the library would also like to extend a big thank you to Ed and Doreen for their generous donation of the microwave and popcorn and to the Library for making it all possible.

To parents of pre-schoolers, please remember craft and story hour are held Wednesdays from 2 pm until 3 pm at the Westwood Branch and Thursdays from 2 pm until 3 pm at the Norwood branch.

Don't forget that the Library is on-line to use the internet for free. There is an ongoing book sale at both Branches -- for a mere \$1 you can fill a bag of books.

You can rediscover your library in Norwood Tuesdays from 2 pm until 5 pm; Thursdays from 2 pm until 5 pm and 6 pm until 8 pm; Friday and Saturdays from 10 am until 4 pm and in Westwood Monday and Wednesdays from 3 pm until 6 pm; Thursday from 6 pm until 9 pm and Saturdays from 10 am until 1 pm.

Protecting our natural heritage

Jean Fau is a chief park warden for Parks Canada. He and his colleagues protect the plant and animal life in our national parks. They also help Canadians explore and enjoy these special places. This is just one of the hundreds of services provided by the Government of Canada.

For more information on government services:

- Visit the Service Canada Access Centre nearest you
- Visit www.canada.gc.ca
- Call 1 800 O-Canada (1 800 622-6232)
- TTY/TDD: 1 800 465-7735

Canada

Turbulent midlife transition can lead to new path in life

When Doug Schmidt was in his mid-40s, he began to hear a call deep within himself, an irresistible siren song luring him to an unlimped destination.

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It was a call that sent him on a voyage of self-discovery and led to a richness of life he had never imagined. Schmidt had embarked on the midlife journey, an often emotionally stormy period of the 40s and 50s when one is confronted by an aging body, past regrets, unrealized aspirations and the knowledge that the once-boundless future of youth now has a definite horizon.

For many, midlife angst is sparked by a loss - a parent's death, the onset of menopause or a child leaving home to marry. For Schmidt, it began with the nagging realization that he had gone down the wrong path in life.

It wasn't that he hadn't been successful. After going straight from his Kitchener, Ont., high school to a major

corporation, he rose through the accounting ranks to become vice-president of finance. But after 19 years, he was laid off when his company merged with another firm.

He returned to accounting at another company, but the sense of another "person" inside clamouring for expression continued to grow.

"I always thought that there was a part of me that remained undeveloped. The general feeling I had was 'I'm not in the right spot,'" says Schmidt, 56. "I realized that I didn't want to be doing financial statements for the next 20 years."

The turning point came when he took an adult education course called Recreating Your Life Journey, which revealed patterns of thought and behaviours that were keeping him stuck in an eddy of self-doubt and

made the big change, that I would have a doctoral degree, I would have told you you were nuts."

He also realized - even at midlife, perhaps especially at midlife - "that it's possible to turn your life around."

While many men enter this stage concerned about unrealized dreams, for women, it is often linked to the physical effects of aging, especially menopause, experts say.

Lorraine O'Brien, 52, says she felt the first stirrings of the midlife reckoning in her early 40s and she is still dealing with its many changes.

While she isn't in menopause yet, the single mother of a 17-year-old son admits to feeling emotionally topsy-turvy at times. "I feel a bit weepy sometimes. And sometimes I feel, 'Wow, I have so much responsibility.' All of a sudden my son

I want to get on with my own life while I'm still young enough to enjoy these things and healthy enough."

Far from fighting the midlife transition, O'Brien is embracing it because it has forced her to focus on what's important.

"I want to learn how to live my best life every day. Because every day presents me with choices, opportunities, challenges. And the more graceful I can become, the better quality of life I can have."

"I'm happy with my achievements, but I'm not finished yet."

Schmidt has plied this difficult passage and reached the far shore of contentment.

Last March, he opened his own company, CareersPlus Inc. in Mississauga, Ont., and now counsels others dealing with a wide range of issues - from career change and personal

pists in redefining your life path.

The midlife passage can be especially hard on those who set their sights on a certain career goal, such as becoming a CEO, but have failed to reach the top job.

"It can be devastating if you don't come up with alternative goals," says Gary Latham, an industrial psychologist at the University of Toronto. One way to overcome the sense of loss is to become a mentor to others.

"The question that lots of people ask themselves is 'What would I like to have as my legacy? What do I want to be remembered for?'" Latham says. "At 50, there's plenty of time to say 'I am going to make a significant, lasting, enduring change.'

"Mentoring is a fantastic way to be remembered. You become a statesperson and you become highly, highly revered in the organization."

"The self-esteem is phenomenal, because everybody says that because of her or him, I am where I am today."

Why Worry

"He treats us like men. He lets us wear ear-rings." (1991) Torrin Polk, University of Houston receiver, about his coach, John Jenkins

Everything that can be invented has been invented Charles H. Duell, US Commissioner of patents 1877

"There is no reason for any individual to have a computer in their home" Ken Olsen, President of Digital Equipment Corporation (DEC) 1977

Some of our friends are for it. Some of our friends are against it. And we're standing with our friends. 1998 Mike McCurry, the White House Press Secretary, discussing whether or not President Clinton would veto a bill curbing securities laws.

This 'telephone' has too many shortcomings to be seriously considered as a means of communication. The device is inherently of no value to us. Western Union Internal Memo, 1876

Computers in the future may weight no more than 1.5 tons Popular Mechanics 1949

"I was under medication when I made the decision not to burn the tapes." President Richard Nixon

"Ears pierced while you wait." In a New Hampshire jewellery store

The microwave was invented after a researcher walked by a radar tube and a chocolate bar melted in his pocket.

"SMOKING KILLS. AND IF YOU'RE KILLED, YOU'VE LOST A VERY IMPORTANT PART OF YOUR LIFE." - Brooke Shields

Meeting Community Health Care Needs



You are cordially invited to participate in a town hall meeting with representatives from the Access Centre for Hastings & Prince Edward Counties to discuss what health services you would like in your community.

Tuesday, February 20 from 2 to 4 p.m.
at the Marmora Town Hall

Tuesday, February 27 from 6 to 8 p.m.
at the Picton Town Hall

Wednesday, February 28 from 6 to 8 p.m.
at the Batawa Community Centre

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470 Dundas St East Belleville
(613) 966-3530

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ALGONQUIN AND LAKESHORE CATHOLIC DISTRICT SCHOOL BOARD

YOUR CHILD'S EDUCATIONAL ADVENTURE BEGINS! KINDERGARTEN REGISTRATION FOR SEPTEMBER 2001

The Algonquin and Lakeshore Catholic District School Board offers Junior and Senior Kindergarten programs in Frontenac, Lennox and Addington, Hastings and Prince Edward Counties based on a full day / alternate day model.

A French Immersion Kindergarten program is offered at Ecole catholique Cathédrale (Kingston), Our Lady of Mount Carmel Catholic School (Amherstview), St. Mary Catholic School (Trenton), St. Peter Catholic School (Trenton) and St. Michael Catholic School (Belleville). For information regarding the French Immersion Kindergarten program, please contact these schools directly.

Children of Separate School Ratepayers qualify for Junior Kindergarten if they will be 4 years of age by December 31, 2001. Children qualify for Senior Kindergarten if they will be 5 years of age by December 31, 2001.

For registration, please provide copies of your child's Baptismal Certificate and Immunization Record.

Registrations for September, 2001 are being welcomed now. To arrange for registration, please call the principal of your neighbourhood school. If you need to confirm your neighbourhood school, call the Tri-Board Transportation Authority, 544-6925, Extension 279 (for Frontenac or Lennox and Addington Counties) or the Bi-Board Transportation Authority, 966-1170, Extension 2415 (for Hastings or Prince Edward Counties).

We look forward to the privilege of partnering with you in the education of your children.

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Chair of the Board

Gregory Cosgrove,
Director of Education

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<http://www.lakeshorek12.on.ca>

discontent.

"It showed a lot of areas of stress in my life. It showed me in some ways how unhappy I was."

Schmidt began working with personal counsellors, trying to discover his "true calling." He eventually understood that what gave him the greatest happiness was helping others to help themselves.

He recalled an assessment from an aptitude test he had taken as part of a career-placement service after his layoff. At the time, he thought it must be a mistake: "If this person wants to, they can move mountains."

In a leap of faith, and with the support of his wife and young son, Schmidt decided to go to university with the idea of becoming a career counsellor. It was a frightening prospect for this unassuming man who "grew up thinking I was not as intelligent as others."

He earned his BA in psychology, quickly followed it with a master's in education and went on to take his doctorate.

"I broke all kinds of myths," he says grinning. "I ended up being an A-plus student."

"If you had asked me seven years ago, before I

is going off to university and I'm thinking, 'OK what's next?'

"For women especially, I think the separation from your children is hard because you spend so many years being a mom."

What may be O'Brien's saving grace is that she confronted "middlecence" head-on, looking inward and deciding how she wanted to spend the rest of her life.

"I started reading books. I tried to understand myself and my interactions with the world around me. I changed my relationships with people. The people who came into my life were different because I changed my perspective."

She is proud of her accomplishments. She has her own home just west of Toronto and is in good financial shape after a varied 30-year career at a company from which she took a buyout in 1997.

Although O'Brien is job-hunting - she figures she has a good five to 10 years in the workplace - she is looking forward to satisfying other dreams. She wants to travel to Europe, buy a cottage and study classical literature and music - just for the sheer joy of learning.

"I think now it's my turn.

growth to stress and the challenges of - what else? - middlecence.

"At times, it feels almost overwhelming, but there is a real sense of joy and satisfaction and fulfillment that I am now using the gifts I've been given and it's helping a lot of people."

"It's discovering and feeling at home with who you are," he says with passion and a touch of wonder. "I went on this journey - and it's a wonderful place."

Here are some tips for using "middlecence" to redefine and reinvoke your life:

- Take stock. Ask yourself what has changed as a result of aging and the passage of time. How does it make you feel?

- Mourn your losses. By acknowledging your feelings, you can move on. Talk to family and friends about how you are feeling.

- Give yourself time to reflect on what you have experienced in the first part of your life and how you want the next part to be.

- Consider how the difficulties and regrets you have can be a catalyst for growth. Learn how to rediscover or rechannel your creativity.

- Seek help from family, friends, counsellors or thera-



Lifestyle Quiz

1. If you could live anywhere, where would you really like to live? a. split-level or colonial in the suburbs b. cottage on an acre of land with a pond and white picket fence c. penthouse in the city of your choice 2. If you had to rescue a dog from the dog pound, which one would you rescue? a. Heinz 57 mutt b. Cocker spaniel c. Afghan hound 3. For a day in the city with a friend, would you go to... a. sporting event b. museum c. shopping centre 4. What kind of books might we find on your coffee table? a. leather bound classics b. romantic novels c. the latest best sellers 5. If you were to go on a vacation, which would you choose? a. Hawaii with a tour group b. A romantic island on a sailboat for two c. An African safari 6. If you were to take a friend to dinner, where would you take them? a. your favourite old-style restaurant b. an outdoor cafe or tearoom c. a new hot spot you read about in the newspaper 7. If you won the lottery, would you... a. invest in stocks and bonds and real estate b. give 1/3 of it to your favourite charity c. go shopping and book a trip to a spa 8. What type of car would you buy today? a. mini van b. sedan c. sport utility vehicle 9. What shapes are you attracted to? a. geometric b. floral c. abstract 10. How many children would you really like to have? a. 2 to 3 b. 4 or more c. 0 to 1 How did you score? Tally up your A, B and C answers, then check your style below. People who select mostly A for answers are traditional or transitional. The key factor that motivates them when buying is investment.

They are value shoppers who always ask themselves: "What do I have to go with it?"

Will I still like it next season?" A-people tend to build their wardrobes with black, gray, blue and tan and add variety with splashes of colour in scarves, shirts, blouses, jewelry or ties. Their search for value also applies to home furnishings. Their furniture is built to last. They buy draperies that will

look good years from now. They are drawn to neutral colours for home product accessories, which allows them to rearrange and re-accessorize at any time, so they can live with their basic purchases for years. If you are an A-person you will probably appreciate a product like Hunter Douglas wood blinds. Did you know that they are not only beautiful, but will last a long time too? Wood blinds will blend with any decor from contemporary to traditional or even country. They also can span the bridge between casual and dressy. You can dress them up or down – it's all up to you. You might even consider the Hunter Douglas Silhouette shading. As I speak to consumers who have Silhouette shadings in their home, they tell me how soft they look and that they love the versatility of the gorgeous product!

Imagine being able to change the complexion of the room simply by tilting the soft fabric vanes. Either way, they speak volumes about your taste. People who select mostly B answers are romantic and creative. The factor that motivates them when buying is simply that they like the object. They never buy a product solely because it's the latest fad. These people like to surround themselves with soft colours and natural fabrics.

The romantic inclinations of the B-person easily can be seen in the home. Picture the bedroom: a petticoat and coverlet on the bed, with a collage of pillows across the headboard. A little table next to the bed with a long skirt and granny cloth. The window treatments will be layered, soft and romantic – maybe ruffles, a balloon shade, a valence, or lace sheer over a pastel pleated shade. B-people don't care about fashion, status or what neighbours have.

They buy because they like it – whatever it is. B-people, like an A-person, will appreciate both wood blinds and Silhouette shadings. The B-person will take it a step further; they will layer a drapery or valance to complete

the look. Another striking product is Vignette shadings. B's love the soft folds of the decorator fabric and appreciate the fact that the fabric can also be purchased to have the drapery and top treatment coordinate.

It's that total decorator look from Hunter Douglas made easy for you. You won't go wrong, but think in terms of layers at your window. People who select mostly C answers are chic and up-to-date. The factor that motivates them when buying is whether or not it's the latest thing. Impulsive buyers, they thrive on the unusual. When they walk into a room, they want to be noticed. The C's home looks like one from Architectural Digest.

It would probably have a stark appearance; the childless home look, with white walls and a white sofa. Or it's quite possible that every room in the house will have its own look.

One room may have an African tribal design, another room may be French Country while the kitchen is sleek and modern. Their homes are an indication of the C's impulsive and daring personality. C-people for me are the most fun to deal with. Why? Because they want to know the latest, the newest and the hottest.

For them a Hunter Douglas Luminette sheer is a must have. Imagine the beauty of the sheer fabric and add the versatility of a stacking vane and together you have Luminette. Use it alone as a less is more look or add a top treatment made of Luminette fabric for a more is more look.

Sally Morse is known throughout the home fashion industry for her unique, high energy, humourous approach to seminars.

She has a vast knowledge of the interior design industry in sales, service, design, marketing and education. Monthly you can read new articles by Sally in the "Ask Sally" section of the Hunter Douglas website (www.hunterdouglas.ca).

Different tails tell different tales...Do you know what your dog is trying to tell?

Does your dog want to lick your hand or bite it? Is she hungry or just being playful? Is your dog trying to tell you that he's sick, or is he just tired?

Many dog owners often feel their pets are trying to tell them something, and sometimes we just can't figure out what it is. According to Dr. D. Ann Carey, a veterinarian with

Alert: ears pricked wide and sparkling open and relaxed, to allow sniffing. Relaxed: ears half-and slightly outward open and calm; mouth and relaxed; tail straight up Aggressive:



The Iams Company, there are several signals that make up a dog's basic grammar and body language, and getting to know them will benefit both the pet owner and the pet. Dr. Carey says that dogs use sounds and every part of their head and parts of their body to convey both emotion and motivation.

He notes that the key areas to observe are the sound of your dog's barks, the look in his eyes and the position of his muzzle and ears.

A change in any of these areas is a probable indication of change in the dog's mood and intentions. Some gen-

a premium quality dog biscuit can ease his hunger healthfully. Get away or I'll bite you: a loud, repeated bark, accompanied at times by a growl or snarl. Come out and play: a light, high-pitched bark. Who's out there?: a low, moaning-type bark. Hi, I'm so happy to see you: short, high-pitched yip. Where are you?: a long, sustained howl. I'm scared: a long, high, rising in pitch Stop! It hurts!: a loud, screaming whine. I've got the ball, see if you can get it: Soft, low growling.

And some possible signs to your dog's state of being: nined by a growl; his fluffed up. Anxious: ears laid back; eyes slightly rowed; mouth tense; a low, moderate bark, tail out (slightly wagging). Submissive: ears averted; mouth pulled back; tail between legs. Playful: ears low, rump in cuted panting, tail

Next time you see your pet, take the time to see if he/she is really trying to tell you something.

It could come as a surprise!

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Municipality of Tweed

TENDER FOR HIRED EQUIPMENT FOR WINTER MAINTENANCE

Sealed Tenders, on the forms supplied and clearly marked as to contents, will be received by the Public Works Supervisor until 2:00 p.m. local time on Friday, March 2, 2001 for the following equipment:

Contract 2001-01: Two (2) Tandem axle trucks with plow, wing and 8 yard sander unit.

Tender forms and specifications may be obtained from the Municipal Office at 255 Metcalf Street, Tweed, ON. Any inquiries concerning the tenders should be directed to the Public Works Supervisor.

Lowest or any tender not necessarily accepted.

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Municipality of Tweed
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DEATH NOTICE MUTTON, MISS MARION FRANCES

At Peterborough on Tuesday February 13, 2001. Marion Mutton (retired R.T.O., U.C.W.) in her 93rd year. Beloved sister of Muriel McCrae, Hazel C. Mutton, of Peterborough, Helen Mutton of Kingston and the late Fredrick and Phyllis Mutton. Dear aunt of Shirley Tobin, Harry and Barbara Mutton and step niece Joyce (Norman) Duquette. Marion is also survived by many grand nieces and nephews and predeceased by her parents Joseph J. Mutton and Edith (Dunnett) Mutton. Friends were invited to call at the Kaye Funeral Home Memorial Chapel, 559 George St. N., Peterborough, (705-745-7880) from 8-4 p.m. and 7-9 p.m. Friday. Service will be held from George St. United Church Saturday February 17, 2001 at 1 p.m. Rev. Gai Burns officiating. Interment Shiloh Cemetery. Those wishing to commemorate Marion through memorial donations please consider George St. United Church, Fairhaven Home, or the Parkinson Foundation.



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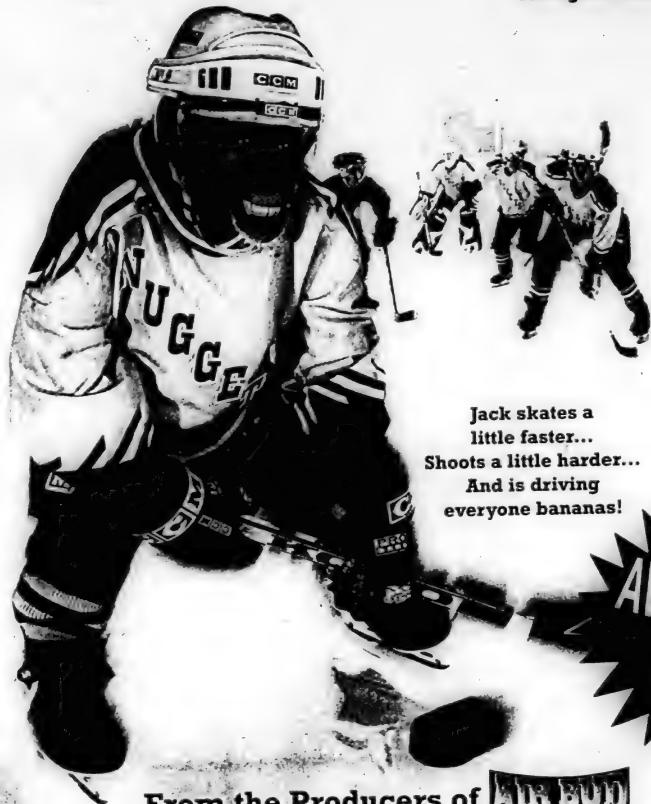
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Madoc The Review



Darci McCulloch poses with Mom Tracey and siblings Andrea and Ryan. Darci displays the reply she received from the office of the Premier of Ontario. Photo by Aubrey Johnson

A Schoolgirl Voices Her Concerns

by Aubrey Johnson

Recent suggestions have come forth hinting that year-round schooling may be the answer to some educational woes.

Do year-round schools enhance student learning, or are they a costly, hectic, and largely ineffective cure for the nation's educational ills?

At a time when the public is actually demanding greater retention of information and higher levels of achievement from the nation's students, should educators and parents change business as usual and challenge the wisdom of maintaining that long summer of forgetting?

Darci McCulloch, a 12 year old Grade 7 student at Madoc Public School, recently voiced her concerns to Premier Mike Harris. Backed by her convictions that year-round schooling would simply be a detriment to the current status quo, Darci received a reply from the Premier's office. In true political form, the letter acknowledged the fact that Darci had taken the time to write, but did little to address the issue.

There is strong evidence to suggest that year-round schedules can have a positive impact on student achievement. Data on other outcomes, such as attitudes,

attendance, professional development, and the impact on families, remain, for the most part, inconclusive.

However, research demonstrates that the amount of learning is a function of capacity, effort, time and quality of resources.

The needs of students like Darci must be given the highest priority. Changes to the school calendar should not have adverse effects on stu-



dents, teachers or educational programs. While the concept of year-round schooling may be feasible and workable in some areas, the motivation for change must be to improve the educational program for students.

Darci McCulloch fears that year-round schooling may cause students to rebel and drop out of school at an earlier age. This can't be good!

In another development, a majority of parents at any

school in Ontario will be able to see an appropriate student dress code under new school board policies that must be in place by this June, Education Minister Janet Ecker announced recently.

"Many parents have told us they believe a dress code or school uniform is a good way to encourage respect, responsibility and safety in our schools," Ecker said. "This is why our government, when re-elected in 1999, promised that a majority of parents at any school would be able to introduce a dress code."

"We are taking another step forward in ensuring our schools are safe, respectful places for learning and teaching," Ecker said. Under new regulations, school boards and principals must consult with their school councils and report back to them when developing and implementing appropriate dress policies for students.

Ecker said all school board student dress policies are to include: a process that enables a majority of parents, through their school councils, to decide on what an appropriate dress policy should be for their own schools; school councils are

continued on page 15

Local Pathfinders Honou

On February 20 at Trinity United Church, the 1st Madoc Pathfinders assisted in celebrating the accomplishments of Darelle Budd, Emily Pringle and Jennifer Robinson. These girls completed their Canada Cords (Girl Guides of Canada) and the Bronze Award of The

Duke of Edinburgh's Young Canadian Challenge Awards.

The Pathfinders are a branch of the Girl Guides and are of interest to girls aged 12 to 15. The Madoc Pathfinders come from the area around Madoc, Tweed and Marmora. The Canada Cord is the highest award a Path-

finder can earn.

The Duke of Edinburgh's Young Canadian Challenge Awards are a branch of the Girl Guides and are of interest to girls aged 12 to 15. The Madoc Pathfinders come from the area around Madoc, Tweed and Marmora. The Canada Cord is the highest award a Path-



Pictured (l to r) are Centre Hastings Reeve Tom Deline; Chris Green, Commissioner DaHonNeh Area Commissioner Maggie Van Dusen; Jennifer Emily Pringle; Darelle Budd; Sue Christiansen, Hastings District Comm Madoc Township Councillor Mike Sniderhan. Photo by Aubrey Johnson

Madoc Public School Parent Meeting

By Jennifer Lucas

I want to thank you for publishing my letter for the first Madoc Parent meeting.

It was well attended and some very good ideas were put forward by parents for School Council to consider. It was clear that we have some areas to improve at Madoc Public School. Discipline was one area raised by the bus drivers and some parents. I have also received many calls on this subject since the meeting. In fact so many calls have been received that Council decided to have another PARENT MEETING on February 27 at 7:00pm. This meeting will be primarily to discuss discipline issues on the bus, in the class and on the playground. There will be a segment at the end of the meeting for parents to raise other issues.

At our first meeting in January, we covered the issue of uniforms. Not one person spoke in favour of

uniforms so I think it is safe to consider that issue closed. There was some concern expressed about some clothing worn by students and Council will address that issue at a regular Council meeting.

The Grade 7&8 rotary was discussed and concerns were raised about implementation and impact. This will likely surface again on February 27. The Library was discussed along with the computer lab in the open area. Allergies were discussed briefly with Council making a recommendation to the principal at the regular meeting held February 7. Basically, Council recommended that Board Policy form the foundation for our school policy on allergies. Council also recommended that each parent develop a care and emergency procedure plan with their teacher and that future discussion take place on the Health and Safety Committee with information shared with Council. Issues around homework

surfaced as did the school budget.

I have been informed that the school is currently seeking a deposit on textbooks well. Hope to see you there.

Last week's *Madoc Review* erroneously listed the Madoc Library at 70%. That was 30%. We apologize for the error.

THIS WEEK

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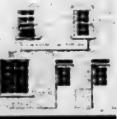
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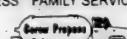
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CAROL JARVIS, ADMINISTRATOR

Mouse studies point toward cure for Parkinson's disease

Scientists may be on the cusp of curing Parkinson's disease using transplanted embryonic stem cells, but where and when that new treatment is tested in humans depends on unresolved ethical decisions, researchers suggest. Dr. Ole Isacson of Harvard Medical School and Dr. Ronald McKay of the National Institutes of Health last week they have both "red" Parkinson's in mice rats, using stem cells removed from embryos of laboratory animals. In a report at the national meeting of the American Association for the Advancement of Science, Isacson said mouse rat embryonic cells, after careful processing, can be grafted into the animal models where they transform into replacements for cells killed by Parkinson's. "In mouse models (laboratory rats) these cells have restored function," said Isacson. Using a slightly different technique, McKay and his NIH lab has also prompted mouse embryonic stem cells to convert into cells that are lacking in Parkinson's. McKay and Isacson said researchers are most ready to test the technique in humans, but social and political issues must be resolved before that step can

be taken in the United States. At the same time, McKay said it may happen soon in Britain, France or the Netherlands, as those countries are adopting policies to advance embryonic stem cell research. "It's going to happen, but just where may depend on social and political issues," McKay said. "There is a great sense of optimism shared by many people in the field right now." Some groups oppose the use of embryonic stem cells in research because gathering the cells requires the death of a human embryo. New NIH guidelines permit federal funding of such stem cell research, but only if the cells are extracted from embryos in labs not receiving federal funding. Parkinson's is caused by the death of brain cells that produce dopamine, a key nerve chemical. When patients lose about 80 percent of these cells, they develop the classic Parkinson's symptoms: tremors and rigidity. Parkinson's can be treated with L-dopa, a drug that makes dopamine in the brain. But L-dopa is effective for only a short time and after that the disease progresses. Limited experiments using brain cells from aborted fetuses have stabilized patients for up to 12

years, Isacson said. The transplanted cells convert to dopamine-producing cells, replacing those lacking in patients with Parkinson's. But using tissue from aborted fetuses in research also is opposed by many groups. And because of limited availability and for technical reasons, fetal tissue is not considered ideal for treating Parkinson's. The best hope, said the researchers, are the embryonic stem cells. These are master cells that can be coaxed to transform into virtually any type of tissue in the body. Embryonic stem cells can be grown in great numbers, making them readily available for treating thousands of patients, the researchers said. "You can generate em-

bryonic stem cells with huge efficiencies," said McKay. McKay said his lab has found ways to cause mouse embryonic stem cells to change into the dopamine-producing cells lacking in Parkinson's. "We can take the embryonic stem cells through a series of transitions until they become the dopamine cells," said McKay. Isacson said his lab injects into the brain specific cells extracted from the embryo and that a natural process in the brain then transforms them into dopamine producers. "The cells organize themselves to become very functional," he said.

"We see the cells behaving in a way to reverse the symptoms (of Parkinson's) in the mouse and rat."

A Valentine's Day Love Story

Marmora — Rev. James Armstrong officiated at a Valentine's Day wedding in his home, joining in marriage Margaret Gray of Stirling and John McGregor of Marmora.

The couple is now residing at Sama Park.

men and women, I will pour out my Spirit in those days. I will show wonders in the heavens and on the earth, blood and fire and billows of smoke."

Some dreams may be of more importance than others, for instance:

Have you ever had a dream that you just couldn't forget?

A dream that touched you in such a way that you knew in our heart that it was meant to be a message to you from God?

Perhaps a warning, a message of impending danger or even a message that you were supposed to do something in your life that had been left undone.

Perhaps you have had a dream of a loved one who has passed to the other side and you felt the dream seemed so real you believe you truly had a visit from them or spent time with them.

Dreams are personal messages to be interpreted according to God, by the dreamer, who instinctively, whether publicly acknowledging or not, knew they had received a message as to her or his life's direction.

God spoke to many people in the Bible through dreams.

Daniel is a prime example as is Joseph's dream, which caused his brothers to hate him.



Children who regularly breathe second-hand smoke have more:

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- colds
- bronchitis
- pneumonia
- asthma
- other breathing problems



Photo courtesy of Health Canada

**Respect the air we share.
For the health of our children...take it outside.**



Planet Earth on the move

Moving 5,972 sextillion tonnes is relatively "simple".

Mankind will soon have the ability to move the Earth into a new orbit, say a team of astronomers. The planetary manoeuvre may more than double the time life can survive on our planet, they believe. Our initial analysis shows that the general problem of long-term planetary engineering is almost alarmingly feasible.

Our Sun will increase its brightness in the next billion years or so, and if the Earth stays in its present orbit it will be fried and all life eliminated. Using the well-understood "gravitational sling shot" technique that has been employed to send space probes to the outer planets, the researchers now think a large asteroid could be used to reposition the Earth to maintain a benign global climate. It is an "alarmingly simple" technique, the astronomers say. It could ensure humanity's survival and even allow our descendants to alter our Solar System to move moons and planets to

make new Earths. The astonishing idea has been put forward by Don Korycansky, of the University of California, along with Gregory Laughlin, of the US space Agency NASA, and Fred Adams, of the University of Michigan.

End of life

Astronomers believe that in a billion years from now our Sun will be over 10% brighter than it is today. Global climate models indicate that the Earth will react to this increase by at first becoming a "moist greenhouse". Looking even further ahead, the Sun will increase its luminosity by about 40% in three billion years. This will force the Earth into a "runaway greenhouse" state, such as exists currently on the planet Venus. According to the authors of a new study, this will "spell a definite end to life on our planet". But there is a way to counter the increasing brightness of the Sun, the scientists believe - just increase the radius of the Earth's orbit! "Our initial

analysis shows that the general problem of long-term planetary engineering is almost alarmingly feasible," they say. All that is required is for a large asteroid, about 100 km (62 miles) across, to fly past the Earth transferring some of its orbital energy to our planet. The asteroid would then move out to encounter Jupiter where it would acquire more energy that it could impart to the Earth on a subsequent encounter. Humans would have many thousands of years to select the appropriate asteroid and develop the necessary technology to deflect the giant rock in the direction of Earth.

Favourable position

To expand the Earth's orbit around the Sun at a rate that compensates for the increasing brightness of the star would require an asteroid encounter every 6,000 years, or about every 240 generations. Earth's gradual outward migration may require adjustments to be made to the orbits of other planets as well. Recent calculations

of the Solar System's stability indicate that if the Earth was removed then Venus and Mercury would become destabilised in a relatively short time. Perhaps, the authors suggest, many moons and planets could be moved into more favourable positions in the Solar System where their climates might support life. In the past, some astronomers have suggested that Mars could be terraformed to make it more like the Earth.

The Earth-orbital-migration technique, say the researchers, is far easier way to provide living space for humans in a changing Solar System. But it would be a procedure that required some care.

If the 100 km asteroid was to collide with the Earth then it would wipe out all life on our planet. "This danger cannot be overemphasised," the researchers stress.

However, "as a way of preserving the entire biosphere of the Earth, this method is promising and efficient," they say.

Breakfast With the Bulls

The Lung Association and The Belleville Bulls Major Junior "A" Hockey Club are presenting the 10th annual Breakfast with the Bulls on Saturday, March 3, from 9:00-11:00a.m. at Sir James Whitney School. Bentón Fry Ford has generously sponsored the event.

Participants will enjoy a great breakfast served to them by none other than their favourite gang of local hockey stars.

They will also be treated to a live and silent auction of hockey related and other items donated by local businesses. Photographer Cyril Sharp will be on hand to offer attendees the opportunity to get their picture taken with their favourite Bull.

"This is our 10th anniversary of partnering with the Bulls to bring this event to the community," said Jody Foran, Executive Director of The Lung Association, Hastings-Prince Edward.

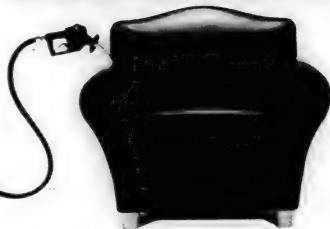
"It is a win-win for everyone with the Bulls getting out to meet their fans and show their support in the community and the proceeds of the event going to fund the many programs and services offered by The Lung Association."

Breakfast with the Bulls tickets are \$12 for adults and \$8 for children 12 and under and can now be purchased at four convenient locations throughout the City of Belleville.

Locations include: The Lung Association office, Suite 107 Century Place; Burger King; the customer service counter at Dewe's Your Independent Grocer and throughout the Booster Club at Belleville Bulls home games.

For more information or questions concerning method of payment, please contact The Lung Association at (613) 969-0323.

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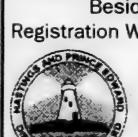
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Club holds commanding lead...

Rebels' play has Pirates walking the playoff plank

By Rolly Ethier

Campbellford - Stepping up their level of play in convincing fashion, the Campbellford Rebels are on the verge of making short shrift of the Picton Pirates and moving on to the Empire League junior C championship series.

Following up an inspiring 7-5 comeback victory in game one of the best-of-seven round, the Rebels made the Pirates walk the plank twice by identical 5-1 counts, first in Picton Thursday, Feb. 15 and again on Campbellford ice Tuesday, Feb. 20th.

While every member of the Rebels has elevated their



Kevin Cork... Playing like MVP.

game in the playoffs, a number of performers are demonstrating their leadership qualities.

Gaolating always plays a critical role in the playoffs and Jordan Ashley is doing just that. In game three, for instance, he turned aside 26

shots, many of the difficult variety, as the Pirates outshot the Rebs 28-22.

Captain Kevin Cork has been an offensive powerhouse, looking very much like the league's MVP, an award he should have won but didn't for his play during the regular season. High-scoring threat Jamie McComb has also been giving rival goalie Nick Vangemert fits as well.

Great Netminding

In game two, Ashley was particularly sharp in the second period with the Rebels shorthanded two players for 1:37. He came up with four tough stops to preserve a 2-1 Rebel lead fashioned on a

Continued on page 5



OMHA playoff intensifies

On the door step: There was plenty of intense juvenile hockey action Norwood and Warkworth as the Hornets and Bulldogs tangled in OMHA. The Hornets downed the Bulldogs 6-3 on home ice climbing back to series victory with a 3-0 home win Sunday afternoon.

Dog licence fees stay the same

Recovering Humane Society charges remains a concern

By Bill Freeman

Asphodel-Norwood - There will be no change in the licensing fee for spayed and neutered dogs this year but the Township remains wary of the Catch 22-like situation surrounding Peterborough Humane Society charges.

The Peterborough Humane Society bills the Township for dogs taken into their shelter from Asphodel-Norwood rather than the owner of the dog. The Society fears that the owners would simply refuse to pay the \$105 charge, and the additional pound fee, leaving the dog at the shelter.

Last year 24 dogs from the Township were taken to the Peterborough Humane Society Shelter.

In a memo to Council,

Provincial Offences Officer, Bob Meyers, says he has discussed the issue with the Humane Society asking if they would be prepared to bill the dog owner. He was told they would not.

Noting that the owner could be taken to court for having a "dog at large," as well as being cited for abandoning the animal at the shelter (and facing an even steeper fine), Mr. Meyers said the Humane Society still refused to bill the owner -- even with the added threat of an abandoning charge.

Mr. Meyers said the Humane Society was still worried about the added boarding expense for the dog while it was placed for adoption.

This, Mr. Meyers explained, placed the Township of trying to claim back the \$105 from the dog owner. They could attempt to do this through small claims court but the additional expense would place undue pressure on the Animal Control budget.

As the provincial legislation stands, the only way to recover the pound costs would be through small claims court and that re-

"We do not want to create the scenario where the honest persons who pay their bills are the only ones paying."

Carol Trainor
CAO,
Asphodel-Norwood

mains a low-percentage prospect for the municipality.

"There is no question that the owner of the dog taken to the pound should be the person paying the costs," Mr. Meyers says.

At the 2000 Peterborough Humane Society rate last year 24 dogs would cost the Township \$2520.

Last year the Township sold 705 dog tags generating \$11,020 in revenue. Including the \$1,000 user fee, Asphodel-Norwood paid the Peterborough Humane Society \$2,237.14. The Animal Control account ended the year with a balance of \$1789.29.

The licence fee for a neu-

Blazing shed fire threatens nearby buildings

\$70,000 worth of damage to building

By Bill Freeman

Asphodel-Norwood - A fire in a drive shed on the 5th Line Feb. 15 caused \$70,000 worth of damage and threatened nearby buildings as firefighters fought to control the blaze.

Asphodel-Norwood Fire and Rescue crews were on the scene at 10:04 am and discovered that the 120 sq. ft. shed was well-involved by fire. Fire Chief Paul Bitten says there were "several exposures to this building in immediate danger" with the farm house 75 ft. to the east and the main barn 100 ft. west.

There was also a large 50-tonne mobile crane parked almost against the north wall of the drive shed which the owner had been working on.

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Woman & youthful thief stole her b

Havelock - A 54-year-old Havelock woman was knocked down and she had purchased from the Beer Store.

The Kawartha OPP says the woman was home from the Beer Store by three teenage boys and then pushed the boy, she claims, ran off with her bag.

The OPP continues their investigation.

Dog licence fees will stay the same

Continued from Pg. 3-A
tered or spayed dog bought before Mar. 31 is \$10; after Mar. 31 it is \$15. Tags for male or female dogs bought before Mar. 31 are \$15 and \$20 afterwards.

A kennel licence purchase before Mar. 31 is \$75 and \$100 after that date.

"If the number of dogs being impounded in the fu-

ture should increase, or the Peterborough Humane Society again raise their impound fee, then Mr. Meyers suggests Council could think about raising the dog tag fee in the future in order to meet these rising external costs."

"It would only be the dog owners who would be paying for the increase and this expense would not be subsidized by all taxpayers," Mr. Meyers says.

Township CAO Carol Trainor says the municipality wants to have enough income from dog licences to cover costs associated with dogs, and that includes Humane Society charges.

"We do not want to create the scenario where the honest persons who pay their bills are the only ones paying," Ms. Trainor says.

**Sport to report?
Call us!**



Athletic boost: Student athletes at St. Paul's School in Norwood will soon have some pretty nice looking uniforms thanks to the Norwood Lions Club which has given the School Council a donation of \$200 for the uniform fund. Making the presentation to School Council member Lucinda Heron was Lion Rick Orton.

Photo/Bill Freeman



Silver Stick action: Arenas around the area were bustling with high octane Silver Stick International hockey action. Girls teams from novice to bantam thrilled fans with their skills.

Photo/Bill Freeman

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Minor Softball holds enthusiastic executive meeting

**They're looking for
coaches and someone
to run booth**

Asphodel-Norwood - The Norwood Minor Softball is looking forward to the 2001 season with a great deal of enthusiasm following last week's executive meeting.

Eleven of the 12 executive members were at the meeting and began the business of mapping out this summer's softball season. Plans for a mid-April house league and travelling team registration day will be finalized during their Mar. 13 meeting.

The association is looking for people who would like to volunteer their time as coaches. They are also inviting those who are interested in renting the concession to contact the NDMSA.

Those interested in applying for the both should contact President Todd Murray at 639-1354. Prospective coaches should contact either Mr. Murray or Larry Wrightly (639-2470).

The Atom and Lassie girls teams also really need parents interested in seeing their daughters play ball this summer to step forward and take an interest in the program.

At that age level it is particularly crucial that parents

take an interest helping make the teams work.

Other goals and objectives the NDMSA hopes to focus on in 2001 include generating more revenue during the ORSA play-offs, increasing houseleague numbers, increasing the number of girls teams, particularly at the younger age levels and hosting skills' clinics with houseleague players.

The age requirements for the various teams are: Atom boys and girls, 1991 and up; Squirt boys and Lassie girls, 1989-90; Pee Wee, 1987-88; Bantam, 1985-86; Midget, 1982-84 and Junior, 1978-81.

2001 Executive

The NDMSA executive includes: Past President Larry Bell; President Todd Murray; Vice President Larry Wrightly; Secretary Julie Selby; Treasurer Dale Wrightly; Equipment manager Brian Gerow; ORSA contact Evan Loucks; Houseleague convener Michelle Gerow; Liaison Officer Reg Nelson and Directors Barry Walsh, Shelley Vandenberg and Neil Stockdale.

**intrepid
Snowmobiler** Craig Nicholson
RESPONSIBLE RIDING TIPS

WEATHER DANGER

Protect yourself against winter weather by watching out for these hazardous conditions:

- Hypothermia occurs when the body loses heat faster than it can be replaced, resulting in a dangerous lowering of the core body temperature.
- Frostbite results when cold temperatures freeze exposed flesh.
- Wind Chill caused by wind or speed can contribute to hypothermia.
- Snow Blindness occurs when direct and reflected sun glare are too bright for the eyes.
- Wind/Sun Burn irritates exposed facial skin.

FAST FACT OF THE WEEK

In a recent survey, 91% of snowmobilers agreed that it is wrong to drink and ride.

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Providence Continuing Care Centre

Sisters of Providence
of St. Vincent de Paul

*A leading provider of
compassionate,
non-acute healthcare
and a major centre for
related research and
learning opportunities*

Long Term Care

(Providence Manor site)
275 Sydenham Street
Kingston, Ontario
K7K 1G7
613-549-4164
Fax 613-549-7472

Complex Continuing Care,

Palliative Care,
Rehabilitation
(St. Vincent de Paul Hospital site)
42 Garden Street
Brockville, Ontario
K6V 2C3
613-342-4461
Fax 613-342-5592

Complex Continuing Care,

Palliative Care,
Rehabilitation,
Geriatric Medicine
(St. Mary's of the Lake Hospital site)
340 Union Street
Kingston, Ontario
K7L 5A2
613-544-5220
Fax 613-544-8558

Mental Health Services

752 King Street West
Kingston, Ontario
K7L 4X3
613-546-1101
Fax 613-548-5588

A New Beginning . . .

Since December 13, 1861 the Sisters of Providence of St. Vincent de Paul have delivered compassionate care to some of this region's most vulnerable citizens. Beginning with the establishment of Providence Manor, then St. Vincent de Paul Hospital in Brockville and finally St. Mary's of the Lake Hospital, the foundation of Providence Continuing Care Centre was built.

Today PCCC operates on a number of sites throughout the region delivering complex continuing care, long term care, geriatric and rehabilitation programs and 8 community programs.

On March 5th, 2001, other services will be added to that mix: non-acute mental health services currently at Kingston Psychiatric Hospital.

On this historic date the management and governance of these programs will transfer from the Ministry of Health and Long Term Care to Providence Continuing Care Centre.

What this means is a transfer from provincial authority and accountability for the delivery of services to local authority and accountability. PCCC has worked diligently to assure a smooth transition of services so that patients, clients and their families should notice no sudden difference in the way their care is delivered.

Should you have any questions or concerns please call toll free **1-866-288-1357**.

Our Mission

Providence Continuing Care Centre is committed to compassionate care and excellence in the provision of complex continuing care, longer term mental health care, long term care, palliative care, geriatric and rehabilitation programs and forensic services for the people of Southeastern Ontario...

Our Vision...

...is to be recognized by the communities we serve as Southeastern Ontario's leading provider of compassionate, non-acute health care and a major centre for related research and learning opportunities.

A New Beginning in the...

Odyssey of Care

AT YOUR PONTIAC • BUICK DEALER

THE FIRST PAYMENT IS ON US.

**WE'LL PAY
YOUR FIRST MONTH
ON LEASE OR PURCHASE FINANCING.***

2001 Pontiac Sunfire Sedan SLX

48 MONTH SmartLease

\$218*

\$1,995 down payment,
\$730 freight and \$300
security deposit requiredLEASE RATE
1.9%48 MONTH SmartLease
OR \$262\$0 down payment,
\$730 freight and \$300
security deposit requiredPURCHASE FINANCING
OR 1.9%

up to 60 months*

- 5-Year 100,000 km Powertrain Warranty
- 4-Speed Automatic Transmission with Traction Assist
- Air Conditioning
- Remote Keyless Entry
- Power Door Locks
- 6-Speaker CD Stereo



2001 Pontiac Grand Am SE Sedan

48 MONTH SmartLease

\$268*

\$2,250 down payment,
\$735 freight and \$325
security deposit requiredPURCHASE FINANCING
OR 2.9%48 MONTH SmartLease
OR \$326\$0 down payment,
\$735 freight and \$375
security deposit requiredCASH PURCHASE
OR \$19,998*excludes freight of \$735
up to 36 months*

- 2.4 Litre Twin Cam 150 HP Engine
- 4-Speed Automatic Transmission with Enhanced Traction System
- 4-Wheel Anti-Lock Braking System
- 4-Wheel Independent Suspension
- Air Conditioning
- Power Door Locks



CHOOSE 2-DOOR OR 4-DOOR



2001 Buick Century Custom

48 MONTH SmartLease

\$298*

\$3,400 down payment,
\$855 freight and \$550
security deposit requiredPURCHASE FINANCING
OR 1.9%48 MONTH SmartLease
OR \$377\$0 down payment,
\$895 freight and \$450
security deposit requiredCASH PURCHASE
OR \$24,998*excludes freight of \$895
up to 48 months*

- 3.1 Litre V6 175 HP Engine
- 4-Speed Automatic Transmission with Enhanced Traction System
- 6-Passenger Seating with Quiet Interior
- 6-Way Power Driver's seat
- Air Conditioning
- Power Door Locks/Windows
- Cruise Control



2001 Pontiac Montana

48 MONTH SmartLease

\$258*

\$4,800 down payment,
\$940 freight and \$300
security deposit requiredPURCHASE FINANCING
OR 1.9%48 MONTH SmartLease
OR \$365\$0 down payment,
\$940 freight and \$425
security deposit requiredCASH PURCHASE
OR \$25,428*excludes freight of \$940
up to 60 months*

FIVE STAR SAFETY RATING.
Pontiac Montana holds a 5-star driver seat rating in side-impact tests.¹¹

- 3.4 Litre V6 185 HP Engine
- 4-Speed Automatic Transmission
- Air Conditioning
- Power Door Locks/Windows



**OR DON'T PAY FOR 90 DAYS AND NO DOWN PAYMENT REQUIRED.¹²
GENERAL MOTORS PAYS YOUR INTEREST FOR 90 DAYS ON PURCHASE FINANCING.**

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We'd like you to know more. Come visit us at your local dealer or our website at www.gmcana.com or call us at 1-800-GM-DRIVE. ¹¹Tests conducted by the US National Highway and Traffic Safety Administration. MSRP \$16,995. 2001 Pontiac Sunfire, Pontiac Grand Am, Buick Century and Pontiac Montana. General Motors will pay first month's GMAC purchase finance payment of \$1,924.97 plus 4.3% interest per annum. Annual kilometer limit of 20,000 km. \$0.12 per excess kilometer. Taxes, license fees, options, insurance, P.R.S.A., administration fees and other costs not included. ¹²Offer ends 3/31/01. ¹³SmartLease monthly payment and GMAC purchase finance rate are not included with the down payment. ¹⁴Offer ends 3/31/01. ¹⁵Offer ends 3/31/01. ¹⁶Offer ends 3/31/01. ¹⁷The GMAC credit only example \$10,000 at 1.9%, APR, the monthly payment is \$216.52 for 48 months. Cost of borrowing \$1,045. Total cost of borrowing \$10,045. ¹⁸Offer ends 3/31/01. ¹⁹Offer ends 3/31/01. ²⁰Offer ends 3/31/01. ²¹Offer ends 3/31/01. ²²Offer ends 3/31/01. ²³Offer ends 3/31/01. ²⁴Offer ends 3/31/01. ²⁵Offer ends 3/31/01. ²⁶Offer ends 3/31/01. ²⁷Offer ends 3/31/01. ²⁸Offer ends 3/31/01. ²⁹Offer ends 3/31/01. ³⁰Offer ends 3/31/01. ³¹Offer ends 3/31/01. ³²Offer ends 3/31/01. ³³Offer ends 3/31/01. ³⁴Offer ends 3/31/01. ³⁵Offer ends 3/31/01. ³⁶Offer ends 3/31/01. ³⁷Offer ends 3/31/01. ³⁸Offer ends 3/31/01. ³⁹Offer ends 3/31/01. ⁴⁰Offer ends 3/31/01. ⁴¹Offer ends 3/31/01. ⁴²Offer ends 3/31/01. ⁴³Offer ends 3/31/01. ⁴⁴Offer ends 3/31/01. ⁴⁵Offer ends 3/31/01. ⁴⁶Offer ends 3/31/01. ⁴⁷Offer ends 3/31/01. ⁴⁸Offer ends 3/31/01. ⁴⁹Offer ends 3/31/01. ⁵⁰Offer ends 3/31/01. ⁵¹Offer ends 3/31/01. ⁵²Offer ends 3/31/01. ⁵³Offer ends 3/31/01. ⁵⁴Offer ends 3/31/01. ⁵⁵Offer ends 3/31/01. ⁵⁶Offer ends 3/31/01. ⁵⁷Offer ends 3/31/01. ⁵⁸Offer ends 3/31/01. ⁵⁹Offer ends 3/31/01. ⁶⁰Offer ends 3/31/01. ⁶¹Offer ends 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World Day of Prayer in Norwood

Ashphodel-Norwood - Christians around the world will be focusing on the country of Samoa during the annual World Day of Prayer service that will be held in many local churches Mar. 2, including St. Andrew's Presbyterian in Norwood starting at 1:30 pm.

This year's World Day of Prayer service, written by the women of Samoa, reflects on the theme of "Informed Prayer, Prayerful Action." The Samoan woman greet all those participating in this service by saying, "Talofa," which means "welcome and greet."

ings.

They emphasize the spirit of unity and community by inviting us to join them in a Kava Ceremony -- an expression of friendship and love that is central to Samoan culture and an essential part of legendary Samoan hospitality.

Samoa, part of a group of South Pacific Islands located in an area that forms a triangle with points at Hawaii, Easter Island and New Zealand, is a country in a time of transition. Although it is listed as one of the United Nation's least-developed

Continued on Pg. 10-A



All tangled up: The Percy Bulldogs and Norwood Hornets have been entertaining fans during a highly competitive OMHA quarter-final playoff series. Photo/Bill Freeman

A.S.A.

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On the lanes in Campbellford

(Feb. 8th)

Ladies: Marlene Harris, 189; Marie Bullen, 169; Shirley Brown, 164.

High Singles Flat - Men: Don Cassan, 236; Gord Gardner, 232; Duncan Ulley, 227; Ladies: Helen Stephens, 233; Marie Bullen, 223; Marlene Harris, 201.

High Averages - Thelma Lockhart, 196; Bonnie Kennedy, 195; Jeanitta Campbell, 179; John Kopral, 219; Harold Goodlet, 191; Ray Scarborough, 186.

High Singles Flat - Bonnie Kennedy, 263; Thelma Lockhart, 244; Bonnie Kennedy, 241; John Kopral, 324, 242; Don Cassan, Tom Smith, 224.

High Singles With Handicaps - Bonnie Kennedy, 289; Thelma Lockhart, 268; Bonnie Kennedy, 267; John Kopral, 330; Tom Smith, 272; Charlie Beaminish, 263.

High Triples Flat - Bonnie Kennedy, 708; Thelma Lockhart, 632; Jean Leahy, 538; John Koopral, 764; Don Cassan, 641; Charlie Beaminish, 561.

High Triples With Handicaps - Bonnie Kennedy, 786; Laura Scarborough, 720; Thelma Lockhart, 704; John Kopral, 782; Armin Hartwig, 752; Don Cassan, 749.

Tuesday Golden Age
(Feb. 13th)

Series 3 Winner - Silly Willys: Marg Howard, Barb Noble, Don Cassan, Gord Gardner, Shirley MacEwan, Cam Meiklejohn.

High Averages - Men: Carl Dorge, 192; Duncan Ulley, 185; Don Cassan, 181;

Ladies: Marlene Harris, 189; Marie Bullen, 169; Shirley Brown, 164.

High Singles Flat - Men: Don Cassan, 236; Gord Gardner, 280; Don Cassan, 217; Norm MacEwan, 266; Ladies: Helen Stephens, 299; Marie Bullen, 269; Doris Thomson, 248.

High Triples Flat - Men: Gord Gardner, 635; Duncan Ulley, 590; Gord Mead, 572; Ladies: Marie Bullen, 581; Betty Dorge, 545; Marlene Marrs, 532.

High Triples With Handicaps - Men: Gord Gardner, 779; Gord Mead, 692; Lloyd Bullen, 688; Ladies: Marie Bullen, 719; Helen Stephens, 713; Betty Dorge, 710.

Friday Golden Age
(Feb. 16th)

Team Standings - Blacksheep, 7; Dynamos, 5; Jokers, 5; C-U-S-Go, 4; Corner Pins, 3; Survivors, 3; Pin-Ups, 2; Gamblers, 0.

High Singles Flat - Earle Nelson, 284; Charlie Banks, 258; Bruce Dunnett, 241; Lorna Crockett, 236; Marie Bullen, 228; Carl Dorge, 209; Ron Loucks, 205; Robert Sutherland, 205.

High Singles With Handicaps - Earle Nelson, 296; Lorna Crockett, 291; Charlie Banks, 287; Bruce Dunnett, 273; Marie Bullen, 268; Bev Dunnett, 263; Jack Gummer, 256.

Stars catch Senior Tykesters napping

Ashphodel-Norwood - The Norwood Senior Tyke Hornets were caught napping during the first and second periods of their match against the Millbrook Stars #1 squad trailing 6-2.

Millbrook got to the Hornets' net numerous times but Zack Aker put a stop to those then all of a sudden, with two minutes gone in the third period, Norwood woke up and added four goals in nine minutes.

There was two minutes left in the game but the curfew whistle sounded and the Hornets were left to wonder what they might have been able to do.

Chalking up goals and assists in the match were Kevan McDougall, Casey Fleming, Dylan Brightman, Mitchell Klompmaker, Jacob Stinson, Joshua Bucholtz and Evan Calder.

The grrrr power on the team was not represented in the match with both Angela Crowley and Nicole Terry absent from the line-up.

Tyre notes: Just a reminder and hint as to how to stay out of the penalty box -- when the fans yell go get 'em, they mean the puck. There will be lots of time for bodychecking later in your hockey careers...Come and see the mighty tykes play in Douro Feb. 24 at 11 am, 3 pm and 7 pm and at home Feb. 25 at 2 pm...Keep up the good work team.

The grrrr power on the team was not represented in the match with both Angela Crowley and Nicole Terry absent from the line-up.

Tyre notes: Just a reminder and hint as to how to stay out of the penalty box -- when the fans yell go get 'em, they mean the puck. There will be lots of time for bodychecking later in your hockey careers...Come and see the mighty tykes play in Douro Feb. 24 at 11 am, 3 pm and 7 pm and at home Feb. 25 at 2 pm...Keep up the good work team.

PSE Novices taste top playoff action

Ashphodel-Norwood - The PSE Novice Hornets hosted their first playoff game against the Millbrook Stars Feb. 16 with the visitors coming out strong with three goals. The Hornets made an awesome comeback when Matthew Zenner's timing on the ice was perfect off a pass from Dalton Charlebois.

He skated down the ice to get the first Norwood goal starting the rally but the hometown crew didn't have enough time left in the game managing only one more goal by Steven Book off a fabulous shot from Zenner and James Brandon.

The Stars skated off with a 3-2 win to take a 1-0 series lead.

At home, the Stars scored first and than added another in the second. But the Hornet were not going to let them win without a fight.

Dalton Charlebois was on the move taking a pass from Adam Terry to score their first goal. The energy was a mile wide as his teammates went out to congratulate the two forwards.

The game ended with a 3-3 draw forcing a ten minute

overtime test. The teams were exhausted and the Hornets wondered how much stinging they had left.

They were down two players for both games against Millbrook and they were feeling the loss. The crowd was vibrating with excitement when Book, with help from Buchanan and Brandon, fired in the winning goal at the 5:20 mark.

The game was a challenge for the team trying to recover from being short-staffed but they were all over the place and adjusted well. The wingers and centres covered their positions with intensity.

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To ensure your ad will run the following week, bring ad(s) into our drop off locations early in the week.

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SNOWBOARD - Ride KX1400, 140 cm, good condition, \$150. 613-395-0374. Ask for Tyler.

Apples - Cider - Frozen Food
"Open All Winter"

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Phone 613-395-3088

OPEN Daily 9-5 (Including Weekends)

312 Waterfall Road at Spring-Morris Road (Rte. 14)

T.V. Tower approx. 40' with aerial and rotor. Come and take it down for \$175. Phone 613-472-2431 and ask for Joe.

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Over 2,000 titles \$8.99 to \$16.99,

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MODERN Wedding dress - Size 6/7, detachable train, satin & lace pattern. Paid \$700. Asking \$350. firm. 613-968-4624.

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USED REFRIGERATORS
Stoves, washers, dryers, freezers, 3 months old & up. Sold with written guarantee. Fridge \$100 and up.

NEW APPLIANCES
At the lowest prices in the area. Trade-ins accepted on new appliances. Big selection to choose from.

PAYS CASH \$\$\$
For good used appliances in working order or not, but no junk, please call VISA & MASTERCARD accepted. We have our own financing also. Shop at our competitors and then come see for yourself quality at low prices. Open evenings 7 days a week. WE DELIVER.

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WANTED - 1992 & newer cars, trucks or vans. Cash paid as well as lease & loan buyouts. Call 613-472-0395. (28-21fn)

1990 DODGE Caravan, 300,000 km, new transmission, new tires, good working condition. \$1,250. Private. Make an offer! 705-639-2489.

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Auto dealer will arrange financing even if you have been turned down before.

Loans available for no credit, bad credit and bankruptcy buyers.

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Call STEVE WOOD
705-642-6432
CALL COLLECT

2000 PONTIAC Sunfire Coup. PS/PB, air, cruise, positrac, CD, AM/FM radio. Large wheels, only 40,000 km warranty. Owner moving, must sell. \$16,800. 613-332-4758.

SNOWMOBILE

1996 SKIDOO Touring XL - Only 2300 km with cover, like new. Electric start, hand & thumb warmer, reverse, trail permit, \$4,000. firm. 613-474-2558. Gilmour.

WANTED

WANTED - CD ROM for a Mac computer. Call Wendy 613-473-2873.

WANTED IMMEDIATELY

Abandoned farm land, bush land or vacant acreage. Reasonably priced. Call Fred Lowndes @ 1-416-431-1555 or write: 28 Nightengale Place, Scarborough, Ontario, M1G 2E8

WANTED - A live-in caregiver for a disabled woman. Please call 705-778-1663. Nilda.

DELIVERY PEOPLE REQUIRED

Are you interested in making a little extra money? Help your community newspaper. We are in need of responsible carriers on Saturday mornings. If you are interested, we have routes available in some towns and rural routes.

Please call Debby:
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9:30 - 6:00 p.m. Mon. - Fri.
613-391-0623 - 4pm
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\$300, \$500, or more per week assembling jewellery at home, no experience needed. Send a self-addressed stamped envelope to: BUCCI E-295 Queen Street East, Suite 274, Tel: 200, Brampton, Ontario L6W 4S6.

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Only candidates selected for interviews will be contacted.

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CARD OF THANKS

Thankyou

The family of the late Margaret McCullum wish to thank relatives, friends and neighbours for flowers, plants, fruit baskets, cards, food brought to the house, donations to Hastings Community Care, phone calls, thoughts and prayers during our recent unexpected loss of our mother and grandmother. Thanks also to Rev. Judith Barland for your kind words and your visit. Bev Jackson for your memories at the service. Weaver Family Funeral Home - especially Jeff &

A special thank-you to John & Marlene, Linda & Marins for everything you have done. All of you are truly good friends and it shows when you need it the most. Thank-you from the bottom of our hearts.

Sincerely,
John, Marlene, Matt &
Jeff Wilkes

SERVICES

A-TO-ZEE RENOVATIONS - plumbing, electrical, drywall, carpentry. Licensed carpenter, free estimates. 1 year guarantee, quality workmanship. 705 778-1181 or cell phone 705-741-6293.

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Call **705-653-1771** or
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MARMORA Residents: do you need a report, resume, letter, menu, invitations written? Reasonable rates. Call Jeannette, Saturday to Monday, 10 a.m. to 6 p.m., at 613-472-2297. (23-39-th)

HAVELOCK-BELMONT COMMUNITY CENTRE
Lions Hall - Seats 300
Large kitchen facility
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Meetings, Anniversaries,
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WINTER DELIVERY OF OUR NEWSPAPERS

Thank you from our delivery people & drivers to everyone who took the time to remove snow from stairways & sidewalks in town, and around mailboxes & driveways in our rural route areas.

COMING EVENTS

BINGO
STERLING & DISTRICT LIONS CLUB
Every Monday Night, 7:10 p.m.
At Sterling & District Lions Club
Cost: \$40. Specials \$40
JACKPOT: \$2,000. In 82 numbers
Village of Sterling Lic. #M169536

OPEN Euchre - R.C.L. Branch 228, Sterling, Saturday, March 1st. Play starts at 1:30 p.m. Admission \$3.00 p.p. Cash prizes, lunch included, everyone welcome.

BINGO Every Tuesday
at the Kaladar Community Centre,
7:15 p.m. Weekly Jackpot: \$1,000.
in 54 numbers or less. Canteen &
Air-conditioned. Lic. #S124139
Cap Centre Mon. - Fri. 6-9 p.m.;
Sat. 10-3 p.m.

BINGO
Madoc Twp. Rec. Centre Eldorado
Every Thurs. Evening - 7-10 p.m.
Weekly Jackpot \$1,000.
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Air Conditioned Hall
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PETS
CATHY'S Dog Grooming - Large,
medium, small, I groom them all.
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MANY Thanks to the friends who remembered me w/cards while I was a surgery patient at Mt. Sinai and West Park Rehabilitation Hospital in Toronto. Ruby McCoy.

ELLIS - I wish to thank relatives, friends and neighbours for their sympathy, flowers, cards and food during the loss of my mother, and donations made in her name. Thanks to Dr. Derry, nurses & staff of Marmora Caressant Care Nursing Home; Dr. Paul Williams, nurses and staff of Campbellford hospital. Brett Funeral Home of Havelock. Your kindness will always be remembered. Reg. & Betty Ellis and family.

LOST

MALE - Lab retriever, black, 3 years old, family pet, Clancy area, needs **CANCEL**

MALE - Gray & white long-hair cat. Lost 1 mile north of Campbellford around Feb. 11. Reward offered. 705-653-2967.

For more information on the event you can contact Pat Ross at 639-2062.

World Day of Prayer

Continued from Pg. 8-A

countries, some parts of its society are modernizing rapidly.

Many Samoans leave to find jobs in other countries, resulting in a strain on traditional family structures and support systems. About 150,000 people have emigrated to New Zealand, American Samoa or North America, and more than 40 per cent of the remaining population (estimated at between 162,000 and 225,000 in 1998) are under 14 years of age.

When you attend the World Day of Prayer at St. Andrew's, not only will you learn more about this beautiful country and its unique culture and heritage, you will also be joining Christians in 200 countries around the world and 2,000 communities across Canada who will gather together to pray and take action in solidarity with the people of Samoa.

The World Day of Prayer has its roots in an ecumenical day of prayer organized by women in Canada and the United States in 1920. This event became the international World Day of Prayer in 1922 and Christians around the world began celebrating this event on the first Friday of March.

In Canada, the service is co-ordinated by the Women's Inter-Church Council of Canada. In Asphodel-Norwood, the co-ordinating group has representation from all the churches of the Township.

For more information on the event you can contact Pat Ross at 639-2062.

Cupid strikes at Pine Ctr.

Asphodel-Norwood - Bruce Davidson welcomed members of the Asphodel-Norwood Seniors Friendship Club, guests and musicians to a special Valentine's Party Feb. 14.

Musical entertainment on this Cupid's Day was provided by Elly Kelly and her son Terry of Campbellford. They sang together, alternating between guitar and accordion offering up a number of old favourites including Cheating Heart and Country Road. Readings were given by President Eva Weir, "Born Prior to 1945"; Betty Coupland, "Eating" and Bruce Davidson, "Waiting for Spring." Social Convenor, Alberta Holmes, gave out invitations to a pot-luck on Mar. 1 starting at noon. There will also be card parties on Mar. 8 and Mar. 22.

It's on to the OMHA semis for Novice A's

Hornets shutout Peterborough three straight to take series

Asphodel-Norwood - The Begg Fuel Novice A Hornets dustered off St. Alphonsus with three straight shutouts and have moved on to the semi-finals of the OMHA's Red Lobster Cup.

The Hornets were at their stinging best winning by scores of 7-0, 3-0 and 13-0 to earn the series victory.

Once again, netminder Mark Bitten presided over a goal-free zone bringing his season shutout total to an incredible 17. Making it all that much easier for the netminder was the defensive unit of Shane Cartwheel, Pearce McIlmoyle, Clayton Leeming, Spencer Anderson, Philip Heron and Chris Klompmaker who were on top of their game and did what they had to do to keep the puck out of the Hornets end of the rink.

The dog-eat-dog line of Steven Gerow, Eric Gallagher and Eric Crowley did a nice job by going to the boards and moving the puck to centre ice. The powerful line of Alex Christopoulos, Steven Walsh and David Lobb connected with some amazing scoring opportunities, including eight goals scored in the series-clinching win.

Showing some flare with their impressive passing abilities, as well as their playmaking strategies, was the line of Samus McDougall, Michael Loucks and Nicholas Orton who dazzled the opposition.

The Hornets await the winner of the Frankford Huskies-Pearcey Bulldogs series. Stay tuned for more OMHA action.

Havelock ladies have a hey-day

Hastings - Feb. 12 was a red-letter day for some of our ladies but others had a few unkind words to mutter under their breath.

We start off with Kathy Petley who bowled a great 211 and 221 and triple of 605; Sandy Toms had games of 175 and 181; Glenda Glenn is doing all right in all her leagues this week bowling 211 and 197 and a triple of 578. She was in this year's *AIL, American Income Life, Canada Association Executives Championship*. Debra Jacobs spared her way into our hearts with her games of 270, 231 and 205 for a triple of 706.

Kim Messacar, who was in last year's "Open" sponsored by Sidney L. Morris and The Ministry of Citizenship, Culture and Recreation, came on strong with her game of 186; Edie Bushie did well with her new bowling balls and her game of 121; Alma Hennigar also spared for us and came up with a game of 136; Ann Hutton bowled a super game of 260 and triple of 609; Judy Ellidge had one clean game of 233.

Carole Trumble had a great game of 155; Margo Masson came up with a 210; Sheila Lyon had an awesome game of 162; Heather Pflanzel bowled a game of 205. She was in last year's *Ontario 5 Pin Bowlers' Association Team Tournament, Bowling Proprietors Association National Classified and Score Gold Points Holiday Classic -- WOW!!*

As well, Cathy McMillan must have toned up pitching arm, having a super game of 259 and triple of 604.

Protecting your health.

Barbara Beattie works with her detector dog Rookie and her colleagues at the Canadian Food Inspection Agency. They help stop forbidden items from entering Canada that could damage our plants and animals or contaminate our food supply. This is just one of many services aimed at protecting the health of all Canadians.

To learn more about the hundreds of services available from the Government of Canada:

- Visit the Service Canada Access Centre nearest you
- Visit www.canada.gc.ca
- Call 1 800 O-Canada (1 800 622-6232).
- TTY/TDD: 1 800 465-7735

Canada

Merger Update #5

Building a better bank for you.

An Important Message To Our Customers

Today, I want to outline the changes you can expect as we integrate the retail operations of TD Bank and Canada Trust and what these changes mean for you.

Our Integration Continues

We have already integrated our discount brokerage operations and mutual fund arms, and the process of simplifying our chequing and savings account packages will be complete in March.

Also in March, the Estates & Trusts Services operations of our two organizations will become one, and in May, our Private Investment Counsel and Private Investment Management businesses will also be integrated.

But now, our integration is moving into high gear as we begin to merge all our products and services, our telephone and web banking services, and our branch network into the new **TD Canada Trust**. Some of these changes are already apparent. For example, our integrated phone banking centre will be renamed EasyLine™ and our web banking renamed EasyWeb™. **TD Bank customers will soon see TD Canada Trust on their statements. Meanwhile, Canada Trust customers will experience changes as their branches are integrated on a region by region basis across Canada.**

Nationwide Integration Begins In March In Atlantic Canada

The first wave of this integration process will take place in Atlantic Canada on the weekend of **March 24th** when TD Bank and Canada Trust branches will begin to carry the new **TD Canada Trust** name.

Integration will continue on the weekend of **May 19th** in Alberta, British Columbia, Yukon, Northwest Territories and Nunavut; and **June 23rd** in Manitoba, Saskatchewan and Quebec. Northwestern Ontario, including Thunder Bay, will also be completed on the weekend of **June 23rd**, and the remainder of Ontario on the weekend of **August 4th**.

New Name, New Look, Same Commitment To Service

By the Fall, we will have completed the integration to TD Canada Trust across the country. Following each regional integration, all our branches in that region will operate as **TD Canada Trust**. There will be a new look to the branches, both inside and out. Our ABMs will offer services under the name Green Machine®. And a single line of retail banking products will be available for all our customers - from Bonavista to Vancouver Island.

What will not change is our service inside the branches and our commitment to building a better bank for you.

If you are travelling within Canada to other regions that are already converted, rest assured that you will be able to bank at any of the new **TD Canada Trust** branches.

Some Branches Will Be Consolidated

Many people have asked if we will be consolidating our branches or re-locating them. Yes, this will begin as early as the month after integration in each region, and retail bank customers who are affected will be given at least 120 days notification. We are working hard to minimize the impact on our customers and our employees. Far from shrinking our retail network, we remain committed to opening new locations. This year, we will open 14 new stand-alone branches plus 40 new branches in other retail outlets across the country.

Our Most Important Job Is To Communicate With You

For now, it's business as usual. We will notify you personally, in writing, and well in advance of changes to your accounts or your branch. If you are travelling outside Canada during the next few months, it will be important to have your mail forwarded so you can receive any notices from us and ensure your service is uninterrupted. We will also keep you informed about our progress with regular reports on the web, in our branches, and through updates such as this in Canada's newspapers.

An Encouraging Start

Since our integration was announced over a year ago, our employee morale has remained high and our customer satisfaction has increased. This speaks to our promise of building a better bank.

Ours is a merger of businesses. But more important, we are merging groups of people - thousands of us, and millions of you. Our branch and telephone banking employees are receiving up to 60 hours of special training in order to make the transition as worry-free as possible for you. They will do their utmost to assist you as our integration progresses over the next several months.

Bringing together our organizations is anything but simple. We will make mistakes. But we will move to correct any errors quickly, completely - and cheerfully. If you have any questions, or if you feel we are not meeting your expectations, I urge you to call our **TD Canada Trust Customer Information Line** at 1-888-572-8924.

Let me close by saying how much we appreciate that you've chosen to do business with TD Bank and Canada Trust - and how hard the new **TD Canada Trust** will be working to deserve your ongoing loyalty by offering you the most comfortable banking experience in Canada.

Thank you.



Ed Clark
TD Canada Trust



Wouldn't You Really Rather Be...?

Jack is CFO of a sizzling dot.com company that's about to go public -- the word is that he and seven of his colleagues will probably be instant millionaires. But, Jack is sitting in his office staring out the window wondering what's wrong. His heart is somewhere else. He's thinking about the short story he was writing all weekend long.

Meanwhile, Ellie is trying to figure out just how long she'll need to stay in her current position as Marketing VP for a chain of HMOs. She's working incredibly hard and having real successes -- her group has increased membership by 20% this year. She has been able to sock away quite a bit in savings and investments. But, she wonders if she'll have the energy to do what she really wants to do -- interior design -- by the time she gets herself financially secure enough to try it.

Jack and Ellie are not unusual at all. In fact, they're part of a groundswell of highly talented professionals who, in their heart-of-hearts, would really rather be doing something else. More than 2 million Canadians are already doing their work differently as "free agents" in one way or another. Some have left successful corporate slots to start their own businesses, others are getting the freedom they want by telecommuting or flexing part of each week. Others are taking sabbaticals or going to school on the side. And, many are creating "sidecar" ventures for themselves -- small businesses, making art, or part-time professional practices of their own.

Sidecars are keeping lots of people sane. Perhaps you're in a position where your financial and personal obligations just don't allow you to give up your successful career and follow your bliss directly to a rented apartment by yourself. But, you know that your soul is shriveling a bit for lack of doing what you really want to do. If so, then developing your own sidcar and tuning it up slowly can go a long way toward taking care of business for today, but paying attention to the thing you know is going to sustain you eventually.

In coaching sessions with stressed executives, I usually draw a diagram on paper and say, "Here are the four quadrants of your life. Right now let's say that three of them are completely filled with stuff you have to do to keep your post. But, there's one empty quadrant. What would you love to have in it?"

Perhaps the most interesting thing about executive life is how, when you're running on empty in pursuit of achievement and money, it's almost impossible to let yourself think about what you'd rather be doing. In

fact, when asked, most will at first pooh-pooh the question and say something dumb like, "If people can't take the heat they should get out of the kitchen." The things we most need to hear are the ones we dismiss first. But, even so, I push hard and eventually get responses even from the toughest, most stress-addicted folks at the

thousands of others that I'm privileged to listen to each year, don't have to wait until their owners are put out to pasture. They can be done now as sidcar ventures in that empty fourth quadrant.

When I say this to clients, how do they usually respond? "You've got to be kidding! I already don't have enough time. How would I



top.

The answers vary tremendously. After folks say "sleep" or "a year off" they usually start smiling and come up with possibilities like these:

1. "I want to sculpt."
2. "I really would love to work with disadvantaged kids."
3. "I want to do woodworking."
4. "I'd like to get involved with welfare-to-work programs."
5. "I have an idea for some games I'd really like to develop."

And here's the great part -- all of these ideas, and the

do that?" Does this sound familiar to you?

And I respond -- you steal it from the parts of your job you don't really enjoy doing. Those parts you can either deep-six because they just don't make a real difference in your effectiveness, or you delegate them elsewhere. What if your whole job is made up of stuff you don't want to do?

Then that's a different problem, and you need to change jobs now (or you'll make yourself sick) and plan to add on your sidcar idea later.

Another strategy is to start keeping some of your

best ideas for yourself. Did you know that more than three fourths of entrepreneurs' successful business ideas were first offered to their previous employers but turned down? If what you'd like to be doing on your own is related to what you're currently doing for somebody else, why not start experimenting on the side -- stash away some cash and good connections -- so that eventually you'll be ready to do your own thing?

Despite all the talk about companies trying to retain good employees by taking better care of them, the unavoidable fact is that the only person who's really got your best interests at heart is you. Additionally, the only real job security you'll ever have is your ability to walk away to something else. Maybe you'll walk away to a new job to give you what you're looking for next.

Or maybe you'll stay put and develop your sidcar so that some day it will be ready for you to drive off on your own. But keeping a little corner of your brain reserved for your own "some-day" dreams will do two things for you:

- (1) make it easier to survive the stress and press of corporate life, and
- (2) let you prepare gradually for doing what you'll undoubtedly be drawn to do in the middle and final scenes of your life drama.

So, be on the lookout when you feel yourself day-dreaming, feel that the big project at hand just doesn't thrill you anymore, or envy somebody else's life.

Let it be a sign to you that there is a sidcar trying to make its way into your life.

Canadian family finances by the end of the 1990s finally caught up to late '80s levels, says a report released February 6 by the Vanier Institute of the Family. Average family incomes in 1998 - after deducting income taxes - rose for the third straight year, pushing incomes 1.7 per cent higher than the previous peak in 1989.

Using Statistics Canada data, the report found 1998 average family incomes to be \$49,626, up \$819 in inflation-adjusted dollars from 1989 and almost \$4,000 higher than the 1993 low point of \$45,728.

That's the good news. The improvement, however, has been paid for in hours and sweat.

Real wage gains were virtually non-existent through much of the decade and continuing into 2000, said the institute, an independent Ottawa-based think-tank on social policy issues.

"The recent improvement in family income stems totally from the fact that workers are putting in longer hours and more family members are working," says the report.

Alan Mirabelli of the Vanier Institute called longer working hours a type of inflation that impacts negatively on family life.

Families in the 1950s and '60s thrived on a single income-earner working 40 to 45 hours a week.

"Now the average family is working 65 to 80 hours a week to maintain the same standard of living," Mirabelli said in an interview.

"If you have more people working longer hours, the availability isn't there to do the very things that society expects families to do in order to raise the next generation of citizens and workers."

The report also points out some other danger signals for family finances, most notably nose-diving annual savings, surging debt loads and multiplying bankruptcies.

Average annual household savings, including payments to government pension plans, were \$1,664 in 1999 - down from \$6,250 in 1989.

Total outstanding debt went from 90 per cent of average household income at the end of the '80s to 113 per cent by 1999.

And consumer bankruptcies have more than doubled. Some 73,000 consumers declared bankruptcy in 1999, up from 29,200 in 1989 - although down from the 1997 high of 85,000.

"Not only are more people working longer, but they're also slipping behind when you look at annual savings and debt numbers," said Mirabelli.

Even the bottom-line increase in average family incomes must be taken with a grain of salt.

The bottom 60 per cent of families - almost five million families - saw their incomes fall during the 1990s. This was offset by income increases among the top 40 per cent, or 3.3 million families.

"And the poorer you were, the worse it got," says the report.

The poorest 20 per cent saw incomes shrink 5.2 per cent, while the top 20 per cent saw family income climb 6.6 per cent.

"And this is after the redistributive effects of transfer payments and income taxes," the study notes.

Canada's poorest families had after-tax income of \$17,662 in 1998.

The wealthiest 20 per cent of families averaged \$96,175.

New Faces

Graeme Burris of Madoc was chosen as the new chairman of Quinte Conservation's Moira River watershed board at its inaugural meeting on Thursday, February 15, 2001. Retiring chairman, Ron Hamilton of Quinte West thanked the members and staff for their support during his three years as chairman. Brenda Perrault of Stirling/Rawdon will remain as vice chair.

Five members of the 11 member board are new as a result of the November 2000 municipal elections. Replacing Ron Hamilton as representative from Quinte West is Terry Cassidy. The new member for the Municipality of Tweed is Mary Cassidy replacing Paul Healey. Succeeding Bonnie Danes of Marmora and Lake Township is Roger Watson and Ibra Cuddy will serve for Addington Highlands Township in place of Clair Benn. The City of Belleville's Gerry Masterson's place on the board will likely be filled by councillor Paul Carr.

Other members remaining on the Moira River watershed board are Stu Meeks and Kay Manderville of the City of Belleville; Larry Mitz of Centre Hastings Township; and Stead Covert of Tudor and Cashel Township.

Ten staff members were on hand at the meeting to provide brief staff reports. The 2001 budget will be approved at the Quinte Conservation Executive meeting on March 6. The Quinte Conservation Executive Committee has members from each of three local conservation boards that work together as Quinte Conservation. They are the Moira River, Napanee Region and Prince Edward Region watershed boards.

Canada adopts new smog measures

Published reports state the federal government is gearing up to announce a \$120 million smog-fighting initiative that will include tougher standards designed to drastically cut emissions from vehicles and industrial plants.

In what some officials have been called the most comprehensive plan that Canada has ever adopted in regards to emissions, the new proposal lays out a strategy that would see nitrogen-oxide emissions cut from vehicles by 90 per cent and force Ontario to halve its pollution-causing emissions from electrical generators.

"We are making this investment to protect the health of Canadians today, and for generations to come," Environment Minister David Anderson said in a statement, adding that air quality is his top priority.

The announcement will outline a 10-year plan that will help Canada carry

through on commitments in a smog deal that was signed, in conjunction with the US, last year.

According to reports, about \$50 million of the new funding will be spent on measures related to transportation, including new regulations to reduce sulphur in diesel fuels, and similar regulations covering many factories from snow-blowers to lawnmowers.

Some steps in the plan include: Automakers making reductions in vehicle emissions by introducing new technologies for the 2004 model year.

Negotiating with the provinces to reduce nitrogen oxide emissions from industrial plants.

Reducing volatile organic compounds from paint and solvent products.

Investments of almost \$30 million to improve air-quality monitoring across Canada.

The Canada-US agree-

ment was created to reduce trans-border smog from Ontario, Quebec and 18 US states.

Under the deal, Ontario has until 2007 to reduce emissions of nitrogen oxide at a level equivalent to half the amount now released by its electrical generators.

The newer vehicle emission standards would bring Canada in line with those already incorporated by the US Environmental Protection Agency.

According to a recent report, vehicular transportation is the largest source of air pollution in Canada, and studies show air pollution is prematurely killing more than 5,000 Canadians every year.

News to report?

Give us a call!!

Motorized Snow Vehicle Safety

by PC Kathy Whyte

The Centre Hastings OPP detachment would like to remind the public of the importance of safety while snowmobiling.

Please remember these important factors: know your abilities and know your machine's capabilities; dress appropriately and wear a proper safety-certified helmet;

plan ahead, leave an itinerary of your route and the expected duration of the trip; use proper hand signals; be sure when crossing roadways; carry an emergency kit (tools, parts, first aid kit); don't overdrive your headlights, slow down at night.

Due to recent weather, conditions have become

very icy. Be aware that your snowmobile will have far less traction on ice than snow, affecting turning and stopping.

Alcohol

and

or older and hold a valid driver's licence). The speed limit on trails is 50km/h.

Please remember - the owner of a motorized snow vehicle may be charged with

and convicted of an offence for which the driver of the motorized snow vehicle is subject to be charged, under the Motorized Snow Vehicles Act.

The OPP are actively patrolling trails in their area, conducting radar, running RIDE programs, and checking cottages. During the month of January, 2001 the Centre Hastings detachment checked approximately 500 snowmobiles while on patrol.

There were 3 motor vehicle collisions reported which involved motorized snow vehicles, 2 of which included injuries.

snowmobiling do not mix. Alcohol will increase fatigue and slow down reaction times. Alcohol does not increase body heat - it actually increases the risk of hypothermia.

Trial riding: A person must be minimum 12 years of age and hold a motorized snow vehicle operator's licence (or be 16 years of age

Giving Back

Some people might imagine "community service" to be a drudgery, or a requirement, or a distasteful task. You may feel there is only time for the passions in your life, like being in your garden, or on your boat, or with your animals or children. Well, it's time to think of service as something uniquely suited to you. Transform your passion into a gift for others.

If you love your flower garden, cut, arrange and deliver vases to a nearby nursing home.

If you love your animals, start a "lending hour" at the

nursing home...studies have shown that elderly folks with puppies on their laps produce a chemistry of healing... (can you imagine

the puppies in a juvenile detention center).

I f you love sailing or golf, start

your own bring-an-inner-city-kid-sailing-or-golfing program.

Aesthetic rewards come when you love what you do for yourself. But there will be spiritual rewards that quicken your heart when you do what you love. For Others



Municipality of Tweed

TENDER FOR HIRED EQUIPMENT FOR WINTER MAINTENANCE

Sealed Tenders, on the forms supplied and clearly marked as to contents, will be received by the Public Works Supervisor until 2:00 p.m. local time on Friday, March 2, 2001 for the following equipment:

Contract 2001-01: Two (2) Tandem axle trucks with plow, wing and 8 yard sander unit.

Tender forms and specifications may be obtained from the Municipal Office at 255 Metcalf Street, Tweed, ON. Any inquiries concerning the tenders should be directed to the Public Works Supervisor.

Lowest or any tender not necessarily accepted.

Dave Gordon, Public Works Supervisor
Municipality of Tweed
255 Metcalf Street, Postal Bag 729
Tweed, ON K0K 3J0
(613) 478-2535

continued from page 1

to be involved in developing and implementing this process; a review process that involves consultation with the school communities; a process to address issues of affordability; consistency with the Human Rights Code and the Charter of Rights and Freedoms; a statement of principles, such as working towards safer and more respectful learning and teaching environments.

The new requirement for appropriate dress policies is one in a series of measures under the province-wide Code of Conduct and *Safe Schools Act, 2000*, which fulfil a key government commitment to create safer, more respectful school environments.

"We want to see parents across Ontario, through their school councils, play a vital role in their children's education."

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Ontario children's aid agencies get \$123 million to combat escalating caseload

By LOUISE ELLIOTT

Ontario's children's aid societies will get an extra \$123 million this year to help combat a caseload that has escalated 50 per cent since the Tories' 1995 election, Social Services Minister John Baird said recently.

The number of children in the care of the province's 54 agencies has reached nearly 15,000 this year, up from 10,000 in 1995, Baird said. The increase is a one-time pay out.

But if the numbers remain high, the funding will be matched in coming years, Baird said.

"We don't forecast a decrease in the number of child welfare next year. The budget's gone up every year."

So this is an in-year increase for 2000-2001, and I expect we'll need to keep it for next year," he said.

Baird attributed the rising need for children's services to an increase in public awareness of the issues facing them and to a change in the laws to allow easier intervention.

"There's a higher public awareness about child abuse

and child neglect through a whole host of tragedies... (and) all three political parties came together to support the amendments to the Child and Family Services Act, which gave the children's aid societies and the front-line workers more authority to step in and protect vulnerable children."

Children's aid officials said the money is welcome as they try to grapple with overloaded case workers and high turnover rates among front-line staff.

"We applaud the government's decision to provide extra funding for children's aid societies," said Bruce Rivers, executive director of the Children's Aid Society of Toronto.

"Over the last couple of years, there has been a tremendous growth in referrals to the children's aid societies and this funding will assist us in responding to that need and responding to children at risk."

Rivers agreed with Baird that numbers are on the rise because of better public awareness and the amendments to the act, which took effect in March 2000.

But Rivers also said an alarming increase in homelessness, particularly in Toronto, is now more children in poverty continue to rise in 70 per cent.

"More and more children are in poverty."

Rivers said a turnover rate among workers is cause for concern, and cases include caseloads significant than the province's mark of 17.

"Our caseloads are above that," said McConvile, executive director of the Catholic Children's Aid Society of Toronto.

"We try to combat between 17 and 20."

McConvile agency is having difficulty finding, let alone qualified staff.

Baird said the number of cases has risen to 15,500 by

An extra \$114 million provided for the last year's budget.

The total budget for children's aid is more than \$1 billion.

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\$ 1

BICK'S PICKLES

Sel. Varieties 1 litre

2 79

NO NAME COFFEE INSTANT

\$ 3

E.D. SMITH PIE FILLING

Sel. Varieties

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2 99

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SHAKE 'N BAKE

Sel. Varieties

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1 99

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